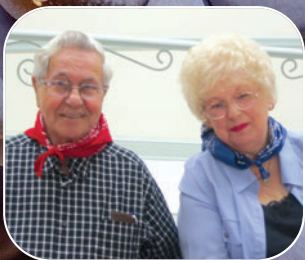


2014



# Human Services Resource Guide





2014



# Human Services Resource Guide

## DISCLAIMER:

The City of Temecula has developed this guide as a reference tool to assist parents, caregivers and individuals by providing a list of local resources in the community. The Human Services Resource Guide will include information on local resources that serve special needs, aging adults and military, limited income, and at-risk youth/families and much more. The City of Temecula does not recommend, endorse, or guarantee services for any of the information included in this guide. You are urged to use independent judgment and request references when considering any resources provided in this guide.

Every effort has been made to provide a list that is up-to-date and offer information on local resources in Southwest Riverside County and surrounding areas. If you have any questions, you can contact the Temecula Community Services Department at (951) 694-6480.

You may print a copy online at [www.cityoftemecula.org](http://www.cityoftemecula.org).

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# Community Directory



## Child Care

### **Child Care Licensing**

(951) 782-4200

[ccl.d.ca.gov/PG411.htm](http://ccl.d.ca.gov/PG411.htm)

Provides information on becoming a licensed child care provider, renewing an existing license, and finding licensed care.

### **Child Care Program - Temecula Valley Unified School District**

31350 Rancho Vista Road

Temecula, CA 92592

(951) 695-7127

Child Care services for students in grades K-5 will be available at Nicolas Valley, Paloma, Pauba Valley, Rancho, Red Hawk, Barnett and Sparkman Elementary schools, from 6:00 am to 6:00 p.m. A non-school day camp is also available during summer and spring breaks.

### **Child Care Resource and Referral**

24980 Las Brisas Road

Murrieta, CA 92562

(800) 442-4927

Email: [sbaskett@rcoe.us](mailto:sbaskett@rcoe.us)

[www.rcoe.k12.ca.us/childFamily/childCareResource.html](http://www.rcoe.k12.ca.us/childFamily/childCareResource.html)

Assists parents in Riverside County with finding licensed child care near their home, work, or child's school.

## Children's Protective Services

### ***County Child Protective Services***

#### **Child Abuse**

(800) 422-4453

[www.childhelp.org](http://www.childhelp.org)

Helping victims of child abuse and neglect focusing on prevention, intervention and treatment.

#### **Child Protective Services**

27464 Commerce Center Drive Suite E

Temecula, CA 92590

(951) 696-3450

Email: [dpssinquiry@riversidedpss.org](mailto:dpssinquiry@riversidedpss.org)

[dpss.co.riverside.ca.us/dpss/Default.htm](http://dpss.co.riverside.ca.us/dpss/Default.htm)

Provides individualized interventions to families which afford the opportunities for children to be raised in homes free of abuse and neglect.



**Child Find of America**

(800) 426-5678

[www.childfindofamerica.org](http://www.childfindofamerica.org)

Prevention and resolution of child abduction.

**Child Support Service - District Attorney**

(800) 585-7297

Services assist custodial and noncustodial parents in supporting their children.

**Polly Klaas Foundation**

PO Box 800

Petaluma, CA 94953

(800) 587-4357

Email: [service@pollyklaas.org](mailto:service@pollyklaas.org)

[www.pollyklaas.org](http://www.pollyklaas.org)

Dedicated to the safety of all children, the recovery of missing children, and public policies that keep children safe in their communities.

**Wiley Center for Youth, Family, and Families**

7177 Potomac Street

Riverside, CA 92504

(951) 784-0020

[www.wyliecenter.org](http://www.wyliecenter.org)

Services include: child care, intervention, therapy, speech therapy, counseling, support groups, and family education series'.

**Licensing, For Child Care**

(951) 782-4200

Community Care Licensing

**Amber Foundation**

(800) 541-0777

Stranger Abduction Only

## *Adoptions*

**National Adoption Center**

(800) 862-3678

[www.adopt.org/assembled/home.html](http://www.adopt.org/assembled/home.html)

Provides adoption opportunities and permanency homes.

**Adoption Assistance Program**

(951) 358-3555 (permanency program) or

(951) 358-5392 (financial program)

Provides temporary financial assistance and employment services for families and individuals, programs and services to protect children and adults from abuse and/or neglect and access to health care coverage to low income individuals and families.

## *Foster Care Services*

**Abused Children Rancho Damacitas**

38950 Mesa Road

Temecula, CA 92592

(951) 302-2317

[www.4kidsfirst.org/rancho\\_damacitas.html](http://www.4kidsfirst.org/rancho_damacitas.html)

Address specific treatment goals for each child in preparation for either a lower level of residential care, foster care, or successful reunification with their natural family.

**Independent Living Skills Program (ILP)**

(951) 358-7990

Email: [fosteryouthhelp@dss.ca.gov](mailto:fosteryouthhelp@dss.ca.gov)

[www.childsworld.ca.gov/PG1350.htm](http://www.childsworld.ca.gov/PG1350.htm)

Help youth emancipate from the foster care system.

**California Youth Connection**

(951) 328-3771

Email: [info@fosteryouthalliance.org](mailto:info@fosteryouthalliance.org)

[fosteryouthalliance.org](http://fosteryouthalliance.org)

Advocacy/Leadership for foster youth.

**Foster Care Ombudsman**

(877) 846-1602

Email: [fosteryouthhelp@dss.ca.gov](mailto:fosteryouthhelp@dss.ca.gov)

[www.fosteryouthhelp.ca.gov](http://www.fosteryouthhelp.ca.gov)

Provides information, resolution to complaints/concerns on behalf of foster children and youth.

## Employment Resources

**Center for Employment Training**

27941 Jefferson Avenue

Temecula, CA 92590

(951) 296-3010

[cetweb.org](http://cetweb.org)

CET is a private, non-profit, economic and community development corporation. Its mission is to promote human development and education by training people in marketable skills while providing the supportive services that contribute to self-sufficiency. It is dedicated to fighting poverty and dependence on public aid by making quality skill training available to adults of all educational levels and backgrounds, especially those most in need and hardest to serve.

**Employee Identification Number-Internal Revenue Services (IRS)**

(800) 829-1040

[www.irs.gov](http://www.irs.gov)

Provides information on how to apply for, replace, or cancel an EIN.

**Employment (Summer Hiring)**

Frances Perkins Building 200 Constitution Avenue

(866) 487-2365

[www.dol.gov-summerjobs](http://www.dol.gov-summerjobs)

Summer job search engine for low income students.

**Riverside County Employment Development Department**

30135 Technology Drive

Murrieta, CA 92563

(951) 304-5498

[www.edd.ca.gov](http://www.edd.ca.gov)

Experience Unlimited through the Riverside County Employment Development Department allows employers to “tap into talent” for immediate access to professionals with expertise in a wide range of fields.

### *Supported Work Program for Adults with Developmental Disabilities*

**Employment Developmental Department (now Workforce Development Center)**

30135 Technology Drive

Murrieta, CA 92563

(951) 304-5900

[www.rivcojobs.com](http://www.rivcojobs.com)

This service is provided to businesses to seek qualified candidates, job seekers, veterans, youth, and seniors.

**Conservation Corp**

(800) 952-5627



**Jobline of Riverside County - Human Resource Department**  
P.O. Box 1569

Riverside, CA 92502  
(951) 955-3500

[www.rc-hr.com](http://www.rc-hr.com)

Contains information regarding permanent and temporary job opportunities, job descriptions (internal and external), skill assessment, job matching, "how to apply" and more.

**Jobline-City of Temecula**

41000 Main Street  
Temecula, CA 92590  
(951) 694-6445

[jobs.cityoftemecula.org](http://jobs.cityoftemecula.org)

Provides information on current City of Temecula job openings, descriptions of positions, and requirements.

**Riverside County Regional Occupational Program (ROP)**

(951) 826-6450 or (800) 606-4001

[www.rcoe.us/career-technical-education/cterop](http://www.rcoe.us/career-technical-education/cterop)

The Riverside County ROP is an accredited career/technical-training program. Each year, the program serves more than 24,407 high school students and adults in more than 767 class sections in 85 career areas and more than 2,000 local businesses, hospitals, offices, restaurants, day-care centers and other places of employment.

## Equipment, Supplies & Products

**Access Ingenuity (Special Needs, Aging Adult)**

3635 Montgomery Drive  
Santa Rosa, CA 95405  
(877) 579-4380

[www.accessingenuity.com](http://www.accessingenuity.com)

Handheld magnification to help read text or details due to low vision.

**American General Life and Accident Insurance Company**

27349 Jefferson Avenue Suite 114  
Temecula, CA 92590  
(951) 331-6306

[www.americangeneral.com/lifeinternet2000/careerweb.nsf/contents/index](http://www.americangeneral.com/lifeinternet2000/careerweb.nsf/contents/index)

Financial services that offer life insurance and more.

**United Medical Supplies, Inc.**

8811 Shirley Avenue  
Northridge, CA 91324  
(817) 718-2811

[www.unitedmedinc.com](http://www.unitedmedinc.com)

Medical supplies for injured, disabled or senior care.

# Financial Assistance (Food, Clothing, Utility & Health)

## *County Services*

### **American Red Cross**

6235 River Crest Drive, Suite A  
Riverside, CA 92507  
(888) 831-0031

[redcross.org](http://redcross.org)

Provide disaster relief, support for America's military families, lifesaving blood, health & safety services, and international services.

### **Temecula Community Pantry**

28922 Pujol street  
Temecula, CA 92590  
(951) 676-8022

[www.temeculacommunitypantry.org](http://www.temeculacommunitypantry.org)

Distribute donated food such as surplus food from markets, restaurants, growers and donated clothing and household items.

### **The Referral Info for Riverside County**

211 or (800) 464-1123

[calcarenet.ca.gov/Detail/ServiceProvider.aspx?ID=26002](http://calcarenet.ca.gov/Detail/ServiceProvider.aspx?ID=26002)

Information and referral hotline.

## *Public/Non-profit Services*

### **Angle View**

30643 Temecula Parkway  
Temecula, CA 92592  
(951) 699-7476

Thrift shop/resale boutique.

### **Calvary Church**

27462 Enterprise Circle West  
Temecula, CA 92590  
(951) 699-0553

[cctvprayer.com](http://cctvprayer.com)

Faith based organization.

### **Castaways**

28720 Via Montezuma  
Temecula, CA 92590  
(951) 694-8018

[temeculavalley.assistanceleague.org/ps.castawaysthiftshop.cfm?ID=821](http://temeculavalley.assistanceleague.org/ps.castawaysthiftshop.cfm?ID=821)

A thrift shop that supports the Assistance League of Temecula Valley's programs and efforts. They sell lightly used clothing, books, toys, jewelry, house wares, sports equipment, baby items, and furniture.

### **Catholic Charities**

(951) 766-7476 or (951)784-5020 (Moreno Valley)

### **Food stamps**

43264 Business Park Drive  
Temecula, CA 92590  
(951) 600-6500

Monetary assistance for food products.

### **Goodwill**

32705 Temecula Parkway Building F  
Temecula, CA 92592  
(888) 4 Goodwill

[www.goodwill.org](http://www.goodwill.org)

Services are designed to meet the diverse needs of youth, seniors, veterans and military families, immigrants, and people with disabilities, criminal backgrounds and other specialized needs.

**Habitat for Humanity**

27479 Enterprise Circle West

Temecula, CA 92590

(951) 296-3362

[habitat4inlandvalley.org](http://habitat4inlandvalley.org)

Builds affordable houses for low income families.

**Murrieta/Temecula Food Bank**

27537 Jefferson Avenue

Temecula, CA 92590

(951) 676-5155

Food pantry.

**Rescue Mission at Rancho Community Church**

31300 Rancho Community Way

Temecula, CA 92592

(866) 712-0925 ext.101

Email: [info@rcc.tv](mailto:info@rcc.tv)

[rcc.tv](http://rcc.tv)

Ministries for all ages, specialized groups and classes, and worship and teachings.

**Salvation Army**

27525 Jefferson Avenue

Temecula, CA 92590

(951) 693-9615

[www.salvationarmy.org](http://www.salvationarmy.org)

Programs for addiction dependency, community development, health services, social work, emergency responses, family tracing, and sports ministry.

**Senior Service Center**

41538 Eastman Drive

Murrieta, CA 92592

(951) 600-9557

Community center.

**Southern California Edison Energy Savings Assistance Program**

(800) 736-4777

[www.sce.com/residential/income-qualified/ema/energy-savings-assistance.htm](http://www.sce.com/residential/income-qualified/ema/energy-savings-assistance.htm)

Assist in lowering energy costs by replacing household appliances. SCE also has additional limited income programs to help with your bill.

**Spark of Love Toy Drive Temecula Valley People Helping People**

26201 Ynez Road Suite 102

Temecula, CA 92590

(951) 757-5212

[www.tvphp.org](http://www.tvphp.org)

Distribute toys and various items during the Holiday Season.

**Temecula Valley People Helping People**

26201 Ynez Road Suite 102

Temecula, CA 92590

(951) 757-5212

[www.tvphp.org](http://www.tvphp.org)

Build permanent charitable capital and provide services that contribute to the health and vitality of the community.

**Western Eagle Foundation**

40940 County Center Drive

Temecula, CA 92591

(951) 695-7206

[www.western-eagle.org](http://www.western-eagle.org)

Provides families with basic necessities such as food, water, household items and more.



## *Homeless & Emergency Relief*

### **24 hour Operation SafeHouse**

(951)351-4418

Shelter program for Riverside County teens & family reunification.

### **Alternatives to Domestic Violence All Areas, CA**

(800) 339-7233 or (951) 683-0829

[www.alternativestodv.org](http://www.alternativestodv.org)

Provides services to victims of domestic violence and their families in Western Riverside County.

### **American Medical Response (AMR)**

(951)784-5555 or (951)774-0200

Ambulance service.

### **American Red Cross**

(951)688-6440

Emergency shelter services.

### **Angel Food Ministries/Grace of Temecula Valley**

28073 Diaz Road

Temecula, CA 92590

(951) 506-2425

[www.angelfoodministries.com](http://www.angelfoodministries.com)

Food and clothing.

### **Angel View**

30643 Temecula Parkway

Temecula, CA 92592

(951) 699-7476

Thrift store and resale boutique.

### **Assistance League of Temecula Valley**

28720 Via Montezuma

Temecula, CA 92590

(951) 694-8018

[www.temeculavalley.assistanceleague.org](http://www.temeculavalley.assistanceleague.org)

An umbrella program that allows Assistance League of Temecula Valley to meet a range of community needs on a one-time, short-term or periodic basis.

### **CA Department Of Public Health (CDPH)**

(916) 341-3947

Provides information on CDPH activities such as clinical, preventive, and outreach work.

### **Calvary Chapel of Murrieta**

24225 Monroe Avenue

Murrieta, CA 92562

(951) 677-5667

[www.ccmurrieta.com/ministries/care.asp](http://www.ccmurrieta.com/ministries/care.asp)

Non-perishable food, prayer, and clothing available to those in need.

### **Calvary Church**

27462 Enterprise Circle West

Temecula, CA 92590

(951)699-0553

Free food box on Wednesday.

### **Castaways Thrift Shop**

28720 Via Montezuma

Temecula, CA 92590

(951) 694-8018

Second hand thrift store.

### **Circle of Care/Circle of Friends**

27635 Diaz Road # B

Temecula, CA 92590

(951)973-3582

Food distributed at parks. Toys at Christmas

**Community Care Program**

38801 Calistoga Drive  
Murrieta, CA 92563  
(951) 600-9112 ext. 100

**Community Emergency Response Team (CERT)**

32364 Overland Trail  
Temecula, CA 92592  
(951) 302-4548  
Email: [citizen.corps@cityoftemecula.org](mailto:citizen.corps@cityoftemecula.org)  
Educate people in disaster preparedness for hazards that can impact their area and trains community members in basic disaster response skills.

**Community Food Pantry of Murrieta**

38444 Sky Canyon Drive #170-190  
Murrieta, CA 92563  
(951) 677-6347  
Food & other assistance.

**FEMA**

[www.ready.gov](http://www.ready.gov)

Supports and prepares individuals for emergency situations.

**Goodwill**

(888) 4-Goodwill  
Offers customized job training, employment placement and other services to people who have disabilities, lack education or job experience, or face employment challenges.

**House of Decision****All Areas, CA**

(951) 845-0103  
A faith based short term emergency shelter for homeless women and women with children aged 2 years or less.

**Lighthouse Food Pantry**

38435 Innovation Court #101  
Murrieta, CA 92563  
(951) 698-7633  
Food & clothing distribution.

**Low-Income Home Energy Assistance Program (LIHEAP)**

2038 Iowa Avenue, Suite B-102  
Riverside, CA 92507  
(951) 955-4900 or (800) 511-1110  
Email: [info@capriverside.org](mailto:info@capriverside.org)  
[www.capriverside.org/opencms/programs/utility.html](http://www.capriverside.org/opencms/programs/utility.html)

A one-time assistance program that helps low and moderate-income individuals and families with utility payment assistance. The program also offers energy conservation education.

**Murrieta/Temecula Food Bank**

27537 Jefferson Avenue  
Temecula, CA 92590  
(951) 676-5155  
Food pantry.

**Outreach Ministry of His Light**

(800) 960-4463

**Reach**

(951) 778-3980  
Provides assistance for pregnant mothers, newborns, and infants, senior, veterans as well as food & clothing and housing assistance.

**Rescue Mission at Rancho Community Church**

31300 Rancho Community Way  
Temecula, CA 92592  
(866) 712-0925 x101  
Food distribution.

**Riverside County**

211 or (800) 464-1123  
Referral information.

**Riverside County Fire Department**

(951) 955-4700  
Emergency relief services.

**Salvation Army**

27525 Jefferson Avenue  
Temecula, CA 92590  
(951)693-9615  
[www.salvationarmy.org](http://www.salvationarmy.org)  
Faith based organization.

**Salvation Army**

40270 Los Alamos Road  
Murrieta, CA 92563  
(951) 677-6174  
[www.murrietasalvationarmy.org](http://www.murrietasalvationarmy.org)  
Food and clothing.

**St. Martha's Second Hand Treasures**

38444 Sky Canyon Drive  
French Valley, CA 92563  
(951) 677-6347  
We provide weekly groceries to families and resources upon request. In addition to food assistance our St. Martha's 2nd Hand Treasures program provides clothing, shoes and household item to families and persons in need.

**Temecula Murrieta Rescue Mission  
Rancho Community Church**

31300 Rancho Community Drive  
Temecula, CA 92592  
(951) 526-1200  
[www.rescuemissiontm.org](http://www.rescuemissiontm.org)  
Low-to-no cost medical services.

**The Couture Girl's Closet**

27540 Ynez Road Suite J15  
Temecula, CA 92591  
(951) 699-5758  
Provides semi-formal and formal dresses to high school girls who are unable to purchase their own dresses for high school events such as homecoming, winter formal and prom.

**The Sheepfold**

**All Areas, CA**  
(877) 743-3736 or (951) 779-1433  
[www.thesheepfold.org](http://www.thesheepfold.org)  
Shelter, safe refuge, and a new beginning in life.

**Western Eagle Foundation**

40940 County Center Drive  
(951)695-7206  
Food bank and food assistance center.

**Women, Infant, and Children Program**

41002 County Center Drive, Bldg. B  
Temecula, CA 92591  
(800) 455-4942  
[www.rivhero.com/location/temecula-wic](http://www.rivhero.com/location/temecula-wic)  
This program provides supplemental foods, health care referrals and nutrition education for low-income pregnant, breastfeeding and non-breastfeeding postpartum women.



# Government Agency Human Services

## *County*

### **Social Services**

43264 Business Park Drive Building #B-1  
Temecula, CA 92590

(951) 600-6500

[dpss.co.riverside.ca.us](http://dpss.co.riverside.ca.us)

Provides different forms of public assistance from pre-natal Medi-Cal services for low income women to subsidized in-home care for vulnerable seniors and disabled adults.

### **Referral & Info (211)**

211 or (800) 464-1123

[calcarenet.ca.gov/Detail/ServiceProvider.aspx?ID=26002](http://calcarenet.ca.gov/Detail/ServiceProvider.aspx?ID=26002)

Information and referral hotline.

## *State*

### **Americans With Disabilities Act (ADA)**

(800) 514-0301 or TDD (800) 514-0383

[www.ada.gov](http://www.ada.gov)

Their website contains an ADA information line and information on their Technical Assistance Program, Enforcement, Code Certification, their ADA Mediation Program and more.

### **Centers for Disease Control (CDC)**

(800) 232-4636

[www.cdc.org](http://www.cdc.org)

Provides information to enhance health decisions and promotes health through partnerships with state health departments and other organizations.

### **Disability, State, Riverside**

(800) 480-3287

### **Disease Control**

4065 County Circle Drive

Riverside, CA 92503

(951) 358-5107

Help protect public health through early detection, intervention, and treatment of communicable diseases.

### **FEMA**

(800) 621-3362

[www.fema.gov](http://www.fema.gov)

Support citizens and first responders to ensure that as a nation we work together to build, sustain and improve our capability to prepare for, protect against, respond to, recover from and mitigate all hazards.

### **US Department of Health and Human Services**

[www.hhs.gov](http://www.hhs.gov)

Provide children, families, and seniors with access to high-quality health care by helping people find jobs and parents find affordable child care, by avoiding people's use of infectious foods, and by pushing the boundaries of how we diagnose and treat disease.

# Health Care Services

## *Medical Care*

### **A+ Walk - in Urgent Care**

41880 Kalmia Street Suite 100  
Murrieta, CA 92562  
(951) 461-6963  
Walk-in urgent care.

### **Aragon Medical Center**

41750 Winchester Road Suite N  
Temecula, CA 92590  
(951) 296-5544  
Medical facility.

### **Children's Treatment Services**

3125 Myers Street  
Riverside, CA 92503  
(951) 358-4840  
Provides assessment and treatment services to children and adolescents in the Riverside area. The clinic provides a continuum of outpatient and day treatment service in the clinic and on selected school sites. The services include individual, family, and group treatment. Community consultation and information is also provided.

### **Children's Prime Care Medical Group**

27555 Ynez Road #370  
Temecula, CA 92591  
(951) 699-3299  
[www.cpcmg.net](http://www.cpcmg.net)  
Deliver quality health care for patients and their families.

### **Diabetes Treatment Center**

3865 Jackson Street  
Riverside, CA 92503  
(909) 688-0311  
Diabetes Treatment Center.

### **Doctor Referral**

(951) 788-FIND

### **Fallbrook Community Hospital**

624 E. Elder Street  
Fallbrook, CA 92028  
(760) 728-1191  
[www.fallbrookhospital.com/Pages/Home.aspx](http://www.fallbrookhospital.com/Pages/Home.aspx)  
Hospital services include: Advances Sinus Care, Advanced Orthopedic Care, Cardiac Rehabilitation, Center for Specialty Services, Emergency Department.

### **Family Care Center, Riverside County**

2499 E Lakeshore Drive  
Lake Elsinore, CA 92530  
(951) 471-4200  
Family medical center.

### **Healthy Families**

(800) 639-1115  
Free-to-low cost health, dental, vision and mental health insurance for youth ages 0-19.

### **Healthy Kids**

(800) 294-4347  
Insurance for children who don't qualify for MediCal or Health Families.

### **Healtpointe**

28991 Front Street #102  
Temecula, CA 92590  
(951) 699-5282  
First Care industrial services.

### **Industrial / Immediate Family Medical Care**

25285 Madison Avenue Suite 101  
Murrieta, CA 92562  
(951) 600-9070  
Family medical facility.

**Inland Urgent Care**

31565 Rancho Pueblo Road (Hwy 79 So)  
Temecula, CA 92592  
(951) 303-6440

[www.inlandurgentcare.com](http://www.inlandurgentcare.com)

Hospital services include: First Aid, Immunizations, Laceration Repairs, Audiometric Evaluations, Pulmonary Function Testing, Vision Testing, X-Ray & EKG Services, UDS/Bat Testing, and Non-Occupational Injuries & Illnesses.

**Inland Valley Regional Medical Center**

36485 Inland Valley Drive  
Wildomar, CA 92595  
(951) 677-1111

[www.swhealthcaresystem.com](http://www.swhealthcaresystem.com)

Hospital services include: Blood Bank, Childbirth Center, Emergency Department, Orthopedics, Radiology, Trauma Care, and Women's Continence.

**Loma Linda University Medical Center**

28062 Baxter Road  
Wildomar, CA 92595  
(951) 290-4000

[www.llumcmurrieta.org](http://www.llumcmurrieta.org)

Provides Advanced Specialties, Advanced Surgery, Cancer Care, Diagnostic Imaging, Classes and Events and more.

**MEDI-CAL Information**

(951) 600-6500  
Department of Social Services.

**Medicare Help (HICAP)****Riverside, CA**

(800) 434-0222  
Free, one-on-one Medicare counseling.

**Murrieta Prompt Care**

25405 Hancock Avenue Suite 100  
Murrieta, CA 92562  
(951) 677-4100  
Medical clinic.

**Neighborhood Healthcare**

41715 Winchester Road Suite 204  
Temecula, CA 92591  
(951) 719-1414

[www.nhcare.org](http://www.nhcare.org)

Women's Health, Prenatal, Family Planning, Teen Clinic and Healthy Families/Medi-Cal Application Assistance.

**Primary & Preventative Care**

41715 Winchester Road 106  
Temecula, CA 92590  
(951) 694-9449  
Prenatal medical care.

**Primecare of Temecula**

41391 Kalmia Street Suite 310  
Murrieta, CA 92562  
(800) 956-8000

[www.primecare.com/IpaInfo.aspx?Ipa=TEM](http://www.primecare.com/IpaInfo.aspx?Ipa=TEM)

Independent physicians to provide you and your family with personalized care in private office settings.

**Rancho Springs Medical Center**

25500 Medical Center Drive  
Murrieta, CA 92562  
(951) 696-6000  
Medical facility.

**Rescue Mission at Rancho Community Church**

40810 County Center Dr  
Temecula, CA 92591  
(951) 526-1200  
[www.rescuemissiontm.org](http://www.rescuemissiontm.org)  
Mon 6pm - 9pm

**Social Security**

(800) 772-1213  
Medicare information.



**Temecula 24 HR Urgent Care**

41715 Winchester Road

Temecula, CA 92590

(951) 308-4451

<https://temecula24hoururgentcare.com>

Temecula 24 Hour Urgent Care has the ability to provide episodic care for acute, non-life threatening illness and injury.

**Temecula Valley Hospital (Universal Health Services, Inc.)**

31700 Temecula Parkway

Temecula, CA 92592

(951) 972-4494

[www.TemeculaValleyHospital.com](http://www.TemeculaValleyHospital.com)

Hospital services include: emergency services, comprehensive cardiovascular services, general and orthopedic surgery, pulmonology, stroke care, nephrology, digital imaging, and urology care.

**Tri Valley Medical Group**

29738 Rancho California Road Suite B

Temecula, CA 92591

(951) 308-1822

Family urgent care.

**Women, Infants, and Children (WIC)**

41002 County Center Drive Building B

Temecula, CA 92591

(855) RIV-HERO or (855) 748-4376

[www.rivhero.com](http://www.rivhero.com)

Riverside County WIC helps pregnant women, new mothers and young children eat well, stay healthy and be active. The program is funded by the U.S. Department of Agriculture (USDA).

**Women's Health & Prenatal - Care Only**

41002 County Center Drive Building B

Temecula, CA 92591

(951) 600-6300

Women's health and medical care.

## Housing Assistance

### *Limited-income Housing*

**Fair Housing**

(800) 655-1812 or (909) 682-6581

[WWW.fairhousing.com](http://WWW.fairhousing.com)

Serves both the fair housing advocacy community and the general public with timely news and information regarding the issues of housing discrimination.

**Foreclosure Advocate**

(951) 682-6581

Fair Housing Council of Riverside County.

**Habitat for Humanity**

(951) 296-3362

Builds and repairs houses all over the world using volunteer labor and donations.

**Housing**

(951) 326-8000

[www.bridgehousing.com](http://www.bridgehousing.com)

Low- to- moderate income & senior apartments

**Housing Authority**

(800) 655-4228

Section 8 housing.

**Riverside County Assessor's Office**  
(951) 600-6200  
Homesteading.

**U.S. Department of Housing & Urban Development (HUD)**  
(888) 827-5605  
Provides assistance for single and multifamily housing and conducts health care and regulatory programs.

## Legal Services

**Family Justice Center**  
(951) 304-5680  
[www.riverside.courts.ca.gov/familylaw/familylaw.shtml](http://www.riverside.courts.ca.gov/familylaw/familylaw.shtml)  
Handles cases in which people are ending a marriage or registered domestic partnership, identifying a child's legal parents, determining custody and visitation issues, establishing or enforcing child and spousal support or dealing with domestic violence issues

**Legal Aid Clinic**  
(951) 244-2920  
Free legal advice.

**Legal Aid Society - Riverside**  
(951) 683-7108  
Legal aid and counsel.

**Legal Assistance**  
(951) 600-6500  
Department of Social Services.

**Riverside County Lawyers**  
(951) 682-7520  
Provides lawyer referral services.

## Mental Health Services

### *County Services*

**County Helpline - Crisis/Suicide Intervention**  
2060 University Avenue Suite 212  
Riverside, CA 92507  
(951) 686-4357  
[www.connectriverside.org/contact](http://www.connectriverside.org/contact)  
Services include: rental assistance, housing, transportation, professional and self-development, counseling, senior services and more.

**Mental Health Department**

41002 County Center Drive #320

Temecula, CA 92590

(951) 600 -6350

[www.rcdmh.org/opencms/english/help/adult.html](http://www.rcdmh.org/opencms/english/help/adult.html)  
[1](#)

Provides services to children with severe emotional and behavioral problems.

Services include psychiatric evaluations, medication services, individual and family therapy, and case management services.

Staff works closely with schools to provide services to students who experience academic problems as a result of their severe emotional problems. Parent partners offer support and advocacy services to parents whose children are receiving services at the clinic.

**Mental Health Department**

1688 N Perris Blvd

Perris, CA 92571

(951) 443-2200

**Riverside County Department of Mental Health Wellness Recovery Action Plan (WRAP)**

41002 County Center Drive Building B  
#320

Temecula, CA 92591

(951) 600-6355

Educational workshops to help individuals struggling with mental illness to recover.

## *Crisis Intervention*

**Covenant House**

(800) 999-9999

[www.covenanthouse.org/homeless-youth-programs/crisis-care](http://www.covenanthouse.org/homeless-youth-programs/crisis-care)

The Covenant House accepts homeless kids in crisis. They meet their basic needs – a nourishing meal, a shower, clean clothes, medical attention, and a safe place away from the dangers of the street.

## *Counseling*

**National Alliance on Mental Illness (NAMI) - Temecula Valley**

41050 Avenida Verde

Temecula, CA 92591

Email: [infor@namitv.org](mailto:infor@namitv.org)

[www.namitv.org](http://www.namitv.org)

NAMI's mission is to support, educate and advocate for those with mental illness and also their families, friends, and the public.

## Military Families & Veteran Resources

### **Camp Pendleton**

(760)725-8386

Offers a broad spectrum of training facilities for many active and reserve Marine, Army and Navy units, as well as national, state and local agencies.

### **March Air Force Reserve**

(951) 655-1110

### **Marine Corps. Air Station-Miramar**

(858) 577-1011

## Recreation & Leisure

### **Community Recreation Center (CRC)**

30875 Rancho Vista Road

(951) 694-6410

Facility for special events, banquets, receptions, large parties, or meetings.

### **Friends of the Temecula Library**

(951) 600-6270

Promotes welfare for libraries.

### **Girl Scouts (San Gorgonio Council, Colton)**

26855 Jefferson Avenue Suite B

Murrieta, CA 92562

(951) 308-6692 or (800) 400-4475

Serves more than 10,000 girls in Riverside and San Bernardino counties with the dedicated support of 5,000 adult volunteers.

### **Grace Mellman Community Library**

41000 County Center Drive

Temecula, CA

(951) 296-3896

### **Murrieta Library**

(951) 600-Book

### **Noonan Family Swim School, Inc.**

26039 Jefferson Blvd.

Murrieta, CA 92562

(951) 813-9500

Email: [murrieta@noonanswim.com](mailto:murrieta@noonanswim.com)

[www.noonanfamilyswimschool.com](http://www.noonanfamilyswimschool.com)

Offers swim lessons to children through adults. They have two indoor warm water pools that are open year-round. They also offer water aerobics classes designed for teens, adults, and seniors.

### **Pennypickle's Workshop**

42081 Main Street

Temecula, CA 92590

(951) 308-6370

Children's workshop.

### **Susan G Komen Race for the Cure**

43397 Business park Dr Suite D-9

Temecula, CA 92590

(951) 678-7465 (Pink) or (951) 676-7223 (Race)

Email: [info@komenie.org](mailto:info@komenie.org)

[www.komenie.org/about-us/contact-us](http://www.komenie.org/about-us/contact-us)

Dedicated to combating breast cancer at every front.



**Teen Center**

30875 Rancho Vista Road  
Temecula, CA 92590  
(951) 694-6410  
Teen recreation center.

**Temecula Community Center (TCC)**

8816 Pujol Street  
Temecula, CA 92590  
(951) 694-6469

**Temecula Community Services  
Department**

41000 Main Street  
Temecula, CA 92590  
(951) 694-6480

[www.cityoftemecula.org](http://www.cityoftemecula.org)

The Community Services Department is dedicated to providing an award winning complement of recreational and cultural programs, community and human services and special events activities aimed at enhancing the high quality of life of our youth, teens, adults, seniors and special needs population-- we create community through people, parks and programs.

**Temecula Public Library**

30600 Pauba Road  
Temecula, CA  
(951) 693-8900

**Temecula Youth Baseball  
Temecula, CA 92590**

[www.temeculapony.com](http://www.temeculapony.com)

**The Boys & Girls Club**

28790 Pujol Street  
Temecula, CA 92590  
(951) 695-0181 or (951) 699-1526  
[www.bgcswc.org](http://www.bgcswc.org)

Provides before and after school transportation and care as well as sports and other recreational programming.

**The Cove Jurupa Aquatic Center**

4310 Camino Real  
Riverside, CA 92509  
(951) 360-1974  
[www.CoveWaterpark.com](http://www.CoveWaterpark.com)

Pool and waterpark for the entire family.

**Zircon Productions**

23830 Tonnet Circle  
Romoland, CA 92585  
(951) 928-0787 or (951) 255-2594  
Email: [kath@zirconproductions.com](mailto:kath@zirconproductions.com)  
[www.zirconproductions.com](http://www.zirconproductions.com)

Offers beginning art classes with a new subject every week. No experience necessary to attend "Paint Parties". Offered in private settings or at community centers. Low cost and supplies are provided for an additional fee.

## Resource Hotlines

**24 hour Detox Referral Line**

(800) 499-3008

**24 hour Psychiatric Emergency  
Treatment Services (ETS)**

(951) 686-7273

**24 hour Suicide/Crisis Intervention**

(951) 686-4357

**AIDS Hotline**

(800) 342-2437

**Alternatives to Domestic Violence**

(951) 683-0829 OR (800) 339-7233

[www.alternativestodv.org/home.html](http://www.alternativestodv.org/home.html)

Provide a 24 hour domestic violence crisis hotline.

**American Cancer Society**

(951) 683-6415 or Riverside (800) 227-2345

**American Council for the Blind**

(800) 424-8666

**American Diabetes Association**

(951) 343-0304 or (800) 232-3472

**American Heart Association**

(800) 834-1670

**American Lung Association**

(619) 297-3901 or (800) 586-4872

**California Office of Problem Gambling**

(800) GAMBLER

[www.problemgambling.ca.gov](http://www.problemgambling.ca.gov)

24/7 support to youth and families of gambling-related problems and addictions.

**Cancer Information Service**

(800) 422-6237

**Cancer Society**

(951) 698-4722

**Center Against Sexual Assault**

Hemet, CA

(951) 652-8300

**Child Abuse Victims**

(800) 422-4453

**Child Help USA Hotline**

(800) 422-4453

Is dedicated to the prevention of child abuse. The Hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, can provide assistance in 170 languages.

**Child Protective Services - 24 hour hotline**

(800) 442-4918

[dpss.co.riverside.ca.us/childrens-services-division](http://dpss.co.riverside.ca.us/childrens-services-division)

When the situation is not an emergency, Riverside County Child Protective Services operates a 24-hour child abuse hotline to receive reports of abuse and neglect of children (under the age of 18 years old).

**Children Missing - 24 hour hotline**

(800) 222-3463

**Chronic Fatigue & Immune Dysfunction Info Line**

(800) 442-3437

**Cocaine**

(951) 359-3895 or (800) 347-8998

**Cocaine Anonymous**

(951) 359-3895 or (800) 347-8998

**Community Emergency Response Team (CERT)**

(951) 302-4548

Email: [citizen.corps@cityoftemecula.org](mailto:citizen.corps@cityoftemecula.org)

**County Helpline-Crisis/Suicide Intervention**

(951) 686-4357

**County Mental Health Services**

(951) 358-4705

**Covenant House-Crisis Hotline**

(800) 999-9999

**Crisis Information and Referral**  
(800) 464-1123

**Crisis Outpatient Service-Mental Health**  
(951) 358-4705

**Domestic Violence Riverside County**  
(951) 686-4402

**Domestic Violence -safe**  
(951) 587-3900

**Drug Abuse Treatment**  
(951) 683-6596

**Emergency Services**  
(951) 955-4700

**Emergency Treatment Services (Non-Profit)**  
(951) 358-4881  
24hrs/7days

**Gambler's Treatment Hotline**  
(800)994-0899

**Helpline of Riverside- Crisis/ Intervention**  
(951) 686-HELP

**Missing Children**  
(800) 222-3463

**National Drug & Alcohol**  
(800) Alcohol

**National Suicide Prevention Lifeline**  
(800) 273-TALK (8255)  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

**Riverside Volunteer Center (Non-Profit)**  
(951) 686-help (4357)  
24hrs/7days

**Smoker's Hotline**  
(800) 662-8887

**Social Services (AFDC, Food Stamps, WIC)**  
(951) 600-6500

**Suicide/ Crisis Intervention**  
(951) 686-4357

**Tabaco Use Reduction Now**  
(800) 637-6653

**Temecula Emergency**  
(951) 506-5111

**Treatment & Referral**  
(800) 662-HELP  
[www.drughelp.org](http://www.drughelp.org)

**Youth Crisis**  
(800) 843-5200

## *Community Directory*

**24/7 hours Suicide/Crisis Intervention**  
(951) 686-4357  
[www.connectriverside.org/contact](http://www.connectriverside.org/contact)

**911 dispatcher (Temecula Only)**  
(951)776-1078

**Air Quality**  
(909) 396-200 or (800) 242-4666

**Airports - Complaints - FAA**  
(951) 276-6701

**Airports - French Valley**  
(951) 677-2756

**Airports - John Wayne**  
(949) 252-5200

**Airports - Los Angles**  
(310) 646-5252

**Airports - Ontario**  
(951) 937-2700

**Airports - Palm Springs**  
(760) 318-3800

**Airports - San Diego**  
(619) 686-8040

**Amtrak**  
(800)872-7245

**Animal Control/License Lake Elsinore**  
(951) 674-0618

**Animal Control/License Wildomar**  
(951) 471-8344

**Armed Forces Recruitment Center**  
(951) 296-2095

**Arts Council**  
(951) 695-2787 or (951) 216-8193

**Aspiring Angels**  
(951) 676-1997

**Assessments/Taxes - County of Riverside Assessor**  
(951) 600-6200

**Assessments/Taxes - TCSD - Barbara**  
(951) 693-3995

**Association for Retarded Citizens**  
(951) 688-5141

**Attention Deficit Disorder**  
(951) 678-7452

**Autism Task Force**  
(951) 694-7452

**Bereavement Support**  
(951) 672-1666

**C.A.S.A. Court Appointed special advocates**  
(951) 304-5220

**California School for the Deaf**  
(951) 782-6500

**CARE -Elder abuse**  
(909) 245-3324

**Caregiver's Support**  
(951) 672-9536

**Catholic Charities**  
(951) 766-7476

**Centers for Disease Control**  
(800) 232-4636

**City of Temecula Emergency Citizen Hotline**  
(951) 506-5111

**Covenant House-Crisis Hotline**  
(800) 999-9999  
[www.covenanthouse.org/homeless-youth-programs/crisis-care](http://www.covenanthouse.org/homeless-youth-programs/crisis-care)

**Emergency**  
911

**Missing Children Hotline**  
(800) 222-3463

**National Center for Missing & Exploited Children**  
(800) 843-5678



## Safety Resources

**Murrieta Police Department**  
(951) 304-2677 ext. 6761  
Murrieta citizens only

**Old Town Civic Center PD**  
(951) 506-5130  
Megan's Law

**Riverside County Sheriff**  
(800) 950-2444

## Substance Abuse Resources

**Al-Anon/Alateen Meeting Information Line**  
610 W 9th Avenue  
Escondido, CA 92025  
(800) 356-9996 and (760) 746-0102  
[www.al-anon.alateen.org/meetings/meeting.html](http://www.al-anon.alateen.org/meetings/meeting.html)  
Offers organized support groups for family and friends of alcoholics.

**Alcohol & Drug Abuse Prevention Info. & Referral**  
(800) 879-2772 or (800) 454-8966  
Alcohol & Drug Programs

**Alcohol & Drug Referral Network**  
(888) 304-9797

**Alcohol Beverage Control (ABC)**  
(951) 782-4400  
[abc.ca.gov](http://abc.ca.gov)  
Administers the provisions of the Alcoholic Beverage Control Act in a manner that fosters and protects the health, safety, welfare, and economic well-being.

**Alcoholics Anonymous**  
28636 Old Town Front Street Suite 106  
Temecula, CA 92590  
(951) 695-1535  
[www.temeculacentraloffice.org/index.html](http://www.temeculacentraloffice.org/index.html)  
Supportive group meetings.

**Cocaine Anonymous**  
(951) 359-3895 or (800) 347-8998  
[www.ca.org/index.html](http://www.ca.org/index.html)  
Cocaine Anonymous is a free fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction.

### *County Services*

**Hill Alcohol & Drug Treatment Center**  
Lyndie Ln.  
Temecula, CA 92590  
(951) 676-8241  
[hillrecovery.com](http://hillrecovery.com)  
They are a center for addiction treatment, offering a broad spectrum of alcohol and drug recovery for substance abusers and their families.

**MFI Recovery**

25186 Hancock Avenue #100

Murrieta, CA 92562

(951) 698-8558

[www.mfirecovery.com/index.aspx](http://www.mfirecovery.com/index.aspx)

Address detoxification and teen addiction as well as provide abuse treatment programs and counseling.

**National Clearinghouse for Drug & Alcohol (24 hours)**

(800) 662-4357

Provides information, referral, prevention, education, training, community awareness, advocacy, intervention, treatment, and recovery support.

**National Drug & Alcohol**

(800) Alcohol

[www.800alcohol.com](http://www.800alcohol.com)

They provide addiction treatment, intensive outpatient programs, inpatient treatment programs, criminal justice services, and have a 24-hour referral hotline.

## *Public/Non-profit Services*

**Riverside Treatment Center**

(951) 784-8010

Substance & Alcohol

**Saving Grace Homes**

(909) 205-2991

[www.savinggracehomes.com](http://www.savinggracehomes.com)

A sober living home for vets, court mandated and/or parolees.

**Teen Challenge-"Turning Point"**

(951) 683-4241

A nine week course for families of substance abusers. A course is also provided for teens.

**The High Road**

(951) 781-6762

DUI, Prop 36, Drug Diversion, testing.

**Treatment & Referral**

(800) 662-HELP

[www.drughelp.org](http://www.drughelp.org)

Leads public health efforts to advance the behavioral health of the nation.

## **Supportive Services/Case Management Resources**

**Alternatives to Domestic Violence**

P.O. Box 910

Riverside, CA 92502

(951) 683-0829 or (800) 339-7233

[www.alternativestodv.org](http://www.alternativestodv.org)

Programs include court advocacy, anger management, counseling, community education, workplace violence, and shelter programs.

**American Cancer Society**

6355 Riverside Ave Suite 101

Riverside, CA 92506

683-6415 or Riverside (800) 227-2345

[www.cancer.org](http://www.cancer.org)

Provides information about cancer, staying health, supportive services, and treatment.

**American Council for the Blind**

(800) 424-8666

[www.acb.org](http://www.acb.org)

Supports independence, security, equality of opportunity, and quality of life, for all blind and visually-impaired people

**American Diabetes Association**

343-0304 or (800) 232-3472

[www.americandiabeteswholesale.com](http://www.americandiabeteswholesale.com)

An affordable, wholesale diabetes market; products include at-home test kits, blood pressure monitors, books, food and testing accessories.

**American Heart Association**

(800) 834-1670

[www.heart.org/HEARTORG](http://www.heart.org/HEARTORG)

Provides educations regarding getting health, conditions, healthcare, CPR and ECC. Educators can also receive guidance on good habits and good health for the classroom and for the gym. Caregivers can be informed on rights, responsibility, resources, and more.

**American Lung Association**

2750 4th Avenue

San Diego, CA 92103

(619) 297-3901 or (800) 586-4872

[www.lung.org/about-us](http://www.lung.org/about-us)

Working to save lives by improving lung health and preventing lung disease through Education, Advocacy and Research.

**Center Against Sexual Assault**

640 N San Jacinto Street

Hemet, CA 92543

(866) 373-8300 or (951) 652-8300

[www.swcasa.org](http://www.swcasa.org)

Offers counseling, information and referrals, advocacy, rape exams, judicial system, law enforcement accompaniment, support groups for adolescents and adults for rape victims and survivors. They are also involved in community education and conducting rape prevention presentations.

**Community Outreach Ministry**

23905 Clinton Keith Road Suite 114-116

Wildomar, CA 92595

(951) 698-7650

Email:

[info@communityoutreachministry.org](mailto:info@communityoutreachministry.org)

[www.communityoutreachministry.org](http://www.communityoutreachministry.org)

Programs, services, and events targeted towards at-risk youth.

**Dependence National Council**

(951) 788-8211

**Diabetes Treatment Center**

3865 Jackson Street

Riverside, CA 92503

(909) 688-0311

Diabetes treatment center.

**Domestic Violence Riverside County**

2060 University Avenue

Riverside, CA 92507

(951) 686-4402

**Domestic Violence -safe**

28910 Pujol Street

Temecula, CA 92590

(951) 587-3900

[www.safefamiliesca.org/index.cfm](http://www.safefamiliesca.org/index.cfm)

Provides domestic violence assistance out of the Family Justice Center (FJC).

**Michelle's Place**

27645 Jefferson Ave Suite 117

Temecula, CA 92590

(951) 699-5455

[www.michellesplace.org](http://www.michellesplace.org)

Provides patient navigation, breast health assistance, pink ribbon assistance, a wellness program, educational resources, and support services.

**Riverside County Employment Services**

4080 lemon Street

Riverside, CA 92502

(951) 955-3500 or (951) 955-8688 (for hearing impaired)

Email: [hrdept@rc-hr.com](mailto:hrdept@rc-hr.com)

[www.rc-hr.com/contactus/tabid/223/default.aspx](http://www.rc-hr.com/contactus/tabid/223/default.aspx)

**Temecula Valley USD SELPA - Workability I**

31350 Rancho Vista Road

Temecula, CA 92592

(951) 506-7070

Email: [bdillon-denton@tvusd.k12.ca.us](mailto:bdillon-denton@tvusd.k12.ca.us)

[www.tvusd.k12.ca.us/sped\\_overview](http://www.tvusd.k12.ca.us/sped_overview)

Provides services for students enrolled in school ages 16-22. WAI is a grant-funded program that allows some students the opportunity to do work training and receive subsidized employment at business partnerships in the community. They also provide information assessments and interviews, which include discovering career interests, discussing/researching continued education/trades post-High School, filling out applications, resume, writing, and more.

## Support Groups

### *County Services*

**Pregnant and Postpartum Support Group  
Hemet Family Care Center**

880 N. State Street

Hemet, CA 92543

(951) 358-5438

[www.rivco-familycarecenters.org](http://www.rivco-familycarecenters.org)

A free group that provides support, resources, a listening ear and a connection to other mothers and mothers-to-be experiencing similar feelings with pregnancy and parenting.

**Dependence National Council**

(951) 788-8211

[www.ncadd.org/index.php](http://www.ncadd.org/index.php)

NCADD provide unbiased, professional, objective information and referral support for individuals and family members faced with alcohol or drug problems ensuring that those in need have access to mutual aid/support groups and/or appropriate treatment services regardless of age, sex, race, religion, creed or socio-economic status. This organization assists in prevention, providing education and training, community awareness, advocacy, intervention, treatment, and recovery support.



## *Public/Non-profit Services*

### **Bosom Buddies**

(951) 244-4664

### **Michelle's Place**

41785 Elm Street Suite 305

Murrieta, CA 92562

(951) 304-1280

Breast cancer resource center.

### **Mothers Against Drunk Drivers (M.A.D.D)**

(951) 766-8802

[www.madd.org](http://www.madd.org)

Protects families from drunk driving and underage drinking. MADD also supports drunk and drugged driving victims and survivors at no charge.

### **Positive Parenting Program (Triple P)**

(803) 451-2277

Email: [rita@triplep.net](mailto:rita@triplep.net)

[www.cebc4cw.org/program/triple-p-positive-parenting-program](http://www.cebc4cw.org/program/triple-p-positive-parenting-program)

Parenting program.

### **Susan G. Komen**

26765 Madison Avenue

Murrieta, CA 92562

(951) 304-9500

[www.komenie.org](http://www.komenie.org)

Foundation dedicated to education and research about causes, treatment, and the search for a cure.

### **Trauma Intervention Center (TIP)**

(951) 695-1862

Provides support for victims of traumatic event and their families in the first hours following tragedy.

## **Transportation Resources**

### **Community Action Patrol**

(951) 696-3479

[www.cityoftemecula.org/Temecula/Government/Police/Teams/CommunityActionPatrol.htm](http://www.cityoftemecula.org/Temecula/Government/Police/Teams/CommunityActionPatrol.htm)

The primary function of the Community Action Patrol (CAP) is to patrol the streets of Temecula. Assignments include surveillance details, anti-graffiti suppression programs, business checks, vacation home checks, school route patrols, and crime scene security.

### **Commuter Calculator**

[www.swrco.com/commuter.asp](http://www.swrco.com/commuter.asp)

Offers premium domains that are brandable for nearly any industry.

### **Department Of Transportation**

(800) 424-9393

[www.dot.gov/about](http://www.dot.gov/about)

Offers fast, safe, efficient, accessible and convenient transportation system that meets our vital national interests and enhances the quality of life of the American people, today and into the future.

### **Dial a Ride**

(800) 795-7887

Offers Dial-a-ride, which is made available to seniors the disabled, Medicare card holders, and children.

**Greyhound at Temecula Stage Stop**

28464 Front Street  
Temecula, CA 92590  
(951) 676-2059

[www.greyhound.com](http://www.greyhound.com)

Provides one way and round-trip transportation and offers four discount types: military roundtrip, companion fare, student advantage, and veterans advantage.

**Johnboy's Confidential Transportation**

(888) 956-6296  
Confidential transportation.

**Riverside County Transportation Commission**

(866) RIDESHARE

[www.rctc.org](http://www.rctc.org)

Provides incentive transportation for employers and commuters.

**Riverside Transit Agency**

(951) 565-5002

[www.riversidetransit.com/home](http://www.riversidetransit.com/home)

The Riverside Transit Agency offers low-cost bus fares to the general public, youth, seniors, disabled, and Medicare card holders. Dial-a-ride is also available to seniors the disabled, Medicare card holders and children.



MARY PHILLIPS  
SENIOR CENTER

2014

*The Mary Phillips Senior Center (MPSC) offers a wide variety of services and activities and is equipped with four pool tables, a library, classrooms and auditorium.*

*The Place Friends Meet*



# Active Adults/Senior Services

The Active Adults/Senior Services section has been dedicated by the Mary Phillips Senior Center.

For more information about Senior Services please direct questions/comments to Candice Adkisson-Flohr at (951) 694-6464.

# Advocacy

## **Alzheimer's Association**

225 N. Michigan Avenue, Fl. 17  
Chicago, IL 60601  
(800) 272-3900

[www.alz.org](http://www.alz.org)

Alzheimer's advocate, education and resource center.

## **American Association of Retired Persons (AARP)**

601 E. Street NW  
Washington, DC 20049  
(800) 388-4555

Email: [member@aarp.org](mailto:member@aarp.org)

[www.aarp.org](http://www.aarp.org)

Advocate and coordinator for tailoring products, services, and discounts to people over 50.

## **California Department of Aging Health Insurance Counseling and Advocacy Program (HICAP)**

1300 National Drive, Suite 200  
Sacramento, CA 95834  
(800) 434-0222

[www.aging.ca.gov/hicap](http://www.aging.ca.gov/hicap)

The primary local source for accurate and objective information and assistance with Medicare benefits, prescription drug plans and health plans.

## **California Department of Aging Long Term Care Ombudsman CRISIS Line**

1300 National Drive, Suite 200  
Sacramento, CA 95834  
(800) 231-4024

[www.aging.ca.gov](http://www.aging.ca.gov)

Program designed to investigate and resolve complaints made by or on behalf of individual residents in long term care facilities.

## **California Department of Aging Senior Information Line**

1300 National Drive, Suite 200  
Sacramento, CA 95834  
(800) 510-2020

[www.aging.ca.gov](http://www.aging.ca.gov)

Senior information hotline and resource center.

## **Riverside County Adult Protective Services**

561 N. San Jacinto Avenue  
Hemet, CA 92543  
(800) 491-7123

[www.pss.co.riverside.ca.us](http://www.pss.co.riverside.ca.us)

Accepts and responds to reports of dependent adult and elder abuse.

## **Riverside County Office on Aging**

749 N. State Street  
Hemet, CA 92543  
(951) 791-3565

[www.rcaging.org](http://www.rcaging.org)

Aging and disability network and resource center.

## **Senior California Consumer Resource Center**

(800) 952-5210

[www.dca.ca.gov/consumer/seniors/index.shtml](http://www.dca.ca.gov/consumer/seniors/index.shtml)

Senior consumer resource center.

## **Senior Gateway**

[www.seniors.ca.gov](http://www.seniors.ca.gov)

Online senior resource center that focuses on avoiding and reporting abuse, fraud prevention, health care information, rights and other resources.



**Social Security Administration**

7880 Mission Grove Parkway South

Riverside, CA 92508

(800) 772-1213

[www.socialsecurity.gov](http://www.socialsecurity.gov)

Federal Social Security Administration  
Department.

**United Cerebral Palsy of the Inland  
Empire**

35-325 Date Palm Drive #139

Cathedral City, CA 92234

Main office: (760) 321-8184 or Skill

Builders Program: (760) 321-8284 ext. 105

Email: [info@ucpie.org](mailto:info@ucpie.org)

[www.ucpie.org](http://www.ucpie.org)

Provides in-home respite, skill  
builders/community integration, and  
resource and referrals.

## Behavioral Health

**Center for New Directions**

41690 Enterprise Circle North #212

Temecula, CA 92590

(951) 389-4484

Email: [maryscott104@gmail.com](mailto:maryscott104@gmail.com)

[www.centerfornew.com](http://www.centerfornew.com)

Medicare approved mental health services:  
grief, depression, process addiction in  
gambling, food, sex, and finances. Home  
visits.

**Viking Clinical Research**

29645 Rancho California Road, Suite 133

Temecula, CA 92591

(951) 695-6238 or (800) 670-4960

Email: [jay@vikingcr.com](mailto:jay@vikingcr.com),

[beth@vikingcr.com](mailto:beth@vikingcr.com), or

[maria@vikingcr.com](mailto:maria@vikingcr.com)

[www.vikingcr.com](http://www.vikingcr.com)

In search of patients who may have  
Alzheimer's and the accompanying agitation  
that often presents itself with this diagnosis.  
The study is for a non-narcotic medication  
that may help calm the agitation. Both the  
caregiver and the patient will receive \$60.00  
per visit.

## County Services

### **Curtailing Abuse Related to the Elderly (C.A.R.E.)**

561 N. San Jacinto Avenue  
Hemet, CA 92543  
(800) 476-7506

[www.dpss.co.riverside.ca.us](http://www.dpss.co.riverside.ca.us)

Program designed to service the victims of elder abuse and consumer crime.

### **In Home Supportive Services**

1400 Minthorn Street  
Lake Elsinore, CA 92530  
(951) 245-3050

[www.dpss.co.riverside.ca.us](http://www.dpss.co.riverside.ca.us)

Program that helps pay for services provided to ensure that participants receive help while remaining safely at home.

### **Inland Counties Legal Services**

1040 Iowa Avenue Suite 109  
Riverside, CA 92507  
(951) 320-7500

[www.inlandlegal.org](http://www.inlandlegal.org)

Provides free civil legal assistance to seniors who are 60 years or older and residing in Riverside or San Bernardino counties.

### **Inland Empire Home Health and Hospice**

27851 Bradley Road Suite 125  
Sun City, CA 92586

[www.iehhh.com](http://www.iehhh.com)

Home health and end of life non curative treatment services provider.

### **Riverside County Adult Protective Services**

561 N. San Jacinto Avenue  
Hemet, CA 92543  
(800) 491-7123

[www.dpss.co.riverside.ca.us](http://www.dpss.co.riverside.ca.us)

Accepts and responds to reports of dependent adult and elder abuse.

### **Riverside County Bar Association Lawyer Referral Service**

4129 Main Street Suite 100  
Riverside, CA 92501  
(951) 682-7520

Email: [rcba@riversidecountybar.com](mailto:rcba@riversidecountybar.com)

[www.riversidelrs.org](http://www.riversidelrs.org)

County lawyer referral service that offers no cost consultation services for income qualified senior citizens.

### **Riverside County Department of Mental Health: Older Adult Services**

41002 County Center Dr. Bldg. B STE 320  
Temecula, CA 92591  
(951) 600-6355

[www.rcdmh.org/opencms/english/Mental\\_Health\\_Services/olderadults](http://www.rcdmh.org/opencms/english/Mental_Health_Services/olderadults)

Assists older adults in recovering and maintaining a physical and emotionally healthy lifestyle so that they may remain in their home or community-based housing for as long as possible.

### **Riverside County Office on Aging: Senior Helplink**

749 N. State Street  
Hemet, CA 92543  
(951) 791-3565

[www.rcaging.org](http://www.rcaging.org)

Aging and disability network and resource center.

### **Riverside Transit Agency Reduced Fares for Senior and Disabled Persons**

(951) 565-5002

Discounted fare service for senior and disabled persons.

## Education

### **California Mature Driver Program**

5770 Armada Drive Suite 200  
Carlsbad, CA 92008  
(800) 448-7916  
[www.mature.idrivesafely.com](http://www.mature.idrivesafely.com)  
Traffic school and drivers education for drivers over 55.

### **Leading Edge Learning Center**

26111 Ynez Road  
Temecula, CA 92591  
(951) 378-8017 Nina Henry, Regional Manager  
Email: [nina@lelc.net](mailto:nina@lelc.net)  
[www.leadingedgelearningcenter.net](http://www.leadingedgelearningcenter.net)  
A community education resource for senior learners, supporting skill growth (beginners and advanced levels). There is a variety of programs to strengthen the mind and body. Financial assistance available through Leading Edge Educational Foundation 501(c)3.

### **Research for Life**

41743 Enterprise Circle North, Suite 104  
Temecula, CA 92590  
(951) 719-3334  
Email: [info@research-for-life.org](mailto:info@research-for-life.org)  
[www.research-for-life.org](http://www.research-for-life.org)  
A research based whole body donation organization.

## Equipment & Supplies

### **United Medical Supplies, Inc.**

8811 Shirley Avenue  
Northridge, CA 91324  
(818) 718-2811  
[www.unitedmedinc.com](http://www.unitedmedinc.com)  
Medical equipment and supply company.

### **Wheelchair City**

41610 Date Street #105  
Murrieta, CA 92562  
(951) 677-5568  
Email: [wheelchaircity@msn.com](mailto:wheelchaircity@msn.com)  
[www.wheelchaircity.com](http://www.wheelchaircity.com)  
Specializes in all Home Health Equipment Needs.

## Health & Wellness

### **Advanced Chiropractic**

31285 Temecula Parkway, Ste. 260  
Temecula, CA 92592  
(951) 303-8486  
Email: [advanced\\_chiro@verizon.net](mailto:advanced_chiro@verizon.net)  
[www.temecula-chiro.com](http://www.temecula-chiro.com)  
Chiropractic, acupuncture, and massage.  
Senior discounts and Medicare Providers.

### **Arbonne**

28312 Halcyon Court  
Menifee, CA 92584  
(626) 513-6631  
Email: [sarahstephens@myarbonne.com](mailto:sarahstephens@myarbonne.com)  
[www.sarastephens.myarbonne.com](http://www.sarastephens.myarbonne.com)  
Provides skin care, health & nutrition products for men and women. All of the products are botanically based and vegan certified with an emphasis on anti-aging and needed nutrients for seniors. Our products are pure, safe & beneficial.

### **Arthritis Foundation - Greater San Diego Branch**

8555 Aero Drive, Suite 200  
San Diego, CA 92123  
(858) 492-1090  
Email: [ncoate@arthritis.org](mailto:ncoate@arthritis.org)  
[www.arthritis.org](http://www.arthritis.org)  
Supports more than 174 types of arthritis and related conditions.

### **Donate Life California**

3465 Camino Del Rio South  
San Diego, CA 92108  
(866) 797-2366  
Email: [info@donatelifecalifornia.org](mailto:info@donatelifecalifornia.org)  
[www.donatelifecalifornia.org](http://www.donatelifecalifornia.org)  
The state-authorized nonprofit organization responsible for managing the organ, eye and tissue registry.

### **Geri-Fit Company, LLC**

P.O. Box 2522  
Temecula, CA 92593  
(951) 694-6873  
Email: [fran@gerifit.com](mailto:fran@gerifit.com)  
[www.gerifit.com](http://www.gerifit.com)  
An evidence-based strength training exercise program for older adults, ages 65+. The program is performed seated in chairs with a set of 2-pound dumbbell weights. There is no choreography, dancing, or floor work. The program helps to improve strength, balance, and flexibility, which helps reduce the chance of falls.

### **Green Chiropractic**

43950 Margarita Road, Suite A  
Temecula, CA 92592  
(951) 302-0130  
Email: [info@green-chiropractic.com](mailto:info@green-chiropractic.com)  
[www.green-chiropractic.com](http://www.green-chiropractic.com)  
Provides gentle chiropractic care for all ages. They are participating providers for Medicare, as well as many PPO's and HMO's.

### **Heartbeats Drumming**

24885 Whitewood Road, Suite 102  
Murrieta, CA 92563  
(951) 775-0032  
Email: [heartbeats.clark@gmail.com](mailto:heartbeats.clark@gmail.com)  
[www.heartbeatsdrumming.com](http://www.heartbeatsdrumming.com)  
Provides health, wellness, recreational and therapeutic group empowerment drum circles and drumming education. "

**Hemet Dermatology**

28078 Baxter Road, Suite 312 or 720 East Latham Avenue, Suite 1  
Murrieta / Hemet, CA 92563 / 92543  
(951) 658-9461

Email: [hemetdermatology@gmail.com](mailto:hemetdermatology@gmail.com)  
[www.hemetdermatology.com](http://www.hemetdermatology.com)

Serves dermatology needs. They offer pediatric and adult diseases of the skin, and OHS surgeries (skin cancer surgeries).

**Heritage California ACO**

8510 Balboa Boulevard, Suite 150  
Northridge, CA 91325  
(818) 307-6242

Email: [hverni@regalmed.com](mailto:hverni@regalmed.com)  
[www.heritagecaliforniaACO.com](http://www.heritagecaliforniaACO.com)

The organization will provide free health and wellness presentations, fitness programs, and health screenings.

**Horizon Valley Home Health Care, Inc.**

28999 Old Town Front Street, Suite 106  
Temecula, CA 92590  
(951) 699-4017

Email: [helpdesk@horizonvalleyhomehealth.com](mailto:helpdesk@horizonvalleyhomehealth.com)  
[www.horizonvalleyhomehealth.com](http://www.horizonvalleyhomehealth.com)

A home health agency that provides clinical and compassionate care for those who are home-bound due to illness, injury, or who have come home after surgery.

**Inter Valley Health Plan**

P.O. Box 6002  
Pomona, CA 91769  
(800) 251-8191, ext. 240  
Email: [mcrow@ivhp.com](mailto:mcrow@ivhp.com)  
[www.ivhp.com](http://www.ivhp.com)

Provides health insurance products.

**Kangen Alkaline Water**

42030 Main Street, Ste. F  
Temecula, CA 92590  
(951) 970-7868

Email: [drinkthekangenwater@gmail.com](mailto:drinkthekangenwater@gmail.com)  
[www.drinkthewater.com](http://www.drinkthewater.com)

Supply alkaline antioxidant water that can bring an individual's body into a balanced PH so it can heal itself from diabetes, acid reflux, cancer, and many other degenerative diseases. They deliver the water free to an individual's house for two weeks in order to see if the water works for them.

**Low Vision Rehabilitation Specialist**

6260 River Crest Drive, Suite G  
Riverside, CA 92507  
(909) 709-6642

Email: [debbymorganlvrs@gmail.com](mailto:debbymorganlvrs@gmail.com)  
Low Vision Rehabilitation Services and solutions. Free in-home demonstrations of low vision equipment by OVAC and Enhanced Vision.

**Michele Ballard Registered Dietitian**

772 Via Sierra Nevada  
Riverside, CA 92507  
(951) 369-3297

Email: [umicheleballard@gmail.com](mailto:umicheleballard@gmail.com)  
Provides basic nutrition and cooking classes, grocery store tours, and individual nutrition consulting. Specializes in allergies and intolerances, diabetes, weight management, and cardiovascular health.

**Michelle's Place, Breast Cancer Resource Center**

27645 Jefferson Avenue #117  
Temecula, CA 92590  
(951) 699-5455

Email: [kgoodnough@michellesplace.org](mailto:kgoodnough@michellesplace.org)  
[www.michellesplace.org](http://www.michellesplace.org)

Provides free and low cost diagnostic breast health services. They offer a wide variety of free resources to women and their families dealing with breast cancer.



**Morning Song Farm**

4805 5th Street

Rainbow, CA 92028

(888) 816-3335

Email: [csa@morningsongfarm.com](mailto:csa@morningsongfarm.com)

[www.morningsongfarm.com](http://www.morningsongfarm.com)

A local, organic Community Supported Agriculture subscription farm. Our subscribers enjoy a weekly or every-other-week box of our beautiful fruit and vegetables year round. Door deliveries are available to those that need this service.

**OneLegacy**

221 S. Figueroa Street, Suite 500

Los Angeles, CA 90012

(213) 356-5213

Email: [eospinaawad@onelegacy.org](mailto:eospinaawad@onelegacy.org)

[www.onelegacyfoundation.org](http://www.onelegacyfoundation.org)

Educate and inspire individuals about organ and tissue donation. They conduct presentations to various groups within the community, such as DMV employees, high school students, civic organizations, senior centers, and many more.

**Research for Life**

41743 Enterprise Circle North #104

Temecula, CA 92590

Office: (951) 719-3334 or Cell: (480) 599-6622

Email: [kcabrera@researchforlife.org](mailto:kcabrera@researchforlife.org)

[www.researchforlife.org](http://www.researchforlife.org)

Whole body donor program for medical research and educational purposes. No cost transportation or no cost cremation.

## Home Care Assistance/Assisted Living

**Atria Vintage Hills**

41780 Butterfield Stage Road

Temecula, CA 92591

(951) 538-1605

Email: [shirlene.gehl@atriavintagehills.com](mailto:shirlene.gehl@atriavintagehills.com)

[www.atria-vintagehills.com](http://www.atria-vintagehills.com)

Assisted, independent living and respite services.

**Bonafide Care at bay**

41743 Enterprise Circle N. Suite 205

Temecula, CA 92590

(951) 296-9262

Email: [inhomecare715@gmail.com](mailto:inhomecare715@gmail.com)

[www.bonafidecareatbay.com](http://www.bonafidecareatbay.com)

Provides in-home care service for seniors, which includes assistance with activities for daily living, personal care, recuperative care, Alzheimer/dementia care and hospice care.

**Charter Hospice**

24910 Las Brisas Road #107B

Murrieta, CA 92562

(951) 233-2795

Email:

trishcarroll.charterhealthcaregroup.org

[www.charterhealthcaregroup.org](http://www.charterhealthcaregroup.org)

Hospice under Medicare/Medicaid.

**Comforcare Home Care**

27851 Bradley Road, Suite 100

Sun City, CA 92586

(951) 246-3411

Email: kellimount@comforcare.com

[www.corona.comforcare.com](http://www.corona.comforcare.com)

Primary services include: bathing, light housekeeping, medication reminders, cooking, errands, transportation, and companionship. They are trained to care for Alzheimer's & dementia.

**Comfort Keepers Non-Medical Homecare**

27715 Jefferson Avenue, Suite 113G

Temecula, CA 92590

(619) 435-6318

Email: sdsouthbay@comfortkeepers.com or  
sdsouthbay@comfortkeepers.com

[www.comfortkeepers.com](http://www.comfortkeepers.com)

Home care service provider designed to help seniors maintain optimal levels of independence in the comfort of their own homes.

**Connexus Adult Care Services**

29995 Evans Road

Menifee, CA 92586

(951) 672-9536

Email: jsacdalan@careconnexus.org

[www.careconnexus.com](http://www.careconnexus.com)

Adult day, health, social services and socialization activity center.

**Golden Heart Home Health Care Services**

P.O. Box 857

Wildomar, CA 92595

Fendi: (951) 326-0870 or Ruby: (951) 880-8567

Email: goldenhearthomehealth@gmail.com

Caregiver assistance.

**Heritage Senior Care, Inc.**

24619 Washington Avenue, Suite #203

Murrieta, CA 92563

(951) 461-4066

Email: marsha@heritageseniorcare.com

[www.heritageseniorcare.com](http://www.heritageseniorcare.com)

Provides companion care, personal care, and end-of-life care. Complimentary assessments.

## *Home Care Assistance/Assisted Living*

**A Beacon of Care**

44628 Kornell Street

Temecula, CA 92592

(951) 261-9596

Email: abeaconofcare@gmail.com

[www.abeaconofcare.com](http://www.abeaconofcare.com)

Provide: 24/7 caregivers, hygiene/incontinence assistance, medication management, specialized diets, recreation activities, wheelchair accessible, clubhouse amenities (spa, silver fitness, & game room), and private and shared rooms.

**Accent Care Personal Care**

27851 Bradley Road, Suite 140

Sun City, CA 92586

(951) 347-2846

Email: [skoontz@accentcare.com](mailto:skoontz@accentcare.com)

[www.accentcare.com](http://www.accentcare.com)

Non-medical in-home personal care services. Services include bathing, dressing, medication, reminders, meal preparation, light housekeeping, laundry, grocery shopping/errands, companionship, escort and transportation services. Hourly and live-in caregivers only 2-hour minimum. Free assessment.

**Home Instead Senior Care**

25136 Hancock Avenue, Suite A

Murrieta, CA 92562

(951) 696-2100

[www.homeinstead.com](http://www.homeinstead.com)

Franchise network of caregivers who provide senior home care services.

**Hospice of the Valleys**

25240 Hancock Avenue, Suite 120

Murrieta, CA 92562

(951) 200-7800

Email: [knecochea@hovsc.org](mailto:knecochea@hovsc.org)

[www.hospiceofthevalleys.org](http://www.hospiceofthevalleys.org)

Provides end-of-life care to patients and their families, which includes doctor, nurse, and home health aide visits, medical equipment, supplies, medications, therapies, social workers, spiritual care and bereavement.

**In-Home Supportive Services Public Authority**

12125 Day Street, Suite S-101

Moreno Valley, CA 92557

(888) 470-4477

Email:

[IHSSPublicAuthority@riversidedpss.org](mailto:IHSSPublicAuthority@riversidedpss.org)

[www.dpss.co.riverside.ca.us/public-authority](http://www.dpss.co.riverside.ca.us/public-authority)

The mandate of the Public Authority is to establish a Registry of screened and trained Home Care Workers and match them with IHSS Consumers who need their help.

**Inland Caregiver Resource Center**

1430 E. Cooley Drive, Suite 124

Colton, CA 92324

(800) 675-6694

Email: [info@inlandcaregivers.org](mailto:info@inlandcaregivers.org)

[www.inlandcaregivers.com](http://www.inlandcaregivers.com)

Caregiver resource center for counseling, family consultation/care planning, referral and legal consultation services, and respite care.

**Inland Empire Home Health and Hospice**

890 W. Stetson Avenue, Suite B

Hemet, CA 92543

(951) 658-9288 or (951) 672-4829

Email: [cdeaconn@iehvh.org](mailto:cdeaconn@iehvh.org)

[www.iehvh.com](http://www.iehvh.com)

Specialized home health services including clinical care and assistance with life limiting illness.

**Innovative Health Care Consultants**

557 E. Alvarado

Fallbrook, CA 92028

Local: (760) 731-1334 or Toll Free: (877)

731-1442

[www.innovativehc.com](http://www.innovativehc.com)

Geriatric case/care manager service assisting older adults and their families with long term care arrangements.

**Lilibets Place, Adult Day Care**

24710 Washington Avenue #819

Murrieta, CA 92562

(951) 696-4747

Email: [elizabethwhittington@charter.net](mailto:elizabethwhittington@charter.net)

[www.lilibetsplace.com](http://www.lilibetsplace.com)

Adult Day Program for memory impaired individuals. Provides a licensed, secure environment M-F, 8am-5pm. Full-time RN, hot meals, medication management, incontinent care, social therapeutic programs.

**Mission Home Health**

2375 Northside Drive, Suite 200

San Diego, CA 92108

(888) 871-0766

Email: [info@homewithmission.cmo](mailto:info@homewithmission.cmo)

[www.homewithmission.com](http://www.homewithmission.com)

Provides Home Health services (skilled care) including RN, PT, OT, St, HHA for patients in their home.

**Murrieta Gardens**

24200 Monroe Avenue

Murrieta, CA 92562

(951) 600-7676

Email: [murrietamkg@isillc.com](mailto:murrietamkg@isillc.com)

[www.murrietagardens.com](http://www.murrietagardens.com)

Assisted living home and personal care services provider.

**My Choice In-Home Care**

31610-4 Railroad Canyon Road

Canyon Lake, CA 92587

(951) 244-8770

Email: [zimzim112@gmail.com](mailto:zimzim112@gmail.com)

[www.mychoiceinhomecare.com](http://www.mychoiceinhomecare.com)

In-home care for elderly consisting of: companionship, transportation, meal preparation and planning, medication reminders, light housekeeping & dementia care. We provide hourly care with a 3-hour minimum, as well as 24-hour live-in care.

**Never Alone Living Assistance**

28441 Rancho California Road, Suite 207

Temecula, CA 92590

(951) 491-0150

Email: [Homecare@Neveralone1.com](mailto:Homecare@Neveralone1.com)

[www.neveralone1.com](http://www.neveralone1.com)

In or out of home personal care, caregiving and supportive care services provider.

**Ramona VNA & Hospice**

27851 Bradley Road #125

Sun City, CA 92586

(951) 672-4829

[www.ramonavna.org](http://www.ramonavna.org)

Promote the highest quality of life possible for patients and families by providing superior home health and hospice care within the communities we serve.

**Ramona VNA & Hospice**

890 W. Stetson Ave Suite A

Hemet, CA 92543

(951) 658-9288

[www.ramonavna.org](http://www.ramonavna.org)

Promote the highest quality of life possible for patients and families by providing superior home health and hospice care within the communities we serve.

**Right at Home**

29379 Rancho California Road, Suite 104

Temecula, CA 92591

(951) 506-9628

Email: [info@rahtemecula.org](mailto:info@rahtemecula.org)

[www.rahtemecula.com](http://www.rahtemecula.com)

Provides in-home care and assistance for seniors and disabled adults. Additionally, they offer companionship, homemaking, physical assistance, hygiene and wellness.

**Safe Services for Seniors**

**Fallbrook, CA 92028**

Email: [ChristinaLMorrison@yahoo.com](mailto:ChristinaLMorrison@yahoo.com)

Free assistance with in-home care services and assisted living alternatives.

**Salus Home Care**

11681 Sterling Avenue, Unit H  
Riverside, CA 92503  
(951) 782-0537

Email: [info@salushomecare.com](mailto:info@salushomecare.com)

[www.salushomecare.com/in-home-health-care-agency-riverside](http://www.salushomecare.com/in-home-health-care-agency-riverside)

Medical and non-medical home-based health and care giving service provider

**Senior Care Living Options**

402 S. Pacific Street  
Oceanside, CA 92054  
(760) 310-7123

[www.seniorcarelivingoptions.com](http://www.seniorcarelivingoptions.com)

Coordinator and provider for independent and assisted living services, board and care facilities and the Alzheimer's community.

**Senior Care Referral Specialists****Menifee, CA 92584**

(951) 824-8299

Email: [help@Srcareinfo.com](mailto:help@Srcareinfo.com)

[www.srcareinfo.com](http://www.srcareinfo.com)

Provides FREE education and referrals to senior living and care options 7 days a week. Services include: assisted/independent living, residential care comes, dementia/Alzheimer's care, daycare & in-home care, and community resources.

**The Chateau at Harveston**

40024 Harveston Drive  
Temecula, CA 92591  
(951) 308-9200

Email:

[Jodie.Thunderburk@holidaytouch.com](mailto:Jodie.Thunderburk@holidaytouch.com)

[www.chateauharveston.com](http://www.chateauharveston.com)

Temecula senior independent living community.

**The Cherry Hills Club**

28333 Valley Blvd.  
Sun City, CA 92586  
(951) 679-8811

Email:

[jessica.wiggins@brookdaleliving.com](mailto:jessica.wiggins@brookdaleliving.com)

[www.brookdaleliving.com/cherry-hills-club.aspx](http://www.brookdaleliving.com/cherry-hills-club.aspx)

Provides and exciting array of social, educational & cultural programs, assistance with everyday tasks (meals, housekeeping, transportation, etc.), a full spectrum of individualized care and wellness services tailored to meeting the needs of assisted living residents (available when needed).

**Vitas Innovative Hospice Care**

7898 Mission Grove Parkway, Suite 200  
Riverside, CA 92508  
(909) 386-6000

Email: [laurie.rexford@vitas.com](mailto:laurie.rexford@vitas.com)

[www.vitas.com](http://www.vitas.com)

Hospice care.

**Wildomar Senior Assisted Living**

32365 S. Pasadena  
Wildomar, CA 92595  
(951) 678-1555 ext. 24

Email: [pam@wildomarsenior.com](mailto:pam@wildomarsenior.com)

[www.wildomarsenior.com](http://www.wildomarsenior.com)

Senior citizen community in which caregivers can be provided.



## Homeless & Emergency Relief

### **Mary Phillips Senior Center**

41845 Sixth Street

Temecula, CA 92590

(951) 694-6464

Email: [seniorcenter@cityoftemecula.org](mailto:seniorcenter@cityoftemecula.org)

[www.cityoftemecula.org](http://www.cityoftemecula.org)

Senior lunch program. The suggested donation is \$3.00, but a senior will not be turned away because they cannot pay. Senior transportation and activities provided.

### **Next of Kin Registry (N.O.K.R.)**

2020 Pennsylvania Avenue NW #908

Washington, DC 20006

(800) 915-5413

Email: [admin@pleasenotifyme.org](mailto:admin@pleasenotifyme.org)

Free public proactive emergency contact system.

### **Senior Citizens Service Center & Food Bank**

41538 Eastman Drive, Suite C

Murrieta, CA 92562

(951) 600-9557

Email: [info@seniorcitizensfoodbank.com](mailto:info@seniorcitizensfoodbank.com)

Emergency bread program, food bank, thrift store and assistance programs service provider.

### **U.S. Department of Housing and Urban Development Housing Resources for Seniors in California**

451 7th Street S. W.

Washington, DC 20410

(202) 708-1112

[www.hud.gov/local/ca/homeownership/seniors.cfm](http://www.hud.gov/local/ca/homeownership/seniors.cfm)

Housing counseling agency, legal assistance and subsidized apartment search services for seniors.

## Medical/Health Services

### **Amante & Associates Insurance Solutions**

27450 Ynez Road, Suite 230

Temecula, CA 92591

(951) 676-8800

Email: [steve@amanteandassociates.com](mailto:steve@amanteandassociates.com)

[www.amanteandassociates.com](http://www.amanteandassociates.com)

Specialize in Medicare Health Plans.

Clients are provided with choices by offering most of the health plan companies.

### **American Senior Safety Agency**

4712 Admiral Way #229

Marina Del Rey, CA 90292

(888) 473-2800

[www.seniorsafety.com](http://www.seniorsafety.com)

Medical alert and monitoring system provider for older adults.

**Bel Villaggio Eye Care**

41257 Margarita Road, Suite B-103

Temecula, CA 92592

(951) 587-2333

Email: [belvillaggioeyecare@gmail.com](mailto:belvillaggioeyecare@gmail.com)

[www.belvillaggioeyecare.com](http://www.belvillaggioeyecare.com)

Offer eye care for entire families. Contact lenses, fashion optical, and lenses.

**Care Alternatives Hospice**

7344 Magnolia Avenue

Riverside, CA 92504

(951) 353-8006

Email: [marie.kelly@carealt.com](mailto:marie.kelly@carealt.com) /

[lashea.west@carealt.com](mailto:lashea.west@carealt.com)

[www.carealt.com](http://www.carealt.com)

Hospice services.

**Crown Surgery Medical Group, Inc.**

25470 Medical Center Drive, Suite 203

Murrieta, CA 92562

(951) 973-7290

Email: [tanyauribe1@hotmail.com](mailto:tanyauribe1@hotmail.com)

[www.crownsurgery.com](http://www.crownsurgery.com)

Provide medical care with an emphasis on patient care, health privacy and wellness.

**Humana, Inc.**

5421 Avenida Encinas, Suite N

Carlsbad, CA 92008

(619) 991-4875

Email: [skickey@humana.com](mailto:skickey@humana.com)

[www.humana.com](http://www.humana.com)

Offers quality, affordable, coordinated health care coverage. Products include Medicare Advantage plans with prescription drug coverage, stand-alone prescription drug plans, and Medigap.

**Inland Regional Center**

1365 W. Waterman Avenue

San Bernardino, CA 92408

(909) 890-3000

[www.inlandrc.org](http://www.inlandrc.org)

Provide case management services to individuals and their families in San Bernardino and Riverside Counties.

**James D. Yanoschik, DDS**

40140 Winchester Road, Suite A

Temecula, CA 92591

(951) 695-1870

Email: [yanodental@peoplepc.com](mailto:yanodental@peoplepc.com)

[www.temeculacosmeticdentist.com](http://www.temeculacosmeticdentist.com)

Private practice dental office works with patients to help them achieve optimal oral health, which leads to optimal general overall health.

**Ku Family Dentistry**

27349 Jefferson Avenue #202

Temecula, CA 92590

(951) 296-6330

Email: [kufamilydentistry@gmail.com](mailto:kufamilydentistry@gmail.com)

[www.temecula-family-dentist.com](http://www.temecula-family-dentist.com)

Office provides comprehensive dental care, which includes oral exams, oral cancer screenings, routine cleanings, gum disease treatment, dentures, fillings, and many more services to help you achieve optimal oral health.

**LoBue Laser & Eye Medical Centers**

40945 Winchester Road / 40700 California

Oaks Road #106

Temecula / Murrieta, CA 92591 / 92562

(951) 696-1135, ext. 212

Email: [shirleyw@lobue2020eyes.com](mailto:shirleyw@lobue2020eyes.com)

[www.lobue2020eyes.com](http://www.lobue2020eyes.com)

Complete comprehensive eye exams using the latest cutting edge technology in cataract surgery. Lens implantation and precision testing with a full-service optical retail store for glasses and contact fittings.

**Marian Hughes Insurance**

26429 Allentown Drive

Menifee, CA 92586

(951) 295-2042

Email: [mjjob180@msn.com](mailto:mjjob180@msn.com)

[www.marianhughes.com](http://www.marianhughes.com)

Simplifies and explains Medicare and Medi-Cal options that are available to seniors.

**Pacific Heart Medical Group**

25470 Medical Center Drive, Suite 201

San Diego, CA 92562

(951) 698-4433

Email: [tanyaauribel@hotmail.com](mailto:tanyaauribel@hotmail.com)

[www.pacific-heart.com](http://www.pacific-heart.com)

Practice combines the highest skilled cardiac clinicians and the prudent use of advanced ultrasound and nuclear technology for investigation and accurate diagnoses. Provides timely cardiovascular care as the provider of choice in our community

**Perpetual Motion Physical Therapy**

28975 Old Town Front Street #201

Temecula, CA 92590

(951) 595-1738

Email: [cpoolman@pmpttemecula.org](mailto:cpoolman@pmpttemecula.org)

[www.pmpttemecula.com](http://www.pmpttemecula.com)

Provides therapy for acute/chronic pain, pre-post-surgical rehabilitations, sprains, and strains, neurological dysfunctions and lymphedema.

**Procare Pharmacy**

25405 Hancock Avenue, Suite 100

Murrieta, CA 92562

(951) 304-2038

Email: [procarerx1@gmail.com](mailto:procarerx1@gmail.com)

[www.procarerx.us](http://www.procarerx.us)

Provides free delivery service to seniors and accept all Medicare prescription plans. Provide 90 days supply to Medicare patients, customize compounding services, and have on-sight prescription consultation services.

**Rancho Family Medical Group**

28780 Single Oak Drive, Suite 160

Temecula, CA 92590

(951) 676-4193

Email: [jsnow@ranchomed.com](mailto:jsnow@ranchomed.com)

[www.ranchofamilymed.com](http://www.ranchofamilymed.com)

Provides healthcare from newborns to geriatrics.

**Redhawk Vision Center**

31685 Temecula Parkway, Suite A

Temecula, CA 92592

(951) 302-5580

Email: [redhawkvisioncenter@gmail.com](mailto:redhawkvisioncenter@gmail.com)

[www.redhawkvisioncenter.com](http://www.redhawkvisioncenter.com)

Provides eye examinations, treatment of eye diseases, eyeglasses and contact lenses.

**Riverside County Health Department**

(951) 358-5192

Adolescent family life programs.

**SCAN Health Plan**

3800 Kilroy Airport Way, Suite 100

Long Beach, CA 90806

(888) 531-7226, ext. 3154

Email: [choward@scanhealthplan.com](mailto:choward@scanhealthplan.com)

[www.scanhealthplan.com](http://www.scanhealthplan.com)

Medical coverage for health and independence. In addition to the Classic Medicare Plan, they offer Special Needs Plans for heart patients and diabetics.

**Senior Health Plans**

23075 Twinflower Avenue

Wildomar, CA 92595

(951) 805-8670

Email: [micand04@verizon.net](mailto:micand04@verizon.net)

Provides Medicare Advantage Plans and house calls.

**Smiles to You**

P.O. Box 1013

Temecula, CA 92593

(951) 541-1206

Email: [smilestoyou@aol.com](mailto:smilestoyou@aol.com)

Mobile Dental Hygiene Services. Portable equipment allows them to provide dental cleanings in the comfort of your own living environment. Specialize in the geriatric population, and patients with special needs - including Alzheimer's, skilled and hospice care.

**Southland Arthritis & Osteoporosis Center**

31515 Rancho Pueblo Road, Suite 203

Temecula, CA 92592

(951) 303-1500

Email: [ccianci@southlandarthritis.com](mailto:ccianci@southlandarthritis.com)

[www.southlandarthritis.com](http://www.southlandarthritis.com)

Rheumatology clinic treating arthritis, RA, lupus, gout, fibromyalgia, and osteoporosis. Services include: DEXA and infusion center in office. Adults only!

**Strachota Insurance**

27710 Jefferson Avenue, Suite 100

Temecula, CA 92590

(951) 541-4564

Email: [pat@strachota.com](mailto:pat@strachota.com)

Free comparisons of Senior Insurance Options for those "aging" into 65, those moving into the area and during OEP (Medicare Open Enrollment Period, annually from 10/1 - 12/7)

**Susan G. Komen, Inland Empire**

43397 Business Park Drive, Suite D-9

Temecula, CA 92590

(951) 676-7465

Email: [sbryant@komenie.org](mailto:sbryant@komenie.org)

[www.komenie.org](http://www.komenie.org)

Provides breast health and breast cancer education, as well as local resources for breast cancer screening, diagnostic services, treatment support, financial assistance, and patient navigation.

**Take Shape for Life**

Dan O'Neal (949) 632-0745 / Becky O'Neal

(949) 632-0730

Email: [dan.teamTSFL@gmail.com](mailto:dan.teamTSFL@gmail.com)

[www.beckyoneal.tsfl.com](http://www.beckyoneal.tsfl.com)

A disease and weight management program. They guide people to achieving Optimal Health and use MediFast as a tool to get the weight off quickly. During that time, they are coaching and training individuals to replace bad habits with good healthy ones.

**Temecula Valley Central Office**

28636 Old Town Front Street, Suite 106

Temecula, CA 92590

(951) 695-1535

Email: [temeculaaaa@verizon.net](mailto:temeculaaaa@verizon.net)

[www.temeculacentraloffice.org](http://www.temeculacentraloffice.org)

Business office for 130 meetings of Alcoholics Anonymous in the Valley.

**Temecula Valley Hospital**

31700 Temecula Parkway

Temecula, CA 92592

(951) 331-2220

Email: [nancy.obenberger@uhsinc.com](mailto:nancy.obenberger@uhsinc.com)

[www.temeculavalleyhospital.com](http://www.temeculavalleyhospital.com)

Patients can expect specialty care in an innovative environment, with attention to detail. The hospital features 24-hour emergency services, comprehensive cardiovascular program, general and orthopedic surgery, stroke care, 24-hour visitation in 140 private patient rooms.

**Temecula Valley Radiation Oncology**

36320 Inland Valley Drive, Suite 105

Wildomar, CA 92595

(951) 200-6874

Email: [tanyauribe1@hotmail.com](mailto:tanyauribe1@hotmail.com)

[www.tvradiation.com](http://www.tvradiation.com)

Provides: Intensity-modulated radiation therapy, electron radiotherapy, gamma knife and brachytherapy at other facilities, free transportation to patients, early hours to those with time restrictions, commitment to provide timely patient scheduling, large and comfortable waiting area with snacks and beverages, and access to our website so patients can fill out necessary forms prior to their appointment.

**The Traveling Toothbrush**

27890 Clinton Keith Road, D-308

Murrieta, CA 92562

(951) 973-9833

Email: [4myteeth@gmail.com](mailto:4myteeth@gmail.com)

[www.thetravelingtoothbrush.com](http://www.thetravelingtoothbrush.com)

Personalized dental hygiene services provided in the comfort and convenience of your own home. Provide above and below the gum cleanings, oral cancer screenings, referrals, and tooth sensitivity treatments.

**Total Health FX**

23830 Tonnet Circle

Romoland, CA 92585

(951) 928-0787

Email: [contact@totalhealthfx.com](mailto:contact@totalhealthfx.com)

[www.totalhealthfx.com](http://www.totalhealthfx.com)

Provides holistic natural health care alternatives for prevention and remedy. Offer a holistic health program and individual services of therapeutic massage and vegan nutritional consulting and a discount health food co-op.

**Total Thermal Imaging Services**

29995 Technology Drive #202

Murrieta, CA 92563

(951) 743-6900

Email: [thermo4life@gmail.com](mailto:thermo4life@gmail.com)

[www.thermographyinlandempire.com](http://www.thermographyinlandempire.com)

Safe radiation-free breast and body screenings. Thermography is a great tool for prevention and early detection.

**Tri Valley Urology Medical Group**

25495 Medical Center Drive #204

Murrieta, CA 92562

(951) 698-1901

Email: [info@trivalleyurology.com](mailto:info@trivalleyurology.com)

[www.trivalleyurology.com](http://www.trivalleyurology.com)

Urologists specialize in disorders and diseases of the male and female urinary tract and male reproductive organs. Patients with prostate disease, bladder control issues, and men's reproductive health are seen. Clinical trials are offered at NO COST.

**Valley Physicians Network**

24630 Washington Avenue, Suite 203

Murrieta, CA 92562

(800) 956-8000

[www.valleyphysiciansnetwork.com](http://www.valleyphysiciansnetwork.com)

A network of independently contracted physicians. They are affiliated with PrimeCare Networks offering the largest panel of private practice primary care physicians and specialists in the Inland Empire.



**VNA California (Visiting Nurse Association)**

39815 Alta Murrieta Drive #C4

Murrieta, CA 92563

(951) 337-6703

Email: [tracey.rose@vnacalifornia.org](mailto:tracey.rose@vnacalifornia.org)

[www.vnacalifornia.org](http://www.vnacalifornia.org)

Provides in-home nursing care throughout Riverside, San Bernardino, and North San Diego counties. Patients benefit from our caring Home Health, Hospice, and Palliative Care services within the comfort of their homes or places of residence.

**Your Health Options Insurance**

3990 Concourses, Suite 500

Ontario, CA 91764

(909) 518-2128

Email: [rbartley@nammcacal.com](mailto:rbartley@nammcacal.com)

[www.yourhealthoptionsocal.com](http://www.yourhealthoptionsocal.com)

A licensed, independent insurance agency serving Riverside, San Bernardino, and San Diego counties. They work exclusively with Medicare eligible individuals to help them select the best Medicare program to meet their needs with multiple health plan choices.

## Other

**Aging-in-Place Remodeling**

29910-G Murrieta Hot Springs Road, Suite 537

Murrieta, CA 92563

(951) 760-6728

Email: [aipremodeling@verizon.net](mailto:aipremodeling@verizon.net)

[www.aipremodeling@verizon.net](http://www.aipremodeling@verizon.net)

Home modifications for seniors and individuals facing accessibility challenges. They sell and install grab bars, ramps, accessible showers, walk-in tubs, shower and bath seats, elevators, lifts, hallway and doorway widening.

**California Telephone Access Program (CTAP)**

1333 Broadway, Suite 500

Oakland, CA 94612

(510) 302-1157

Email: [matkins@ddtp.org](mailto:matkins@ddtp.org)

[www.californiaphones.org](http://www.californiaphones.org)

Free specialized phones make it easier to hear, dial, and call California phones from the California Telephone Access Program (CTAP). They provide free specialized telephones to eligible Californians so they can stay connected.

**Community Access Center**

6848 Magnolia Avenue #150

Riverside, CA 92506

(951) 274-0358

Email: [execdir@ilcac.org](mailto:execdir@ilcac.org)

[www.ilcac.org](http://www.ilcac.org)

Empower persons with disabilities to control their own lives, create an accessible community and advocacy to achieve complete social, economic, and political integration.

**Dia's Delicious Dishes**

45566 Masters Drive

Temecula, CA 92562

(951) 845-5916

Email: [diasdlishsdishes@aol.com](mailto:diasdlishsdishes@aol.com)

Personal chef services, which provides meal services for seniors. They offer individualized menus to meet your needs, tastes, dietary restrictions, and budget. Short or ongoing meal service.

**LHM Wealth Management, Inc.**

23075 Twinflower Avenue

Wildomar, CA 92595

(951) 505-3213

Email: [harry.paez@securitiesamerica.com](mailto:harry.paez@securitiesamerica.com)

[www.lhmwealth.com](http://www.lhmwealth.com)

Investments - Insurance- Member FINRA/SIPC. Investments - Insurance - Retirement. House calls available.

**Murrieta Valley Funeral Home**

24651 Washington Avenue

Murrieta, CA 92562

(951) 696-0626

Email: [murrietavalleyfh@hotmail.com](mailto:murrietavalleyfh@hotmail.com)

[www.murrietavalleyfuneralhome.com](http://www.murrietavalleyfuneralhome.com)

Full service mortuary providing burial and cremation services for families throughout the Inland Empire and surrounding Southern California Counties.

**Neighbors Newspaper**

31566 Railroad Canyon Road, #2 PMB 575

Canyon Lake, CA 92587

(951) 244-7025

Email: [diane@neighborsnewspaper.com](mailto:diane@neighborsnewspaper.com)

[www.neighborsnewspaper.com](http://www.neighborsnewspaper.com)

Regional monthly publication. Lifestyles and events scheduled for Southwest Riverside County.

**Options Funeral & Cremation Service**

601-D Crane Street

Lake Elsinore, CA 92530

(951) 674-3703

Email: [optionsfcs@hotmail.com](mailto:optionsfcs@hotmail.com)

[www.murrietaevalleyfuneralhome.com](http://www.murrietaevalleyfuneralhome.com)

We are a family owned and operated full service mortuary with a crematory on our premises. Preplanning services are available. Our chapel is available for services.

**Seeing Thru Darkness**

39553 Canary Circle

Temecula, CA 92591

(951) 693-3060

Email: [happygus@verizon.net](mailto:happygus@verizon.net)

Meet Bill and Kristi Harrison, along with their seeing eye dogs. They are visually impaired and live independently. They are available for speaking engagements and can share about sight loss and how seeing eye dogs are trained to act as a mobility tool to aid the blind and visually impaired.

**Silverado Memory Care**

1500 Borden Road

Escondido, CA 92026

(760) 215-5517

Email: [rtopete@silveradocare.com](mailto:rtopete@silveradocare.com)

[www.silveradocare.com](http://www.silveradocare.com)

Provides quality care for people suffering from Alzheimer's disease, Parkinson's and other memory disorders.

**Temecula Public Library**

30600 Pauba Road  
Temecula, CA 92592

(951) 693-8922

Email: [rosie.vanderhaak@rivlib.net](mailto:rosie.vanderhaak@rivlib.net)

[www.temeculalibrary.org](http://www.temeculalibrary.org)

The library offers a grant funded program called S.N.A.P.L. - Special Needs Access at your Public Library. SNAPL resources include a play and learn island, a collection of books for adults and children, databases, three iPads loaded with useful software, and storytimes. Services available to all, but of particular interest to seniors include: Braille books, large print resources, audiobooks, eBooks, genealogy resources, computers, adult programs, foreign language material, and volunteer opportunities.

**Trusted Business Partners Networking, Inc.**

P.O. Box 147

Sun City, CA 92586

(951) 233-0355

Email: [trustedbusinesspartners@gmail.com](mailto:trustedbusinesspartners@gmail.com)

[www.trustedbusinesspartners.org](http://www.trustedbusinesspartners.org)

Provides business networking groups consisting of "trusted" business professionals & small business owners whose primary purpose is to exchange qualified business leads in a truly effective referral program. Several local chapters meet weekly to share qualified business leads and references.

## Recreation/Socialization

**Central County United Way Retired & Senior Volunteer Program**

418 E. Florida Avenue  
Hemet, CA 92543

(951) 929-0423

[www.ccuw.org](http://www.ccuw.org)

Volunteer service program provider for retired persons and seniors.

**City of Temecula Sports Division**

32380 Deer Hollow Way  
Temecula, CA 92592

(951) 302-4136

[www.cityoftemecula.org/Temecula/Residents/Sports](http://www.cityoftemecula.org/Temecula/Residents/Sports)

Offers sports programs for all ages including a senior softball league.

**Geri-Fit Company, LLC.**

P.O. Box 2522

Temecula, CA 92593

(951) 694-6873 or (888) GERI-FIT

Email: [info@gerifit.com](mailto:info@gerifit.com)

[www.gerifit.com](http://www.gerifit.com)

Improves strength, balance and arthritic conditions. Helps prevent osteoporosis by making bones and muscles stronger. Most of the exercises are performed seated in chairs.

**Mary Phillips Senior Center**

41845 6th Street  
Temecula, CA 92590  
(951) 694-6464

Email: [seniorcenter@cityoftemecula.org](mailto:seniorcenter@cityoftemecula.org)  
[www.cityoftemecula.org/Temecula/Residents/ParksFacilities/SeniorCenter](http://www.cityoftemecula.org/Temecula/Residents/ParksFacilities/SeniorCenter)

A focal point for an array of programs and services important to the quality of life for the seniors in our community. The center is a multipurpose facility and offers opportunities for involvement and companionship with a wide range of social, recreational, and educational programs promoting wellness.

**Pacific Flyway Charter**

7296 Isabella Villa Court  
Highland, CA 92346  
(888) 735-9929

Email: [charter@pflyway.com](mailto:charter@pflyway.com)  
[www.pflyway.com](http://www.pflyway.com)

Professional charter bus services to local casinos. Specialize in Daily Bingo trips to San Manuel Indian Bingo & Casino. Plus, can accommodate special group trips through Southern California. Future State-line, Laughlin and Las Vegas trips.

**The Tabby House Cat Rescue Senior for Seniors Adoption Program**

(951) 282-1074

Email: [thetabbyhousecatrescue@yahoo.com](mailto:thetabbyhousecatrescue@yahoo.com)  
[www.tabbycats.tripod.com](http://www.tabbycats.tripod.com)

Local, low fee senior cat adoption program.

## Safety

**Cool and Warm Centers at the Mary Phillips Senior Center**

41845 6th Street  
Temecula, CA 92590  
(951) 694-6464

Email: [seniorcenter@cityoftemecula.org](mailto:seniorcenter@cityoftemecula.org)  
[www.cityoftemecula.org/Temecula/Residents/ParksFacilities/SeniorCenter](http://www.cityoftemecula.org/Temecula/Residents/ParksFacilities/SeniorCenter)

A senior center and drop-in site for vulnerable individuals, seniors, the disabled, and others in need of temporary relief from hot or cold temperatures.

**Do Revive CPR & First Aid**

28935 Frankfort Lane  
Temecula, CA 92591  
(951) 201-0424

Email: [dorevivecpr@gmail.com](mailto:dorevivecpr@gmail.com)

CPR/AED and First Aid training and certification to caretakers, whether friends, family, and medical staff. Classes are available in English and Spanish at your location or mine.

**Riverside Transit Agency Senior  
Ambassador/Travel Training Program**

4080 Lemon Street, 3rd Floor

Riverside, CA 92501

(951) 565-5002 or (951) 787-7141

[www.rctc.org/commuters/transit/specialized-transit-providers](http://www.rctc.org/commuters/transit/specialized-transit-providers)

Free personalized travel training program for older adults and persons with disabilities. RCTC has long demonstrated a strong commitment to assist the mobility of those with special transit needs. Through this program: \*someone who is disabled can go to work on his or her own. \*Someone who is aged can shop at the neighborhood grocery store. \*Someone who is low on money can get to the doctor.

## Supportive Services

**AARP Foundation Tax-Aide**

200 S. Los Robles Avenue, Suite 400

Pasadena, CA 91101

(866) 448-3614

Email: [taxaide@aarp.org](mailto:taxaide@aarp.org)

[www.aarp.org/money/taxes/aarp\\_taxaide](http://www.aarp.org/money/taxes/aarp_taxaide)

Program designed to help low to moderate income adults over 60 with free tax services.

**Community Action Partnership of  
Riverside County (CA) Riverside**

2038 Iowa Avenue, Suite B-102

Riverside, CA 92507

(951) 955-4900

Email: [info@capriverside.org](mailto:info@capriverside.org)

[www.capriverside.org](http://www.capriverside.org)

CAP Riverside is an anti-poverty agency that assists low-income residents with: utility assistance, mediation, financial literacy, weatherization, conflict resolution, free tax preparation, and matched savings.

**In-Home Supportive Services**

1400 Minthorn Street

Lake Elsinore, CA 92530

(951) 245-3050

[www.dpss.co.riverside.ca.us](http://www.dpss.co.riverside.ca.us)

A program that helps pay for services provided to ensure that participants receive help while remaining safely at home.

**Inland Empire Home Health and Hospice**

27851 Bradley Road, Suite 125

Sun City, CA 92586

(951) 672-4829

Email: [info@IEHHH.ORG](mailto:info@IEHHH.ORG)

[www.iehhh.com](http://www.iehhh.com)

Home health and end of life non curative treatment services provider.

**National Caregivers Library**

901 Moorfield Park Drive, Suite 100

Richmond, VA 23236

(804) 327-1111

Email: [info@caregiverslibrary.com](mailto:info@caregiverslibrary.com)

[www.caregiverslibrary.org](http://www.caregiverslibrary.org)

National organization that provides tools and resources that address the needs of caregivers and their loved ones.



**Riverside County Office on Aging**

749 N. State Street

Hemet, CA 92543

(951) 791-3565

[www.rcaging.org](http://www.rcaging.org)

Aging and disability network and resource center.

**Safe Services for Seniors**

(714) 904-2902 or Toll Free: (866) 445-6748

Email: [ChristinaLMorrison@yahoo.com](mailto:ChristinaLMorrison@yahoo.com)

Free services for seniors surrounding independent living, assisted living and in home care needs.

**VisionAware Senior Site**

Email: [visionaware@afb.net](mailto:visionaware@afb.net)

[www.visionaware.org](http://www.visionaware.org)

Online community and directory for older adults who are losing their sight.

## Technical Resources

**American Red Cross Riverside County Chapter Lifeline**

6235 River Crest Drive Suite A

Riverside, CA 92507

(888) 831-0031

Email: [tdurica@oc-redcross.org](mailto:tdurica@oc-redcross.org)

[www.redcross.org/ca/riverside/local-programs-services/lifeline](http://www.redcross.org/ca/riverside/local-programs-services/lifeline)

The American Red Cross Lifeline program provides peace-of-mind and access to help around-the-clock. Lifeline is easy-to-use and reduces the risk of living alone. In the event of a fall or other emergency, help is literally available at the push of a button.

**AT Network**

(800) 390-2699 / TTY: (916) 325-1695

Email: [info@atnet.org](mailto:info@atnet.org)

[www.atnet.org](http://www.atnet.org)

The AT Network is dedicated to expanding the accessibility of tools, resources and technology that will help increase independence, improve personal productivity and enhance the quality of life for all Californians.

**Verizon Wireless Nationwide 65 Plus Plans**

(800) 922-0204

[www.verizonwireless.com/b2c/plan/nationwide-65-plus](http://www.verizonwireless.com/b2c/plan/nationwide-65-plus)

Cell phone program with pricing and plans designed for adults over 65.

## Therapeutic Services

### **Perpetual Motion Physical Therapy**

28975 Old Town Front Street Suite 201

Temecula, CA 92590

(951) 595-1738

Email: [cpoolman@pmpttemecula.com](mailto:cpoolman@pmpttemecula.com)

[www.pmpttemecula.com](http://www.pmpttemecula.com)

Support pain reduction and swelling, the restoration of mobility and correct functioning as well as assisting patients in reaching their goals as well as the goals their physician and physical therapist.



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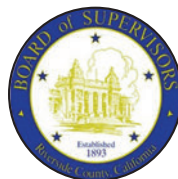


# Special Needs Services

The Community Services Department is committed to providing programs and opportunities for individuals with disabilities. In that effort, our staff is available to work closely at meeting the needs of youth and adults with special needs who participate in city programs or activities. Our goal is to ensure that all individuals with special needs receive the same quality experience, access to community programs, and full participation in our community events. Please direct questions/comments to Yvette Martinez at (951) 694-6480.



Southwest California  
Autism Task Force



# Autism Task Force

The Southwest California Autism Task Force is a group of elected officials from cities in Southwest Riverside County who have joined together to find solutions to the difficulties faced by individuals and families affected by autism.

The Special Needs Services section has been dedicated by the Southwest California Autism Task Force.

# Advocacy

## **Advocacy office of Theresa Sester**

41593 Winchester Road #200

Temecula, CA 92592

(951) 251-4437

Email: [theresa@4iephelp.org](mailto:theresa@4iephelp.org)

[facebook.com/4iephelp](https://facebook.com/4iephelp)

Helps families navigate the special needs educational system, develop individualized Education Programs and understand their children's rights under the Individuals with Disabilities Education Improvement Act.

## **Another Way**

1365 S. Waterman Ave

San Bernardino, CA 92408

(909) 890-3045

Email: [AnotherWayIRC@gmail.com](mailto:AnotherWayIRC@gmail.com)

[www.AnotherWayIRC.com](http://www.AnotherWayIRC.com)

Helping Children & Adults with Developmental Disabilities.

## **Ask My Advocate**

41593 Winchester Road #200

Temecula, CA 92530

Contact: Araceli Barriga (951) 436-8534

Email: [askmyadvocate@yahoo.com](mailto:askmyadvocate@yahoo.com)

[www.askmyadvocate.org](http://www.askmyadvocate.org)

## **Autism Hwy**

Email: [info@autismhwy.com](mailto:info@autismhwy.com)

[www.autismhwy.com](http://www.autismhwy.com)

Autismhwy.com hopes to empower our community by allowing people to connect, learn and showcase what each can contribute. Their mission is to promote friendship through common understanding.

## **Autism Research Institute (ARI)**

(866) 366-3361 or Spanish (877) 644-1184 ext. 5

[www.autism.com](http://www.autism.com)

Provides parents and caretakers of those with autism with conferences, e-newsletters, online discussion forums, and support lines. Resources for adults with ASD are also offered.

## **Autism Society of the Inland Empire**

2276 Griffin Way Suite 105-194

Corona, CA 92879

(951) 220-6922

Email: [ieautism@att.net](mailto:ieautism@att.net)

[www.ieautism.org](http://www.ieautism.org)

## **California Advocates for Long-Term Care Medical Assistance (CALMA)**

387 Magnolia Avenue #103-336

Corona, CA 92879-3308

(877) CALMA-02 or (877) 225-6202

[www.calma4u.org](http://www.calma4u.org)

Serves older adults and persons with disabilities at-risk throughout California. CALMA's mission is to promote empowerment, prevent abuse and advocate for the rights and dignity of those experiencing health and aging issues.

## **California Department of Education**

(800) 926-0648

[www.cde.ca.gov/sp/se/fp](http://www.cde.ca.gov/sp/se/fp)

Provides technical assistance information and resources for parents, school districts, advocates, agencies and others of procedural safeguards regarding students between ages 3 and 21 with disabilities and their educational rights.



**Center for Deafness - Inland Empire (CODIE)**

3576 Arlington Avenue Suite 211  
Riverside, CA 92506  
(951) 275-5000 / TDD: (951) 275-0640  
[codie.org](http://codie.org)

**Community Access Center**

6848 Magnolia Avenue Suite 150  
Riverside, CA 92506  
(951) 274-0358  
[www.ilcac.org](http://www.ilcac.org)

**Down Syndrome Association of Inland Empire**

30295 Morse Road  
Hemet, CA 92544  
(951) 852-1054  
Email: [dsahemet@ymail.com](mailto:dsahemet@ymail.com)  
[www.dsaie.org](http://www.dsaie.org)  
Our mission is to promote public awareness and community acceptance, provide advocacy, resources, and support to families and individuals affected by Down Syndrome. We also want to empower individuals with Down Syndrome to reach their full potential.

**Down Syndrome Family Support of Temecula Valley**

[209.234.213.39/WebCalendar/ESFRN/English/EventDetails.aspx?id=2086](http://209.234.213.39/WebCalendar/ESFRN/English/EventDetails.aspx?id=2086)

**Epilepsy Foundation of Greater Los Angeles**

5777 W. Century Blvd Suite 820  
Los Angeles, CA 90045  
(800) 564-0445 or (310) 670-2870  
[www.epilepsyfoundationla.org](http://www.epilepsyfoundationla.org)  
The Epilepsy Foundation of Greater Los Angeles will ensure that people with seizures are able to participate in all life experiences; and will prevent, control and cure epilepsy through services, education, advocacy and research.

**Fiesta Familiar**

163 South Ave Suite 201  
Los Angeles, CA 90031  
(323) 221-6696  
Email: [info@fiestaeducativa.org](mailto:info@fiestaeducativa.org)  
[www.fiestaeducativa.org](http://www.fiestaeducativa.org)  
Educational program designed for families of persons with special needs and developmental disabilities

**Inland Regional Center**

1365 S. Waterman Ave  
San Bernardino, CA 92408  
(909) 890-3000  
[www.INLANDRC.org](http://www.INLANDRC.org)  
Coordinates with generic service agencies to normalize the lives of people with developmental disabilities and their families by working to include them in the everyday routines and life rhythms of the community by facilitating needed supports for them.

**Interactive Autism Network (IAN)**

[www.ianproject.org](http://www.ianproject.org)

**National Alliance on Mental Illness (NAMI) - Western Riverside**

3839 Brockton Ave  
Riverside, CA 92507  
(951) 345-1193 or (951) 686-5484  
Email: [namihemet@gmail.com](mailto:namihemet@gmail.com)  
[www.NAMIRiverside.org](http://www.NAMIRiverside.org)  
NAMI Western Riverside provides a way for families and friends to assist each other and provide emotional support in times of crisis as well as during daily coping with a mental illness diagnosis.

**No Barriers**

24750 Fair Dawn Lane  
Moreno Valley, CA 92557  
(951) 247-8150  
Email: [Knowbarriers@yahoo.com](mailto:Knowbarriers@yahoo.com)  
Disabled Access Compliance Consulting & Advocacy Services.



**Our Nicholas Foundation (ONF)**

31493 Rancho Pueblo Road #205

Temecula, CA 92592

(951) 303-8732

Email: TeamONF@gmail.com

[www.OurNicholasFoundation.org](http://www.OurNicholasFoundation.org)

ONF's primary mission is to increase awareness of Autism and to provide financial support for education, therapies, families and research organizations that enrich the lives of children with Autism Spectrum Disorders.

**SEARCH Family Autism Resource Center**

UC Riverside

Riverside, CA

(951) 827-3849

[www.searchcenter.ucr.edu](http://www.searchcenter.ucr.edu)

**State Council on Development Disabilities**

1507 21st Street Suite 210

Sacramento, CA 95811

(916) 322-8481

[www.scdd.ca.gov](http://www.scdd.ca.gov)

The State Council on Developmental Disabilities (SCDD) is established by state and federal law as an independent state agency to ensure that people with developmental disabilities and their families receive the services and supports they need.

**Systems Change Network (SCNet)**

1234 H Street #100

Sacramento, CA 95814

(916) 325-1690

The SCNet calls to action the California Disability Communities and allies, through community organizing, advocacy, education, leadership development and coalition building to effect systems change in local, state and national issues.

**Team of Advocates for Special Kids (TASK)**

4164 Brockton Avenue

Riverside, CA 92501

(951) 328-1200 / Fax: (951) 328-8738

Email: taskca@yahoo.com

[www.taskca.org](http://www.taskca.org)

Provides assistance in seeking and obtaining necessary education, early intervention, medical, and therapeutic support services.

**Temecula Valley Civitan**

30139 Heritage Street

Murrieta, CA 92563

Contact: Pierre Turgeon (951) 252-5493

Email: PierreT100@yahoo.com

[www.civitan.org](http://www.civitan.org)

They are a non-profit agency and work with the developmentally disabled. They are a worldwide organization.

**The Epilepsy Center**

6185 Magnolia Avenue Suite 63

Riverside, CA 92506

(951) 281-9892

Email: Lgarrison@TheEpilepsyCenter.org

[www.theepilepsycenter.org](http://www.theepilepsycenter.org)

**United Cerebral Palsy of the Inland Empire**

35-325 Date Palm Dr Suite 139

Cathedral City, CA 92234

(760)321-8184

[www.ucpie.org](http://www.ucpie.org)

Educates, advocates and provides support services to ensure a life without limits for people with a spectrum of disabilities.

**Unlocking Autism**

(866) 366-3361

[www.unlockingautism.org](http://www.unlockingautism.org)

Assists parents via a national call center providing 24 hour parent-to-parent phone support hotline. Also provides education on issues related to autism and a network to assist parents of children newly diagnosed with autism.

## Educational Resources

### *Online Education*

**ABA4Autism**

[www.aba4autism.com](http://www.aba4autism.com)

They offer a 10 hour, online ABA course for caregivers and professionals about the basics of applied behavioral analysis and how to manage behavioral problems in their children.

### *Post-Secondary Education*

**California Baptist University**

(951) 689-5771

[www.calbaptist.edu](http://www.calbaptist.edu)

**California State University, San Bernardino**

(909) 537-5000

[www.csusb.edu](http://www.csusb.edu)

**College Internship (CIP)**

4510 E. Pacific Highway Suite 450

Long Beach, CA 90804

(562) 961-9250 ext. 223

[www.ciplongbeach.org](http://www.ciplongbeach.org)

CIP's full-year postsecondary programs provide young adults with Asperger's, and other Learning Disabilities with the social, academic, career, and life skills necessary for success.

**Chaffey Community College**

(909) 980-6490

[www.chaffey.edu](http://www.chaffey.edu)

**College of the Desert**

(760) 346-8041

[www.collegeofthedesert.edu](http://www.collegeofthedesert.edu)

**Crafton Hills Community College**

(909) 794-2161

[www.sbccd.org](http://www.sbccd.org)

**DeVry University**

1090 E. Washington Street Suite H

Colton, CA 92324

(909) 514-1808

[www.devry.edu](http://www.devry.edu)

DeVry University Colton Center offers undergraduate and graduate degree programs.

**Loma Linda University**

(909) 558-8161

[www.llu.edu](http://www.llu.edu)

**Mt. San Jacinto Community College**

(951) 487-6752

[www.msjc.edu](http://www.msjc.edu)

**Palo Verde Community College**

(760) 921-5500

[www.paloverde.edu](http://www.paloverde.edu)

**Riverside Community College**

(951) 222-8000

[www.rcc.edu](http://www.rcc.edu)

**San Bernardino Valley College**

(909) 888-6511

[www.valleycollege.edu](http://www.valleycollege.edu)

**The Art Institute of California - Inland Empire, a campus of Argosy University**

674 E. Brier Drive

San Bernardino, CA 92408-2800

(909) 915-2100 or Toll Free: (800) 353-0812

[www.argosy.edu/inland-empire-california/default.aspx](http://www.argosy.edu/inland-empire-california/default.aspx)

Offers year-round diploma, associate's and bachelor's degree programs.

**University of California, Riverside**

(951) 787-1012

[www.ucr.edu](http://www.ucr.edu)

## *Schools*

**Autism Link**

[www.autismlink.com](http://www.autismlink.com)

They offer a discussion board, along with a list of resources for homeschooling.

**Big Springs Center & School**

11650 Perris Blvd

Moreno Valley, CA 92557

(951) 488-0404

[www.bigspringscenterandschool.org](http://www.bigspringscenterandschool.org)

**Big Springs Center & School**

24977 Washington Avenue Suite K

Murrieta, CA 92562

(951) 304-9656

[www.bigspringscenterandschool.org](http://www.bigspringscenterandschool.org)

**California School for the Deaf, Riverside (CSDR)**

3044 Horace Street

Riverside, CA 92506

(951) 248-7700

[www.csdrcde.ca.gov](http://www.csdrcde.ca.gov)

**Carolyn E. Wylie Center for Children, Youth & Families**

4011 14th Street

Riverside, CA 92501

(951) 680-1247

[www.wyliecenter.org/locations.htm](http://www.wyliecenter.org/locations.htm)

They provide the highest quality educational programs and therapeutic services to meet the needs, goals and hopes of individuals with special learning, emotional and developmental needs.

**Oak Grove**

24275 Jefferson Avenue

Murrieta, CA 92562

(951) 677-5599

[www.oak-grove.org](http://www.oak-grove.org)

Provide school and therapy programs to rebuild the lives of at-risk children and their families.

**River Springs Charter School**

43466 Business Park Drive

Temecula, CA 92590

(951) 252-8800

[www.riverspringscharter.org](http://www.riverspringscharter.org)

Offers a wide range of educational opportunities and programs to help your child achieve his or her highest potential.

## *Special Education*

**Ask My Advocate**

41593 Winchester Road #200

Temecula, CA 92530

Contact: Araceli Barriga: (951) 436-8534

Email: askmyadvocate@yahoo.com

[www.askmyadvocate.org](http://www.askmyadvocate.org)

They assist students getting eligibility for special education under any disability, putting together and IEP/504 that meets the students unique needs.

**Community Advisory Committee**

975 W. Morgan Street Building F, Rooms A&B

Perris, CA 92571

[www.rcselpa.org](http://www.rcselpa.org)

They establish a networking system between the school and the community to involve interested parents, students, teachers, educational specialists and consultants

**Riverside County SELPA**

2935 Indian Avenue

Perris, CA 92571

(951) 490-0375

[www.rcselpa.org](http://www.rcselpa.org)

They work with 22 school districts and other public agencies throughout Riverside County to make available a full continuum of special education services.

**Professional Tutors of America, Inc.**

3350 E. Birch Street Suite 108

Brea, CA 92821

Contact: Yvette Romero: (800) 832-2487

Email: yvette@professional tutors.com

[www.professionaltutors.com](http://www.professionaltutors.com)

Services are provided on a one-to-one basis, direct to the home, hospital, or facility by a credentialed special education teacher.

**TVUSD Special Education**

31350 Rancho Vista Road

Temecula, CA 92592

(951) 506-7981

[www.tvusd.k12.ca.us/sped\\_overview](http://www.tvusd.k12.ca.us/sped_overview)

They have developed programs within their schools that are specially designed instruction to meet the unique needs of individuals with exceptional needs.

**TVUSD Transition Services/Workability**

31350 Rancho Vista Road

Temecula, CA 92592

Contact: Bridget Denton/Tracy Hunter (951) 506-7070

Email: bdillon-denton@tvusd.k12.ca.us or  
thunter@tvusd.k12.ca.us

## *Learning Assistance*

**Special Needs Tutoring**

(877) 97-TUTOR

[www.specialneedstutoringusa.com](http://www.specialneedstutoringusa.com)

They support individuals, adults, students, families, educators, and professionals dealing with learning disabilities, including dyslexia.

**Basic Educational Services Team (BEST)**

28307 Newport Road

Menifee, CA 92584

(866) 804-2378

Email: [basicedservices@verizon.net](mailto:basicedservices@verizon.net)

[www.basicedservices.com](http://www.basicedservices.com)

Provide one-on-one tutoring for reading or math. Teaching may be at the student's home, local library, or community center.

**BreakThrough Student Assistance Program**

Contact: Dean Lesicko (951) 677-0568 ext. 6479

[www.murrieta.k12.ca.us/page/315](http://www.murrieta.k12.ca.us/page/315)

They help students make it through school safely and successfully.

**Braille Institute**

70251 Roman Rd

(760) 321-1111

[www.brailleinstitute.org](http://www.brailleinstitute.org)

Offer individualized instruction to those with low vision on getting around town safely, magnification and lighting tips, and more.

**Brain Works**

(951) 553-3143

Email: [brainworks4Learning@gmail.com](mailto:brainworks4Learning@gmail.com)

[www.brain-works.net](http://www.brain-works.net)

Classes offered by Mary Mollway, licensed Brain Gym Instructor, reading intervention teacher, and former Direct of the New Vision Autism Center.

**Temecula Public Library Special Needs Access Public Library: S.N.A.P.L**

30600 Pauba Road

Temecula, CA 92592

(951) 693-8900

[www.temeculapubliclibrary.org](http://www.temeculapubliclibrary.org)

Designed for families with children with special needs. Ages 2-5, space is limited, please arrive early to best ensure seating.

## *Learning Disabilities*

**International Dyslexia Association, Inland Empire Branch**

5225 Canyon Crest Drive Suite 71-308

Riverside, CA 92507

(951) 686-9837

[www.dyslexia-ca.org](http://www.dyslexia-ca.org)

Their focus is to support and benefit individuals, adults, students, families, educators, and professionals dealing with learning differences, including dyslexia.

## *Learning Materials*

**Autism Teaching Tools**

[www.autismteachingtools.com](http://www.autismteachingtools.com)

A practical source of information and teaching tips to help parents and professionals working with children on the autism spectrum.

**Children's Opportunity for Brilliance (COB)**

2192 Martin Ave Suite 155

Irvine, CA 92612

Contact: JoQueta Handy: office (951) 252-1228 cell (818) 391-6713

Email: [joqueta@gmail.com](mailto:joqueta@gmail.com)

[www.speechandmotion.com](http://www.speechandmotion.com)

Provide tools to educate, empower and support children, parents, families and educators, whose lives are directly or indirectly impacted by Autism Spectrum Disorders and other learning disabilities.

**Different Roads to Learning**

[www.difflearn.com](http://www.difflearn.com)

An online store that provides products to support, educate and inspire teachers, families and individuals affected by Autism Spectrum Disorder.

**Do2Learn**

[www.do2learn.com](http://www.do2learn.com)

They provide thousands of pages of social skills and behavioral regulation activities and guidance, learning songs and games, communication cards, academic material, and transition guides for employment and life skills.

**Super Duper Publications**

[www.superduperinc.com](http://www.superduperinc.com)

An online store and catalog that includes learning materials such as educational material, assessments, material for speech and occupational therapy all for children with special needs.

**Tuned in to Learning**

[www.tunedintolearning.com](http://www.tunedintolearning.com)

A comprehensive music-assisted learning curriculum for special education, designed to help children and teens with autism, Down Syndrome, other learning needs.

## *Online Resources for Teaching*

**ABA Resources LTD.**

[www.abaresources.com](http://www.abaresources.com)

Providing practical resource materials for families and professionals using educational strategies for children with autism and to deliver ABA services to families through the provision of resource materials at a free and/or affordable cost.

**Autism 4 Teachers**

[www.autism4teachers.com](http://www.autism4teachers.com)

Find helpful materials and information to help your student or child with autism.

**Autism Classroom**

[www.autismclassroom.com](http://www.autismclassroom.com)

The materials are directly related to the strategies and suggestions in AutismClassroom.com's book How to Set Up a Classroom for Students with Autism.

**F.A.C.E.S. (Functional Academic Curriculum for Exceptional Students)**

[eweb.esc3.net/index.php/3-lid-resources-and-web-links/670-faces-curriculum-resources](http://eweb.esc3.net/index.php/3-lid-resources-and-web-links/670-faces-curriculum-resources)

Lesson plans and curriculum for teachers to be used as a resource for instructional activities.

**Positively Autism**

[www.positivelyautism.com/free](http://www.positivelyautism.com/free)

Positively Autism has a collection of Autism ABA materials, lesson plans, data sheets, games, work tasks, and other educational resources for students with autism.

**Teach2Reach**

[www.teach2reach.com/subdirectoryspecialeducation.htm](http://www.teach2reach.com/subdirectoryspecialeducation.htm)

They have a section for special education which provides printable worksheets, same IEP goals, materials that help teach the goals, and special education support materials for teachers.

**Touch Math**

[www.touchmath.com](http://www.touchmath.com)

Provide a multisensory program that uses its signature TouchPoints to engage students of all abilities and learning styles.

**Visual Aids for Learning**

[www.visualaidsforlearning.com/products/index.htm](http://www.visualaidsforlearning.com/products/index.htm)

Provide downloadable visuals to help people learn everyday activities. The images are ideal for children, particularly those with learning difficulties. Where appropriate, the images are gender specific.



## *Child Development Services*

### **Child Development Consultant**

41120 Elm Street Suite 109

Murrieta, ca 92562

(818) 687-1106

Email: starbuck.kelly@yahoo.com

They specialize in assessment, program development, and direct intervention services which include: play skills and development, psychosocial development, languages, and other services to children 18 months to 16 years old.

### **Murrieta and Temecula Head Start / Start Preschool - Riverside County Office of Education**

41951 Moraga Road, Temecula / 24980 Las Brisas Road, Murrieta

Temecula/Murrieta, CA 92591/92562

Dayana Williams, Community Assistant / Kymberly Russell, Site Manager Temecula (951) 826-4235 or Murrieta (951) 600-5680

Email: dtwilliams@rcoe.us

[www.rcoe.us](http://www.rcoe.us)

Our core mission is to better prepare children to enter kindergarten, be successful in school, and build on these principles for the rest of their life.

## *School Districts*

### **Hemet Unified School District - Special Education**

1791 W. Acacia Ave

Hemet, CA 92545

(951) 765-5100

[www.hemetusd.k12.ca.us.edserv/speced](http://www.hemetusd.k12.ca.us.edserv/speced)

Provide services to all schools in the Hemet Unified School District. Staff provides leadership, and support regarding curriculum, assessment, staff development, special projects and all programs.

### **Lake Elsinore Unified School District - Special Education**

545 Chaney Street

Lake Elsinore, CA 92530

(951) 253-7000

[www.special-education.leusd.schoolfusion.us](http://www.special-education.leusd.schoolfusion.us)

They offer services and program options that provide children with exceptional needs access to a free, appropriate public education in the least restrictive environment.

### **Murrieta Unified School District - Special Education**

41870 McAlby Court

Murrieta, CA 92562

(951) 696-6000 Ext. 1020

[www.murrieta.k12.ca.us/Page/296](http://www.murrieta.k12.ca.us/Page/296)

They provide children with exceptional needs access to a free, appropriate public education. Services include: specialized academic, instruction, speech and language therapy, and more for students 3-5.

### **Perris Unified School District - Special Education**

1151 N. A Street

Perris, CA 92570

(951) 943-6531 Ext. 81302

They support our school sites with a wide variety of services, programs and resources. The standards-based instructional program builds on the skills and knowledge that each student brings to us.

### **Temecula Valley Unified School District**

31350 Rancho Vista Road

Temecula, CA 92592

(951) 671-2661

[www.tvusd.k12.ca.us](http://www.tvusd.k12.ca.us)

The Temecula Valley Unified School District offers general information including budget, test scores, boundaries, governing board, list of schools and more.

## Supported Employment Resources

### **California Department of Rehabilitation**

3130 Chicago Avenue  
Riverside, CA 92507  
(951) 782-6650

[www.rehab.cahwnet.gov](http://www.rehab.cahwnet.gov)

They provide services and advocacy resulting in employment, independent living, and equality for individuals with disabilities.

### **California Department of Rehabilitation**

27555 Ynez Road, Suite 310  
Temecula, CA 92591-4678  
(951) 693-4451

[www.rehab.cahwnet.gov](http://www.rehab.cahwnet.gov)

### **Career and Employment Guide for Job Seekers and Employees with Disabilities**

Email: [rjacobs@pcc.edu](mailto:rjacobs@pcc.edu)

[www.spot.pcc.edu/~rjacobs/career/new\\_page\\_2.htm](http://www.spot.pcc.edu/~rjacobs/career/new_page_2.htm)

A career and employment guide intended to assist in searching, preparing, planning and maintaining a career.

### **Care-Rite Vocational Services**

40880 County Center Drive, Suite M  
Temecula, CA 92591-6024  
(951) 719-3377

A supported work program for adults with developmental disabilities.

### **Center for Employment Training (CET)**

27941 Jefferson Avenue  
Temecula, CA 92590  
(951) 699-8180

Email: [temecula@cet2000.org](mailto:temecula@cet2000.org)

[www.cetweb.org](http://www.cetweb.org)

Provide people with marketable skills, training and support services that contribute to self-sufficiency to promote human development and education

### **EXCEED**

2050 Trumble Road  
Perris, CA 92572  
(951) 657-0609 or (800) 423-1227

[www.exceed-aws.com](http://www.exceed-aws.com)

Provide work adjustment, work experience, sheltered employment, job readiness, job coaching, and placement services for individuals with any disabling conditions, ages 18 and older.

### **Habilitation Services**

(909) 890-3422

### **Regional Occupational Program**

3939 Thirteenth Street  
Riverside, CA 92502-0868  
(951) 826-6810

### **Riverside County Greater Avenue for Independence (GAIN)**

[www.gain-riverside.org](http://www.gain-riverside.org)

Serve the taxpayer of Riverside County by reducing welfare dependency thus making tax dollars available for more productive expenditures.

**Toward Maximum Independence  
Employment Solutions (TMI)**

41707 Winchester Road, Suite 304  
Temecula, CA 92590  
(951) 296-2090  
[www.tmi-inc.org/cms](http://www.tmi-inc.org/cms)

**Transition Partnership Project**

(951) 826-6769  
Email: lsmith@rcoe.us  
[www.rcoe.k12.ca.us/studentPrograms/transitionPartner.html](http://www.rcoe.k12.ca.us/studentPrograms/transitionPartner.html)

**Westview Employment Services**

27576 Commerce Center Drive Suite 103  
Temecula, CA 92590  
(951) 699-0047 /Fax: (951) 699-0844  
[www.westviewservices.org/employment.aspx](http://www.westviewservices.org/employment.aspx)  
Offer the community an invaluable service by linking businesses with a qualified pool of willing workers.

**WorkAbility**

Job Developer, Tracy Hunter  
Job Coac, Bridget Dillon-Denton  
(951) 506-7070

**Arttism.org**

42072 Fifth Street #202A  
Temecula, CA 92590  
(951) 240-5500  
Email: admin@attism.org  
[www.arttism.org](http://www.arttism.org)  
Sell merchandise featuring artwork of artists with Autism and use those proceeds to help autistic youth find jobs and housing as they reach adulthood.

**Cole Vocational Services  
Murrieta, CA 92563**

(855)636-8672  
[test-ct.thementornetwork.com](http://test-ct.thementornetwork.com)  
Provide day habilitation and employment services to adults with developmental disabilities in both center- based and community-based programs.

**Client Assistance Program**

(800) 776-5746 / TTY: (800) 719-5798  
[www.disabilityrightsca.org](http://www.disabilityrightsca.org)  
Provide information, advice and advocacy to help people with disabilities get rehabilitation services, training, and a job.

**Fiesta Educativa Community-based  
Employment Program**

(323) 221-6696 ext. 110  
Email: mlugo@fiestaeducativa.org  
[www.fiestaeducativa.org](http://www.fiestaeducativa.org)  
To provide persons with disabilities unique skills to volunteer in their community and/or maximize opportunities for gainful employment.

**U.S. Department of Labor: Office of  
Disability Employment Policy (ODEP)**

(866) 327-6669  
[www.dol.gov/odep](http://www.dol.gov/odep)

## Equipment, Supplies & Products

### **ATG Rehab**

12627 Hidden Creek Way  
Cerritos, CA 90703  
(562) 921-0258 Fax: (562) 921-3730

[www.atgrehab.com](http://www.atgrehab.com)

ATG Rehab provides comprehensive range of Mobility & Seating Solutions including: Wheelchairs, Adaptive Seating, Scooters, Ambulatory, Bathing and Standing Aides.

### ***Sensory Products***

### **Abilities Expo**

2601 Ocean Park Blvd, Suite 200  
Santa Monica, CA 90405  
(951) 247-8150

Email: [knowbarriers@yahoo.com](mailto:knowbarriers@yahoo.com)

[www.abilitiesexpo.com](http://www.abilitiesexpo.com)

### **Pacific Pediatric Supply**

[www.pacificpediatricsupply.com](http://www.pacificpediatricsupply.com)

Pacific Pediatric Supply is a family run therapy supply company specializing in sensory integration products, oral motor supplies, weighted therapy items and learning aids for children with special needs.

### **Playaway Toy Company, Inc.**

[www.playawaytoy.com](http://www.playawaytoy.com)

### **Pocket Full of Therapy**

[www.pfot.com](http://www.pfot.com)

PFOT has an online catalog intended to assist Occupational Therapists and others, concerned with the development of children, find the unique materials needed to provide effective, appropriate, motivating and fun, pediatric therapy and learning.

### **Therapro**

(800) 257-5376

[www.therapro.com](http://www.therapro.com)

Therapro provides therapists, teachers, parents and other caregivers with the highest quality and most economical therapeutic and educational resources for all ages and abilities, from kids to adults.

## Government Agencies

### **California Department of Education**

P.O. Box 944202

Sacramento, CA 94244-2020

(880) 515-2229

Email: [earlystart@dds.ca.gov](mailto:earlystart@dds.ca.gov)

[www.dds.ca.gov/earlystart](http://www.dds.ca.gov/earlystart)

Provides information about services and make arrangements to have the child assessed to see if a child qualifies for special services.

### **National Information Center for Children and Youth with Disabilities (NICHCY)**

P.O. Box 1492

Washington DC

(800) 695-1492

Email: [nichcy@aed.org](mailto:nichcy@aed.org)

[www.nichcy.org](http://www.nichcy.org)

Inform parents with children with disabilities through information and publications about raising children with disabilities as well as the rights of children with disabilities

### **State Council on Developmental Disabilities**

1507 21st Street Suite 210

Sacramento, CA 95814

(916) 322-8481

[www.scdd.ca.gov](http://www.scdd.ca.gov)

The council advocates, promotes, and implements, policies and practices that achieve independence and inclusion for people who have developmental disabilities in their family.

## Health Care Services

### ***Chiropractors***

#### **Neuro-Edge - Marty Carlson, D.C.**

25032 Las Brisas Road Unit A

Murrieta, CA 92562

(951) 304-2242

[www.neuroedgechiropractic.com](http://www.neuroedgechiropractic.com)

Provides chiropractic care, Interactive Metronome, massage therapy, and nutrition services.

### ***Counseling, Psychological & Mental Health***

#### **A.C.C.E.S.S - Dr. Kathleen Kitlowski**

Murrieta, CA

(951) 252-4065

**Briese Learning Experience**

37501 Windsor Court

Murrieta, CA 92562

(951)461-9364

Email: BJBriese@verizon.net

[www.barbarabriese.com](http://www.barbarabriese.com)

The Briese Learning Experience has a licensed educational psychologist that offers psychological and educational assessments of learning abilities and provides comprehensive educational services for toddlers through teens.

**Inland Psychiatric Medical Group, Inc. - Murrieta**

41670 Ivy Street Suite C & D

Murrieta, CA 92562

(951) 696-5220

[www.inlandpsych.com](http://www.inlandpsych.com)

A collaborative practice of psychiatrists and therapists qualified to provide psychiatric and psychotherapy services. Services are available to children, adolescents, and adults.

**Inland Psychiatric Medical Group, Inc. - Hemet**

1001 E. Latham Avenue Suite A & D

Hemet, CA 92543

(951) 652-8107

[www.inlandpsych.com](http://www.inlandpsych.com)

A collaborative practice of psychiatrists and therapists qualified to provide psychiatric and psychotherapy services. Services are available to children, adolescents, and adults.

**Inland Psychiatric Medical Group, Inc. - Temecula**

31493 Rancho Pueblo Road Suite 203

Temecula, CA 92562

(951) 302-0200

[www.inlandpsych.com](http://www.inlandpsych.com)

A collaborative practice of psychiatrists and therapists qualified to provide psychiatric and psychotherapy services. Services are available to children, adolescents, and adults.

**International Bipolar Foundation**

[www.internationalbipolarfoundation.org](http://www.internationalbipolarfoundation.org)

Not for profit organization based in San Diego whose mission is to eliminate Bipolar Disorder through the advancement of research; to promote and enhance care and support services; and to erase associated stigma through public education.

**Mitch Rosen, MFT**

43537 Ridge Park Drive Suite 202

Temecula, CA 92590

(951) 736-6611

[www.mrosenmft.com](http://www.mrosenmft.com)

Mitch Rosen provides therapy for individuals, couples, and families. Rosen is experienced in working with special needs children including those with ADHD, learning disabilities, anger control and poor social skills.

**Terri Phillips, MFT**

32605 Temecula Parkway Suite 206

Temecula, CA 92592

(909) 730-0410

[terriphillipsmft.com](http://terriphillipsmft.com)



**Riverside County Department of Mental Health**

650 North State Street  
Hemet, CA 92542  
(951) 791-3300

[rcdmh.org](http://rcdmh.org)

The RCDMH exists to provide services to adults and children who have or are at risk of developing mental illnesses or substance abuse problems; as well as to individuals on conservatorship.

**Riverside County Department of Mental Health**

31946 Mission Trail Suite B  
Lake Elsinore, CA 92530  
(951) 245-7663

[rcdmh.org](http://rcdmh.org)

**Riverside County Department of Mental Health**

950 Ramona Blvd Suite 2  
San Jacinto, CA 92582  
(951) 487-2674

[rcdmh.org](http://rcdmh.org)

**Riverside County Department of Mental Health**

41002 County Center Drive Suite 320  
Temecula, CA 92591  
(951) 600-6355

[rcdmh.org](http://rcdmh.org)

## *Dentists*

**Donald Schiess, DDS**

39872 Los Alamos Road  
Murrieta, CA 92562  
(951) 698-8418

Donald Schiess offers general dentistry services such as oral examinations, cleanings and teeth straightening. Please call his office for more information.

## *Doctors*

**Pediatric Partners**

27699 Jefferson Avenue Suite 102  
Temecula, CA 92590  
(951) 252-8588

[www.pediatricpartners.net](http://www.pediatricpartners.net)

Board Certified team of pediatricians who offer diversity, serve the community, and seek innovation by providing quality healthcare. Serving the areas of Corona, Lake Elsinore, Menifee, Hemet, Temecula, and Fallbrook.

## *Health Care Centers*

**Arthritis Foundation - San Diego and Southwest Riverside County Branch**

8555 Aero Drive, Suite 200  
San Diego, CA 92123  
(858) 492-1090

Email: [ncoate@arthritis.org](mailto:ncoate@arthritis.org)

[www.arthritis.org](http://www.arthritis.org)

Provide programs and services for those afflicted with arthritis: exercise programs, educational programs, and services for children afflicted with arthritis.

**Autism Discovery Institute**

25485 Medical Center Drive Suite 100  
Murrieta, CA 92562  
(858) 966-7453

Email: [autismservices@rchsd.org](mailto:autismservices@rchsd.org)

[www.rchsd.org/autism](http://www.rchsd.org/autism)

The Autism Discovery Institute is a state-of-the-art facility providing comprehensive services and advanced research into autism spectrum disorders. Here, you'll find all of Rady Children's renowned diagnostic and treatment services under one roof.

**Hope Hospice and Health Care, Inc.**

29826 Haun Road Suite 108

Sun City, CA 92586

(951) 679-8872

Email: [jmoore@thehopehospice.com](mailto:jmoore@thehopehospice.com)

[www.thehopehospice.com](http://www.thehopehospice.com)

Hope Hospice provides comfort and care for patients with a life limiting illness in Southwest Riverside County. Hospice care is provided by an interdisciplinary team of professionals lead by a Palliative Care Certified Physician.

**Loma Linda University Medical Center - Murrieta**

28062 Baxter Road

Murrieta, CA 92563

(951) 290-4000

[www.llumcmurrieta.org](http://www.llumcmurrieta.org)

**Loma Linda University Medical Center  
Outpatient Pediatric Rehabilitation**

11406 Loma Linda Drive

Loma Linda, CA 92354

(909) 558-6144

[www.lomalindahealth.org/east-campus](http://www.lomalindahealth.org/east-campus)

Pediatric rehabilitation provides therapy in a child-friendly environment. The therapists working with our children are trained pediatric specialists. Children seen may have been diagnosed with: head injury, Cerebral Palsy, other conditions.

**Molina Healthcare**

200 Oceangate Suite 100

Long Beach, CA 90802

(562) 499-6191

[www.molinahealthcare.com](http://www.molinahealthcare.com)

Molina Healthcare is a multi-state healthcare organization with flexible care delivery systems focused exclusively on government-sponsored healthcare programs for low income families and individuals.

**Neighborhood Healthcare**

41715 Winchester Road Suite 106

Temecula, CA 92591

(951) 694-9449

[www.nhcare.org](http://www.nhcare.org)

Hours: Mon-Fri: 7:30am - 4:30pm, except  
Tues: 7:30am - 7:30pm. All ages, primary & preventive health care, pediatrics, behavioral health/psychiatry and healthy families/Medical Application Assistance.

**Rady Children Hospital Children's  
Specialists- Murrieta**

25485 Medical Center Drive Suite 100

Murrieta, CA 92562

(951) 600-1640

[www.cssd.us](http://www.cssd.us)

**Sunrise Complimentary Medical Center**

41661 Enterprise Circle North Suite 113

Temecula, CA 92490

(951) 461-4800

[mysunrisecenter.com](http://mysunrisecenter.com)

**Temecula Valley Cardiology**

25405 Hancock Avenue Suite 216

Murrieta, CA 92562

Email: [rdugas@tvcmg.com](mailto:rdugas@tvcmg.com)

[www.tvcmg.com](http://www.tvcmg.com)

Temecula Valley Cardiology is dedicated to provide timely, high quality and appropriate health care. Our physicians strive to forge an alliance that helps to ensure the health and well-being of every patient.

## *Health Insurance*

**ASD Insurance Help**

[health.groups.yahoo.com/group/ASDInsuranceHelp](http://health.groups.yahoo.com/group/ASDInsuranceHelp)

Online discussion group designed to help California families get insurance coverage for their family members with Autism Spectrum Disorders.

**Healthy Families**

(800) 880-5305

Email: [HealthyFamilies@MAXIMUS.com](mailto:HealthyFamilies@MAXIMUS.com)  
[healthyfamilies.ca.gov/Home/default.aspx](http://healthyfamilies.ca.gov/Home/default.aspx)

Healthy Families is low cost insurance for children and teens. It provides health, dental and vision coverage to children who do not have insurance and do not qualify for Medi-Cal.

**Inland Empire Health Plan (IEHP)**

303 E. Vanderbilt Way  
San Bernardino, CA 92408  
(888)860-1298

[www.iehp.org](http://www.iehp.org)

Organized as a Joint Powers Agency, Inland Empire Health Plan (IEHP) is a local, not-for-profit, public health plan serving over 575,000 residents of Riverside and San Bernardino counties through government - sponsored programs.

**HMO Help Center in California**

(800) 309-2350

Email: [autismtaskforce@dmhc.ca.gov](mailto:autismtaskforce@dmhc.ca.gov)  
[www.hmoHELP.ca.gov](http://www.hmoHELP.ca.gov)

The DMHC has come together with the Autism Advisory Task Force. The Task Force is charged with developing recommendations regarding medically necessary behavioral health treatment for individuals with autism or pervasive developmental disorder.

**MCS (Medi-Cal Consulting Svs.)**

2377 West Foothill Blvd, Suite 9  
Upland, CA 91786  
(909) 946-0350

Email: [mcs.experts@verizon.net](mailto:mcs.experts@verizon.net)  
[www.expertsatmcs.com/contact.php](http://www.expertsatmcs.com/contact.php)

MCS provides access to a network of thousands of contracted expert consultants in numerous healthcare and technical fields.

***Optometrists*****Temecula Valley Optometry - Dr. Alan Winkelstein**

30520 Rancho California Road Suite A-106  
Temecula, CA 92591  
(951) 676-9465

[www.drwink.com](http://www.drwink.com)

The Temecula Valley Optometry provides optometry, eye test services and vision therapy.

***Medical Group/Providers*****Rady Children's Primary Care Medical Group**

25485 Medical Center Drive Suite 220  
Murrieta, CA 92562  
(951) 461-3900

[www.CPCMG.net](http://www.CPCMG.net)

Children's Primary Care Medical Group (CPCMG), a primary care pediatric-only medical group serving San Diego and southern Riverside counties, has a focus and commitment on healthcare of children from birth to adulthood.

**Rady Children's Primary Care Medical Group**

27555 Ynez Road Suite 370  
Temecula, CA 92562  
(951) 699-3299

[www.CPCMG.net](http://www.CPCMG.net)

Children's Primary Care Medical Group (CPCMG), a primary care pediatric-only medical group serving San Diego and southern Riverside counties, has a focus and commitment on healthcare of children from birth to adulthood.

**Rady Children's Specialist**

25485 Medical Center Drive Suite 100  
Murrieta, CA 92562  
(951) 600-1640  
[www.cssd.org](http://www.cssd.org)

## *Hospitals*

**Rady Children's Hospital - San Diego**

3020 Children's Way  
San Diego, CA 92123  
(858) 966-1700

[www.rchsd.org](http://www.rchsd.org)

Rady Children's Hospital - San Diego provides comprehensive pediatric medical services in San Diego, Southern Riverside and Imperial Counties and the region's designated pediatric trauma center.

**Riverside County Regional Medical Center (RCRMC)**

26520 Cactus Ave  
Moreno Valley, CA 92555  
(951) 486-4000 / TTY: (951) 486-4397  
[www.rcrmc.org](http://www.rcrmc.org)

Riverside County Regional Medical Center is located in the city of Moreno Valley, centrally located and accessible for all areas of Riverside County.

## Home Care Assistance

**Rest & Relax Respite Agency**

833 A South Main Street #400  
Fallbrook, CA 92028  
(760) 728-7791 / Fax: (760) 728-7791  
Email: [restrelaxrespite@msn.com](mailto:restrelaxrespite@msn.com)  
Provide quality services in the home environment for people with a developmentally disabling condition. They work together with the family and Regional Center to meet the consumer's individual needs strictly following the IPP.

**California Association of Public Authorities for IHSS**

12125 Day Street, Suite S-101  
Moreno Valley, CA 92557  
(888) 470-4477  
[www.capaihss.org](http://www.capaihss.org)  
They support its members and provide leadership that promotes the availability of services and the right of older adults and persons with disabilities to live with independence and dignity.

**California Mentor Family Home Agency**

9166 Anaheim Place Suite 200  
Rancho Cucamonga, CA 91730  
(855) MENTOR 2

[www.camentorfha.com](http://www.camentorfha.com)

Offer adults innovative, quality services and supports that lead to growth and independence, regardless of the physical, intellectual or behavioral challenges they face.

**Inland Respite, Inc.**

10800 Hole Ave Suite 10  
Riverside, CA 92505  
(951) 353-1261

[www.inlandrespite.com](http://www.inlandrespite.com)

Provides non-medical in-home respite care for residents of Riverside County with developmental disabilities, an illness, a physical disability or impairment that requires care in the home.

**Maxim Homecare Services**

1 Ridgeway Drive Suite 130  
Temecula, CA 92591  
(951) 694-0100

[www.maximhomecare.com/Temecula\\_Homecare\\_314.aspx](http://www.maximhomecare.com/Temecula_Homecare_314.aspx)

**Inland Caregiver Resource Center (ICRC)**

1430 E. Cooley Drive Suite 124  
Colton, CA 92324  
(909) 514-1404

[www.inlandcaregivers.com](http://www.inlandcaregivers.com)

Helps families friends and caring professionals living in Riverside, San Bernardino, Inyo and Mono counties master the challenges of caregiving.

## Legal Services

**Autism Votes - Autism Speaks**

[www.autismvotes.org](http://www.autismvotes.org)

They launched "Autism Votes," a comprehensive grassroots advocacy program, coordinating activist efforts in support of federal and state legislative initiatives.

**California Disability Community Action Network**

[www.cdcan.us](http://www.cdcan.us)

**County of Riverside District Attorney**

30755-D Auld Road 3rd Floor  
Murrieta, CA 92563  
(951) 304-5400

[www.rivcoda.org](http://www.rivcoda.org)

We are committed to ensuring that justice is done and the community is protected. We prosecute the guilty, safeguard the innocent, and protect victims and their rights.

**County of Riverside District Attorney**

3960 Orange Street  
Riverside, CA 92501  
(951) 955-5400

[www.rivcoda.org](http://www.rivcoda.org)

We are committed to ensuring that justice is done and the community is protected. We prosecute the guilty, safeguard the innocent, and protect victims and their rights.

**Dennis M. Sandoval, A Professional Law Corporation**

3233 Arlington Ave Suite 105  
Riverside, CA 92506  
(951) 787-7711

Email: [megan@protect-your-wealth.com](mailto:megan@protect-your-wealth.com)

[www.protect-your-wealth.com](http://www.protect-your-wealth.com)

Dennis M. Sandoval, A Professional Law Corporation, specializes in estate planning for persons with special needs. We handle special needs trusts, conservatorships, powers of attorney and health care documents.

**Family Justice Center Riverside County District Attorney**

3900 Orange Street  
Riverside, CA 92501  
(951) 955-6100

[www.rivcoda.org/VS/FJC\\_RIV.html](http://www.rivcoda.org/VS/FJC_RIV.html)

The mission of the Riverside County Family Justice Centers is to provide victims of domestic violence with centralized access to public and private resources in a safe, secure, and private environment.

**Family Justice Center Riverside County District Attorney**

30045 Technology Drive Suite 101  
Murrieta, CA 92563  
(951) 304-5680

[www.rivcoda.org/VS/FJC\\_RIV.html](http://www.rivcoda.org/VS/FJC_RIV.html)

The mission of the Riverside County Family Justice Centers is to provide victims of domestic violence with centralized access to public and private resources in a safe, secure, and private environment.

**Inland Counties Legal Services**

1040 Iowa Ave Suite 109  
Riverside, CA 92507  
(951) 368-2555 or (888) 245-4257

[www.inlandlegal.org](http://www.inlandlegal.org)

**Inland Counties Legal Services**

715 N. Arrowhead Ave Suite 113  
San Bernardino, CA 92401  
(909) 884-8615 or (888) 677-4257

[www.inlandlegal.org](http://www.inlandlegal.org)

**Law Office of Elizabeth McCoy**

31493 Rancho Pueblo Road Suite 205  
Temecula, CA 92592  
(760) 723-8906

[www.ca-specialneedstrusts.com](http://www.ca-specialneedstrusts.com)

Elizabeth McCoy focuses on special needs trusts and estate planning for families who have children with disabilities.

**Law Office of Ralph Lewis**

40960 California Oaks Road Suite 267  
Murrieta, CA 92562  
(951) 696-4777

Ralph Lewis specializes in the representation of classified children in disputes with school districts pursuant to the Individuals with Disabilities Education Act.



**Law Offices of Jeffrey C. Nickerson**  
29970 Technology Drive #209  
Murrieta, CA 92563  
(951) 200-4921  
Email: [JeffreyCNickersonLaw@gmail.com](mailto:JeffreyCNickersonLaw@gmail.com)  
[www.jeffreynickersonlaw.com](http://www.jeffreynickersonlaw.com)

**Social Security**  
(800) 772-1213 or TTY (800) 325-0778  
Social Security provides Supplemental Security Income (SSI) for person of any age with disabilities. To qualify for SSI benefits, you must have a disability, be a legal resident of the United States, and have a low income with limited resources.

**Special Needs Alliance**  
(877) 572-8472  
[www.specialneedsalliance.com](http://www.specialneedsalliance.com)

## Mental Health Services

### *Behavioral Health and Modification Services*

**Autism Interventions and Resources, Inc.  
Murrieta, CA**  
(949) 457-9203  
Email: [AIR@hopeisintheair.com](mailto:AIR@hopeisintheair.com)  
[www.hopeisintheair.com](http://www.hopeisintheair.com)  
Providing behavioral services to children and adults with developmental disabilities. Office in Murrieta serves Riverside, San Bernardino, and San Diego counties.

**Center for Autism and Related Disorders  
(CARD)**  
28991 Old Town Front Street #208  
Temecula, CA 92590  
[www.centerforautism.com](http://www.centerforautism.com)  
Provides comprehensive and cutting-edge curricula that can be tailored to the specific needs of individuals from birth to 21 years of age.

**Center for Autism Research, Evaluation  
and Services (CARES)**  
28999 Old Town Front Street #203  
Temecula, CA 92590  
(858) 444-8823  
[www.caresnpa.com](http://www.caresnpa.com)  
The many services offered include home and school based program, individual and family therapy, as well as a variety of social skills group. Serves individuals with a variety of diagnoses ages 1 year to adult throughout San Diego and the Inland Empire.

**Comprehensive Autism Center, Inc.**  
40485 Murrieta Hot Springs Road Suite B-4  
#146  
Murrieta, CA 92563  
(951) 813-4034  
[www.comprehensiveautismcenter.com](http://www.comprehensiveautismcenter.com)  
Offers highly individualized, innovative treatment and services through all inclusive Applied Behavior Analysis (ABA) programs specific to each child. Areas targeted include behavior management, cognitive skills, and more.

**Coyne & Associates**

38975 Sky Canyon Drive Suite 103  
Murrieta, CA 92563  
(760) 634-1125  
[www.coyneandassociates.com](http://www.coyneandassociates.com)

**CAPP's Kids**

(951) 252-4634  
Email: [kcapp@caring4autism.com](mailto:kcapp@caring4autism.com)  
[www.caring4autism.com](http://www.caring4autism.com)  
Our services focus on helping children with autism get additional behavior and educational support in the home, classroom, and community settings.

**New Haven Therapeutic Behavioral Services (TBS)**

42145 Lyndie Lane  
Temecula, CA 92591  
(951) 699-4906 / Fax: (951) 587-2625  
Email: [rverosa@newhavenfs.org](mailto:rverosa@newhavenfs.org)  
[www.newhavenfs.org](http://www.newhavenfs.org)

**Riverside County Network of Care for Behavioral Health**

[www.riverside.networkofcare.org/mh](http://www.riverside.networkofcare.org/mh)  
This website is a resource for individuals, families and agencies concerned with mental health. It provides information about mental health services, laws, and related news, as well as communication tools and other features.

**Temecula Mental Health Services**

41002 County Center Drive, Building B,  
Suite 320  
Temecula, CA 92591  
(951) 600-6355

## *Diagnosis & Evaluation*

**Testing & Evaluations - Dr. Lori A. Harral**

41690 Ivy Street Suite B  
Murrieta, CA 92562  
(951) 200-6684  
[www.testingandevaluations.com](http://www.testingandevaluations.com)  
Offers assessment and diagnostic testing to Children, adolescents, adults, and families.

## *Counseling*

**National Alliance on Mental Illness (NAMI) - Temecula Valley**

41050 Avenida Verde  
Temecula, CA 92591  
Email: [infor@namitv.org](mailto:infor@namitv.org)  
[www.namitv.org](http://www.namitv.org)  
NAMI's mission is to support, educate and advocate for those with mental illness and also their families, friends, and the public.

## Military Families & Veterans' Resources

### **ACT Today for Military Families**

19019 Ventura Blvd. Suite 200

Tarzana, CA 91356

(877) 922-8863

Email: [Info@act-today.org](mailto:Info@act-today.org)

[www.acttodayformilitaryfamilies.kintera.org](http://www.acttodayformilitaryfamilies.kintera.org)

They raise awareness and provide treatment services and support to families to help their children with autism achieve their full potential.

### **Exceptional Family Member Program**

Camp Pendleton

(760) 725-3175

Email: [Mcb.campen.efmp@usmc.mil](mailto:Mcb.campen.efmp@usmc.mil)

[www.mccscp.com/EFMP](http://www.mccscp.com/EFMP)

They assist active duty service members in managing the dual demands of a military career and having a family member with special needs, whether medical, emotional or educational.

## Recreation & Leisure

### *Camps*

#### **JAF Ministries Camp**

Family Retreat - Murrieta

(818) 707-5664 or (602) 275-2568

[www.joniandfriends.org](http://www.joniandfriends.org)

#### **Kris' Camp**

Idyllwild, CA

(801) 733-0721

[www.kriscamp.org](http://www.kriscamp.org)

### *Centers*

#### **Child's Play**

28860 Old Town Front Street Suite A2

Temecula, CA 92590

(951) 699-7696

[www.childplaytemecula.com](http://www.childplaytemecula.com)

### **My Gym**

31725 Temecula Parkway

Temecula, CA 92592

(951) 303-3366

Email: [MyGymTemecula@yahoo.com](mailto:MyGymTemecula@yahoo.com)

[www.my-gym.com](http://www.my-gym.com)

### *Programs*

#### **Boy Scouts of America, California Inland Empire Council**

(909) 793-2463 or (877) 732-1450

[www.bsa-ciec.org](http://www.bsa-ciec.org)

Provides a program for community organizations that offers character, citizenship, and personal fitness training for boys ages 6 to 21. Offers Scouting programs for children with special needs or can recommend referral information to local resources.

**City of Temecula - Community Services Department**

41000 Main Street  
Temecula, CA 92589  
Yvette Martinez (951) 693-3902  
Email: [Yvette.Martinez@cityoftemecula.org](mailto:Yvette.Martinez@cityoftemecula.org)  
[www.cityoftemecula.org/Temecula/Residents/ResidentResources/autism.htm](http://www.cityoftemecula.org/Temecula/Residents/ResidentResources/autism.htm)

Ensure that all City programs, events, and activities are inclusive to all individuals with special needs. Email or call for more information about specialized programs, activities, parent/education and support.

**High Hopes - City of Temecula - Mary Phillips Senior Center**

41842 Sixth Street  
Temecula, CA 92590  
(951) 694-6464  
[www.cityoftemecula.org/Temecula/Residents/Recreation/ActivitiesBrochure.htm](http://www.cityoftemecula.org/Temecula/Residents/Recreation/ActivitiesBrochure.htm)

**Police Activities League (P.A.L.)**

S.A.F.E. 28910 Pujol Street  
Temecula, CA 92590  
(951) 587-3900  
Email: [jami@safefamiliesca.org](mailto:jami@safefamiliesca.org)  
[www.safefamiliesca.org/P.A.L..cfm](http://www.safefamiliesca.org/P.A.L..cfm)  
The Temecula and Murrieta Police Departments and Safe Alternatives for Everyone has entered into a unique partnership to help. The Temecula/Murrieta P.A.L. program provides youth activities while building solid relationships with local law enforcement.

**S.K.I.P. - Supporting Kids Involving Parents**

**Temecula, CA**  
(951)693-3902  
Email: [Yvette.Martinez@cityoftemecula.org](mailto:Yvette.Martinez@cityoftemecula.org)

**Special Needs Access Public Library (Temecula Public Library)**

30600 Pauba Road  
Temecula, CA 92592  
(951) 693-8900  
[www.temeculapubliclibrary.org](http://www.temeculapubliclibrary.org)

**Special Needs Access Public Library (Grace Mellman Community Library)**

41000 County Center Drive  
Temecula, CA 92591  
(951) 296-3893  
[www.rivlib.info/temecula-county-grace-mellman-library](http://www.rivlib.info/temecula-county-grace-mellman-library)

**Westview Community Transition Programs/Day Programs**

Inland Region  
(951) 343-2356  
[www.westviewservices.org/transition.aspx](http://www.westviewservices.org/transition.aspx)

***Sports***

**Aquatic Zone**

1138 W. Sixth Street  
Corona, CA 92879  
(951) 739-4300  
[www.theaquaticzone.com](http://www.theaquaticzone.com)  
Learning life skills through swimming is out philosophy. We focus on Comfort, Body Balance, and Movement. Our classes teach children to listen and follow instructions, teamwork, respect for oneself and others, and how to overcome obstacles and fears.

**Bill's Special Kids**

25392 Jaclyn Avenue  
Moreno Valley, CA 92557  
(951) 242-7261

[www.billsspecialkids.com](http://www.billsspecialkids.com)

Bill's Special Kids is a program that provides sports for kids with special needs. Sports include: baseball, bowling, basketball and soccer.

**Challenger Division Temecula Valley American Little League**

(570) 326-1921 Ext. 254

Email: [challenger@LittleLeague.org](mailto:challenger@LittleLeague.org)

[www.littleleague.org/learn/about/divisions/challenger.htm](http://www.littleleague.org/learn/about/divisions/challenger.htm)

The Challenger Division offers boys and girls with physical and mental challenges, ages 5 to 18 (or the completion of high school), the opportunity to participate in an organized game of baseball.

**Exceptional Sports**

23811 Washington Ave C110-367  
Murrieta, CA 92562-2267

Contact: Mary or Jeff Nickerson: (951) 252-5909

Email: [exceptionalsports@gmail.com](mailto:exceptionalsports@gmail.com)

[www.exceptionalsports.org](http://www.exceptionalsports.org)

Exceptional Sports is a non-profit organization that provides recreational sports for the disabled, their families and friends. Bowling is offered January to September. Other sports are in development.

**Exceptionally Excited Kids Fitness (E.E.K)**

[www.eekandfriends.com](http://www.eekandfriends.com)

Located in Hemet, San Jacinto, and Winchester in Riverside County

**PossAbilities**

25455 Barton Road Suite 109A  
Loma Linda, CA 92354  
(877) 558-6248 or (909) 558-6384

Email: [possabilities@llu.edu](mailto:possabilities@llu.edu)

[www.teampossabilities.com](http://www.teampossabilities.com)

PossAbilities is a community outreach program of Loma Linda University Medical Center East Campus. Membership is free and there are no age restrictions.

PossAbilities provides resources and opportunities for persons with diverse physical disabilities.

**Special Olympics**

27475 Ynez Road Suite 174  
Temecula, CA 92591

Contact: Sue Reed (951) 461-6568

Email: [sreed@sosc.org](mailto:sreed@sosc.org)

[www.sosc.org/page.aspx?pid=316](http://www.sosc.org/page.aspx?pid=316)

Special Olympics Southern California - Temecula Valley offers year-round sports programs and competitions for athletes in Canyon Lake, Hemet, Lake Elsinore, Menifee, Murrieta, San Jacinto, Sun City, Temecula, Wildomar and Winchester.

**Temecula Champions League**

30520 Rancho California Road suite 107  
PMB 144

Temecula, CA 92592

(951) 760-6369

Email: [Phil@TemeculaChampions.com](mailto:Phil@TemeculaChampions.com)

[www.TemeculaChampions.com](http://www.TemeculaChampions.com)

Provides Temecula's mentally and physically challenged youth the opportunity to play baseball in an athletic environment at their level of comfort and ability.

**Tenkobushi Budokan**

34859 Frederick Street #114  
Wildomar, CA 92562

(951) 757-6306

[www.tenkobushi.com/autism-program](http://www.tenkobushi.com/autism-program)

**VIP Soccer**

AYSO National Office  
(800) 872-2976  
Email: [vip@ayso.org](mailto:vip@ayso.org)  
[www.ayso.org/programs/vip.aspx](http://www.ayso.org/programs/vip.aspx)

## *Visual and Performing Arts*

**Art Works Gallery - Recovery Arts In Motion**

3741 Sixth Street  
Riverside, CA 92501  
(951) 683-1279  
[www.jtpfriends.org](http://www.jtpfriends.org)

**Arttism - Artists with Autism**

42072 Fifth Street Suite 202E  
Temecula, CA 92590  
Contact: Michael Vonderheid (951) 240-5500 / Cell: (951) 297-1513  
Email: [michael@arttism.org](mailto:michael@arttism.org)  
[www.arttism.org](http://www.arttism.org)

**Broadway Starz Family Performance Theatre**

42092 Winchester Road  
Temecula, CA 92590  
Contact: Mickie Arnett (951) 252-3001  
Email: [admin@broadwaystarz.com](mailto:admin@broadwaystarz.com)  
[www.broadwaystarz.com](http://www.broadwaystarz.com)

**Creative Dance for Special Needs - Inland Valley Conservatory**

41655 Reagan Way Ste H  
Murrieta, CA 92562  
(951) 696-9800  
Email: [dwalker@ivcca.net](mailto:dwalker@ivcca.net)  
[www.ivcca.net](http://www.ivcca.net)

**HeartBeats Drum Circles - Clark Edmond, LCSW, MPH**

PO Box 890606  
Temecula, CA  
(951) 775-0032  
Email: [heartbeats.clark@gmail.com](mailto:heartbeats.clark@gmail.com)  
Trained in the Remo, Inc. Health Rhythms protocol and the Rhythm Arts Project Program for the developmentally delayed, provides health, wellness, and recreational drum circles for children, youth, adults and those with special needs.

**Inland Valley Conservatory and Athletics (IVCA)**

41655 Reagan Way Suite H  
Murrieta, CA 92562  
(951) 696-9800  
[www.ivcca.net](http://www.ivcca.net)

**MAD Studios - Christalyn Brooks**

Rapheka Ranch  
Murrieta, CA  
(951) 252-7014  
[www.themadstudio.com](http://www.themadstudio.com)  
MAD Studio offers art classes, anime classes, piano, harmonica to all students. Partners with the Autism Society Inland Empire and offers low-cost classes for families with ASD.

**Temecula Valley Dance Connection**

39198 Avenida La Cresta  
Murrieta, CA 92562  
Contact: Leslie Echolds (951) 600-0357  
Email: [leslieecholds@me.com](mailto:leslieecholds@me.com)  
[www.tvdanceconnection.org](http://www.tvdanceconnection.org)  
The Temecula Valley Dance Connection is a co-ed dance oriented social club for young adults with special needs.



**TGA of Temecula Valley**  
33266 Morning View Dr  
Temecula, CA 92592  
Contact: Jeff Sampson (760) 518-2725  
Email: jsampson@golftga.com  
[golftga.com/temeculavalley/AboutUs.aspx](http://golftga.com/temeculavalley/AboutUs.aspx)

## *Socialization Services*

**Model Me Kids**  
[www.modelmekids.com](http://www.modelmekids.com)

**Natural Learning Concepts**  
(800) 823-3430  
[www.nlconcepts.com](http://www.nlconcepts.com)  
They have developed and continue to expand a range of learning materials to help children engage in and enjoy social interactions with family, friends and others in their environment.

**Young Adult/Teen Group**  
41810 Juniper Street  
Murrieta, CA 92562  
(951) 678-8666  
Email: autismtoday@aol.com  
[ieautism.org/social-rec](http://ieautism.org/social-rec)  
This group meets at least twice a month for a fun event. Occasionally have lectures on topics that pertain to adults and adolescents on the spectrum. Meets at the Murrieta Community Center. Recommended ages 14-24 years.

## Religious Services

**Community Outreach Ministry**  
23905 Clinton Keith Suite 114  
Wildomar, CA 92595  
(951) 698-7650  
[www.communityoutreachministry.org](http://www.communityoutreachministry.org)  
They provide a purpose, destiny and abundance, through our Outreach, Camping, Mentoring and the annual Angel Tree Christmas Party.

**Hope Lutheran Church**  
29141 Vallejo Avenue  
Temecula, CA 92592  
(951) 676-6262  
Email: staff@hopetemecula.org  
[www.hopetemecula.org/Home/tabid/38/Default.aspx](http://www.hopetemecula.org/Home/tabid/38/Default.aspx)

**Rancho Community Church Open Arms**  
31300 Rancho Community Way  
Temecula, CA 92592  
(951) 252-4634  
Email: Krista.c@rcc.tv  
[www.rcc.tv](http://www.rcc.tv)  
The vision of Open Arms Ministry is to see families with special needs in the community attend church together, each having a place to fellowship and grow in the love of God.

**Temecula Murrieta Rescue Mission**

43529 Ridge Park Drive

Temecula, CA 92590

(951) 526-1200

[www.rescuemission.org](http://www.rescuemission.org)

Provide assistance in the areas of guidance, counseling, education, job training, shelter, food, clothing, health care and independent living communities.

**The Bridge Church**

38801 Calistoga Drive

Murrieta, CA 92563

(951) 600-9112

Email: [info@thebridgechurch.tv](mailto:info@thebridgechurch.tv)

[www.thebridgechurch.tv](http://www.thebridgechurch.tv)

## Safety Resources

**Autism Safety & Risk, Dennis Debbaudt**

Email: [ddpi@flah.net](mailto:ddpi@flah.net)

[www.autismriskmanagement.com](http://www.autismriskmanagement.com)

Provides autism training and resources for law enforcement, emergency first responders, parents, educators, care providers, and the autism community.

**Care Trak**

(800) 842-4537

[www.caretrak.com](http://www.caretrak.com)

Provides telemetry based tracking to help locate thousands of Alzheimer's wanderers and children with special needs and other conditions.

**Project Lifesaver**

[www.projectlifesaver.ca](http://www.projectlifesaver.ca)

**Riverside County Injury Prevention Program - Children with Special Needs Child Passenger Safety Program (CSNCPSP)**

3900 Sherman Drive Suite 1-E

Riverside, CA 92503

(800) 774-7237 or (951) 358-7171

[www.rivcoips.org/home/index.php?option=com\\_content&view=article&id=17&Itemid=46](http://www.rivcoips.org/home/index.php?option=com_content&view=article&id=17&Itemid=46)

Offers Riverside County parents and care givers of children with special needs assistance in selecting the best car seat possible and the opportunity to purchase these seats at a significantly reduced cost.

**Your Safe Child**

(888) 972-7232

Email: [info@yoursafechild.com](mailto:info@yoursafechild.com)

[www.yoursafechild.com](http://www.yoursafechild.com)

Provides parents with identification products to ensure the safety of their children.

Products include: ChildPrint ID Kit, Custom ChildPrint ID Care, Safe Shoes Child ID, and Toothprints.

# Supportive Services/Case Management Resources

## **Inland Regional Center**

1500 Iowa Avenue, Suite 100  
Riverside, CA 92507  
(951) 826-2608

[www.inlandrc.org](http://www.inlandrc.org)

Coordinates with generic services to normalize the lives of people with developmental disabilities and their families by working to include them in the everyday routines and life rhythms of the community and by facilitating needed supports for them.

## **Inland Regional Center - Auxiliary Office Temecula Cole Vocational Services**

42145 Lyndie Lane, Suite 122  
Temecula, CA 92591  
(909) 695-3515

[www.inlandrc.org](http://www.inlandrc.org)

Coordinates with generic services to normalize the lives of people with developmental disabilities and their families by working to include them in the everyday routines and life rhythms of the community and by facilitating needed supports for them.

## **Riverside County Division of Victim Services**

3960 Orange Street  
Riverside, CA 92501  
(951) 955-5450

[www.rivcoda.org/VS/locations.html](http://www.rivcoda.org/VS/locations.html)

## *Children*

### **California Children's Services**

(951) 826-6626 or (800) 442-4927

[www.rcoe.k12.ca.us/childFamily/childrensServicesUnit.html](http://www.rcoe.k12.ca.us/childFamily/childrensServicesUnit.html)

Specialized medical care and rehabilitation program for children with physical impairments whose families are unable to provide for such services.

### **Comprehensive Autism Center**

41951 Remington Ave Suite 210  
Temecula, CA 92591  
(951) 813-4034

[www.comprehensiveautismcenter.com](http://www.comprehensiveautismcenter.com)

### **Department of Public Social Services**

541 No. San Jacinto Ave  
Hemet, CA 92543  
(951) 791-3000 or 24-hour Hotline: (800) 442-4918

[www.dpss.co.riverside.ca.us](http://www.dpss.co.riverside.ca.us)

### **Department of Public Social Services**

27464 Commerce Court Drive #E  
Temecula, CA 92590  
(951) 696-6500 or 24-hour Hotline: (800) 442-4918

[www.dpss.co.riverside.ca.us](http://www.dpss.co.riverside.ca.us)

### **Down Syndrome Association of Hemet**

(951) 852-1054

Email: [dsahemet@gmail.com](mailto:dsahemet@gmail.com)

[www.dsaoh.org](http://www.dsaoh.org)

Promotes public awareness, provides parent advocacy and support for families who have individuals born with Down Syndrome.

**First 5 Riverside**

2002 Iowa Ave Suite 100  
Riverside, CA 92507-2423  
(951) 248-0014 or (800) 266-3880  
Funds a variety of services, ranging from preschool and child care to dental health care, to help young Riverside County children develop a strong foundation for success in school and beyond.

**Human Services - San Bernardino County - TAD Administration**

860 E. Brier Road  
San Bernardino, CA 92415-0520  
(909) 388-0245  
[www.hss.co.san-bernardino.ca.us](http://www.hss.co.san-bernardino.ca.us)

**Kids Included Together (KIT)**

2820 Roosevelt Road, Suite 202  
San Diego, CA 92106  
(858) 225.5680  
Email: [info@kitonline.org](mailto:info@kitonline.org)  
[www.kitonline.org](http://www.kitonline.org)  
Provides best practices training to help communities, businesses, and child care & recreation programs include children with all kinds of disabilities and special needs.

**Riverside County Office of Education's Resource and Referral Unit**

(800) 442-4927 or (951) 826-6626  
[www.rcoe.k12.ca.us/childFamily/childCareResource.html](http://www.rcoe.k12.ca.us/childFamily/childCareResource.html)

**Team of Advocates for Special Kids (TASK) - Riverside**

4164 Brockton Avenue  
Riverside, CA 92501  
(951) 328-1200  
Enables individuals with disabilities to reach their maximum potential by providing them, their families and the professionals who serve them with training, support, information, resources and referrals, and by providing community awareness programs.

*Family***Asperger Syndrome Partners & Individuals Resources, Encouragement & Support (ASPIRES)**

[www.aspires-relationships.com](http://www.aspires-relationships.com)

**California Family Life Center**

930 N. State Street  
Hemet, CA 92543  
(951) 765-6955  
[www.cflickids.org](http://www.cflickids.org)

**Early Start Family Resource Network**

P.O. Box 6127  
San Bernardino, CA 92412-6127  
(909) 890-4711  
[www.esfrn.org](http://www.esfrn.org)

**My Family, Inc. (MFI) Recovery Center**

25186 Hancock Avenue #100  
Murrieta, CA 92562  
(951) 698-8558  
[www.mfirevory.com](http://www.mfirevory.com)  
Provides comprehensive substance abuse and behavioral health services to help individuals and families achieve and maintain a healthy and productive lifestyle.

**My Family, Inc. (MFI) Recovery Center**

1604 S. Santa Fe Avenue #403  
San Jacinto, CA 92583  
(951) 654-2026  
[www.mfirevory.com](http://www.mfirevory.com)  
Provides comprehensive substance abuse and behavioral health services to help individuals and families achieve and maintain a healthy and productive lifestyle.

**Safe Alternatives for Everyone (SAFE)**

28910 Pujol Street  
Temecula, CA 92590  
(951) 587-3900

[www.safefamiliesca.org](http://www.safefamiliesca.org)

Committed to providing services for children, youth and families who have experienced or are at risk of abuse and violence.

## *Foster & Adoption*

**Olive Crest**

555 Technology Court Suite 300  
Riverside, CA 92507  
(951) 686-8500

[www.olivecrest.org](http://www.olivecrest.org)

## *Low-Income Assistance*

**Community Action Partnership of  
Riverside County**

2038 Iowa Avenue Suite B-102  
Riverside, CA 92507  
(951) 955-4900

[www.capriverside.org](http://www.capriverside.org)

**County of Riverside Public Authority**

12125 Day Street Suite S-101  
Moreno Valley, CA 92557  
(888) 470-4477

[www.rivcoihsspa.org](http://www.rivcoihsspa.org)

Assists In-Home Supportive Service consumers in Riverside County to live high quality lives in their own homes. This service is available at no cost to the IHSS consumer.

**H.E.A.R.T. for Children**

P.O. Box 1922  
Temecula, CA 92593-1922  
(951) 506-3675

[www.heart-forchildren.org](http://www.heart-forchildren.org)

**Jefferson Transitional Programs**

3839 Brockton  
Riverside, CA 92501  
(951) 686-5484

[www.jtpfriends.org](http://www.jtpfriends.org)

## *Military Families and Veterans*

**Military Families Autism Online Support  
Group**

[groups.yahoo.com/group/militaryfamiliesautism/support](http://groups.yahoo.com/group/militaryfamiliesautism/support)

**Network of Care for Service Members,  
Veterans & Their Families**

[www.riverside.networkofcare.org/veterans](http://www.riverside.networkofcare.org/veterans)

**Specialized Training of Military Parents  
(STOMP)**

(800) 5-PARENT

Email: [stomp@wapave.org](mailto:stomp@wapave.org)

[www.stompproject.org](http://www.stompproject.org)

**Temecula Vet Center**

40935 County Center Drive Suite A  
Temecula, CA 92591  
(951) 302-4849 or (877) 927-8387

[www.vetcenter.va.gov](http://www.vetcenter.va.gov)

## *Senior Citizens*

### **Community Crossings Inc.**

27363 Jefferson Ave.

Temecula, CA 92590

(951) 298-2158

Email: [audreymandrade@gmail.com](mailto:audreymandrade@gmail.com)

An Adult Day Care serves adults with developmental disabilities who have one or more restricted health care conditions.

Provides high quality emotional, social, recreational, and vocational program with the necessary medical supports and oversight.

### **Network of Care for Seniors and People with Disabilities**

[www.riverside.networkofcare.org/aging](http://www.riverside.networkofcare.org/aging)

### **Riverside County Office on Aging - West County Office**

6296 River Crest Drive Suite K

Riverside, CA 92507-0738

(951) 867-3800

[www.rcaging.org](http://www.rcaging.org)

Provide leadership in developing a system of care services for older persons and adults with disabilities in Riverside County.

### **Riverside County Office on Aging - Hemet Senior Service**

749 N. State Street

Hemet, CA 92543-1474

(951) 791-3565

[www.rcaging.org](http://www.rcaging.org)

Provide leadership in developing a system of care services for older persons and adults with disabilities in Riverside County.

## *Adaptive Services*

### **Lanae Turley-Trejo ASL Interpreter**

P.O. Box 890357

Temecula, CA 92591

(951) 491-9204

Email: [laneaturleytrejo@gmail.com](mailto:laneaturleytrejo@gmail.com)

English and American Sign Language interpreter for clients that are deaf and hard of hearing.

### **RISE Interpreting**

5005 La Mart Drive Suite 203

Riverside, CA 92545

(951) 565-4422

Email: [info@riseinterpreting.com](mailto:info@riseinterpreting.com)

[riseinterpreting.com](http://riseinterpreting.com)

Provide American Sign Language Interpreters for deaf and hard of hearing people.

### **Riverside's Interpreting Service and Education (RISE)**

5005 La Mart Drive Suite 203

Riverside, CA 92545

(951) 565-4422 or Videophone: (951) 208-6886

[www.riseinterpreting.com](http://www.riseinterpreting.com)



## Support Groups

### **Asperger's Other Half**

[www.aspergersotherhalf.com](http://www.aspergersotherhalf.com)

Online support group offering resources for women partners of individuals suspected to have, or officially diagnosed with Asperger's Syndrome. This is a women only group. See website for updates of other groups forming.

### **Depression and Bipolar Support Alliance - Mary Phillips Senior Center**

41845 Sixth Street  
Temecula, CA 92592  
(951) 926-8393

Support groups for those affected by depression and/or bipolar disorder are available this location.

### **Depression and Bipolar Support Alliance - Mental Health Administration**

4095 County Circle Drive  
Riverside, CA 92503  
(951) 686-5047

Support groups for those affected by depression and/or bipolar disorder are available this location.

### **Depression and Bipolar Support Alliance - Trinity Lutheran Church**

191 S. Columbia Street  
Hemet, CA 92543  
(951) 658-0181

Support groups for those affected by depression and/or bipolar disorder are available this location.

### **Epilepsy Center Support Groups**

(951) 281-9892

[www.theepilepsycenter.org](http://www.theepilepsycenter.org)

Provide an opportunity for adults and parents of children with epilepsy to share ideas, experiences, and information. Support groups meet at locations in the Riverside/Corona area as well as the Murrieta/Temecula area.

### **Families of Adults Affected by Asperger's Syndrome**

[www.faaas.org](http://www.faaas.org)

### **Families Supporting Families Parent Support Group**

9707 Magnolia Avenue  
Riverside, CA 92503  
(951) 358-6858

Provided by Riverside County Department of Mental Health. This group provides support and education for caregivers of children entering or returning from residential placement.

### **Fiesta Educativa of Riverside County**

(951) 567-4943

[www.fiestaeducativa.org](http://www.fiestaeducativa.org)

Founded to inform and assist Latino families in obtaining services and in caring for their children with special needs. They provide assistance and advocacy to these Spanish-speaking families.

### **Helping Everyone with Autism Reach Total Success (HEART)**

**Riverside, CA**

(909) 417-6769

Email: [dennisfindly@yahoo.com](mailto:dennisfindly@yahoo.com)

For meeting schedule, please contact Dennis Findly.

**Lilly's House**

25053 Via Santee  
Murrieta, CA 92563

(951) 440-5478

Email: [outlillyshouse@yahoo.com](mailto:outlillyshouse@yahoo.com)

[www.facebook.com/ourlillyshouse](http://www.facebook.com/ourlillyshouse)

Provides a place to play, learn, give and get support, cry, laugh and create a loving environment for our special needs children. They also provide peer support, weekly activities, and seminars for all ages and disabilities.

**Marilu Schmier: Heart Talk Revolution**

(949) 212-0214

Email: [mariluschmier@yahoo.com](mailto:mariluschmier@yahoo.com)

[mariluschmier.com](http://mariluschmier.com)

Provides inspirational speeches and offers parents support workshops.

**Michelle's Place**

27645 Jefferson Ave.  
Temecula, CA 92590

(951) 699-5455

Email: [info@michellesplace.org](mailto:info@michellesplace.org)

[www.michellesplace.org](http://www.michellesplace.org)

Resource Center to help cope with challenges.

**NAMI Mt. San Jacinto Support Group -  
Location: Seventh Day Adventist Church**

27025 Girard Street

Hemet, CA 92544

(951) 317-0317

**NAMI Temecula Valley Support Group -  
Location: Crossroads Church of  
Temecula**

28753 Via Montezuma

Temecula, CA 92591

(951) 672-0290

**NAMI Temecula Valley Support Group -  
Location: Meadowview Clubhouse**

41050 Avenida Verde

Temecula, CA 92591

**National Stuttering Association -  
Temecula Chapter**

27919 Jefferson Avenue

Temecula, CA 92590

(909) 921-2008

Email: [coracampbell@yahoo.com](mailto:coracampbell@yahoo.com)

[www.westutter.org](http://www.westutter.org)

Dedicated to the support of people who stutter. This chapter is NSA is FREE and provides an open, honest environment for those who stutter.

**Nurse Family Partnership**

1900 Grant Street Suite 400

Denver, CO 80203

(303) 327-4240

Email: [info@nursefamilypartnership.org](mailto:info@nursefamilypartnership.org)

[www.nursefamilypartnership.org](http://www.nursefamilypartnership.org)

Empower first time mothers living in poverty to successfully change their lives and the lives of their children through evidence based nurse home visiting.

**Open Doors**

24300 Las Brisas Rd

Murrieta, CA 92562

(951) 358-6858

**Open Doors Parent/Caregiver Support  
Groups - Parent Resource Center**

24300 Las Brisas Road North

Murrieta, CA 92562

(951) 358-6858

**Open Doors Parent/Caregiver Support  
Groups - San Jacinto Clinic**

950 Ramona Blvd Suite 2

San Jacinto, CA 92582

(951) 487-2674

**Open Doors: Parent/Caregivers Support  
Group**

9707 Magnolia Avenue

Riverside, CA 92503

(951) 358-3622 or (888) 358-3622

[www.mentalhealth.rcmhd.org](http://www.mentalhealth.rcmhd.org)

**Perris Support Group**

Rob Reiner Center

Perris, CA

(951) 683-0112

This is a parent support group for Autism the Model Autism Program.

**Pregnant and Postpartum Support Group**

(951) 358-5438 or (951) 955-5328

[www.meetup.com/WEST-RIVERSIDE-COUNTY-PREGNANT-POSTPARTUM-SUPPORT-GROUP](http://www.meetup.com/WEST-RIVERSIDE-COUNTY-PREGNANT-POSTPARTUM-SUPPORT-GROUP)

Provides support, resources, a listening ear and a connection to other mothers and mothers-to-be experiencing similar feelings of anxiety, depression, and/or stress. All support groups are offered in English and Spanish and FREE childcare is provided.

**Riverside Family Support Group for Mental Health**

4095 County Circle Drive

Riverside, CA 92503

(951) 358-7655 or (951) 318-7386

**Temecula Family Support Group for Mental Health**

41002 County Center Drive Suite 320

Temecula, CA 92591

(951) 600-6355

**Temecula Valley Civitan Club**

P.O. Box 891821

Temecula, CA 92589

(951) 201-3300

Email: [gemmsommer@aol.com](mailto:gemmsommer@aol.com)

[www.tvcivitan.org](http://www.tvcivitan.org)

A community service organization dedicated to assisting special needs organizations of our valley. They also contribute to those organizations in need within our community.

## Technical Resources

**Assistive Technology Exchange**

(800) 390-2699 or TTY: (800) 900-0706

Email: [info@atnet.org](mailto:info@atnet.org)

[exchange.atnet.org/welcome.aspx](http://exchange.atnet.org/welcome.aspx)

Offers a free service of the AT Network for consumers and caregivers in California.

Here you will find new and used gadgets and devices (assistance technologies) that empower independence.

**California Assistive Technology Exchange**

1234 H Street Suite 100

Sacramento, CA 95814

(800) 390-2699 / TTY: (800) 900-0706

Email: [info@atnet.org](mailto:info@atnet.org)

[www.cate.ca.gov](http://www.cate.ca.gov)

Provides information, referrals, training, and technical assistance to those who share an interest in the practical and effective use of technology by people with disabilities.

**California Telephone Access Program (CTAP)**

6370 Magnolia Avenue #310  
Riverside, CA 92506  
(800) 806-1191  
[www.ddtp.org/CTAP](http://www.ddtp.org/CTAP)

Provides assistive telecommunications equipment, at no charge, to individuals certified as having difficulty using the telephone and who have phone services.

## Therapeutic Services

### *Animal Assisted Therapy*

**Canine Support Teams, Inc.**

P.O. Box 891767  
Temecula, CA 92589  
(951) 301-3625

[www.caninesupportteams.org](http://www.caninesupportteams.org)

Provides specially trained dogs to people with disabilities to support the personal, social, and occupational independence of individuals with disabilities.

**Queen of Hearts Therapeutic Riding Center, Inc.**

6405 Dana Ave  
Jurupa Valley, CA 91752  
(951) 734-6300

[www.queenofheartsranch.com](http://www.queenofheartsranch.com)

The center offers a year-round program that includes group and individual riding lessons, equine assisted therapies and other horse-related activities.

**Green Acres Ranch, Inc.**

35750 De Portola Road  
Temecula, CA 92592  
(951) 302-6045  
Email: [greenacresranchinc@yahoo.com](mailto:greenacresranchinc@yahoo.com)

[www.greenacresranchinc.com](http://www.greenacresranchinc.com)

Provides a positive physical, emotional, social and sensory experience for individuals through programs that fit every person and their individual needs

**REINS Therapeutic Riding Program**

4461 S. Mission Road  
Fallbrook, CA 92028  
(760) 731-9168

Email: [tackshack@reinsprogram.org](mailto:tackshack@reinsprogram.org)

[www.reinsprogram.org](http://www.reinsprogram.org)

Provides physical and emotional therapy to a wide range of disabled children and adults through the use of carefully supervised horseback riding.

**Round-Up Hope**

35105 Calle La Coca  
Temecula, CA 92592  
(951) 757-3424

[www.rounduphope.com](http://www.rounduphope.com)

Therapeutic horseback riding equestrian center for the disabled serving Southern California's Inland Empire.

**Therapy for the Handi-Capable Equestrians (T.H.E. Center)**

27260 Girard Street  
Hemet, CA 92544  
(951) 658-7790

[www.t-h-e-center.org](http://www.t-h-e-center.org)

Provides therapeutic riding for children and adults with disabilities.

## *Comprehensive Therapy*

### **Autism Spectrum Intervention Program**

4164 Brockton Avenue  
Riverside, CA 92501  
(951) 683-5193 ext 331 Fax: (951) 683-6019  
Email: [autismclinic@wyliecenter.org](mailto:autismclinic@wyliecenter.org)  
[www.wyliecenterautism.org](http://www.wyliecenterautism.org)

### **Temecula Valley Therapy Services**

41769 Enterprise Circle N. Suite 104 & 105  
Temecula, CA 92590  
(951) 303-8255  
[www.temeculatherapy.com](http://www.temeculatherapy.com)

A comprehensive outpatient rehabilitation clinic, offering Physical Therapy, Occupational Therapy and Speech-Language Pathology. Therapists are all licensed by the State of California and hold mandated certifications in their specific disciplines.

## *Occupational Therapy*

### **M&M Children's Services**

27520 Enterprise Circle West  
Temecula, CA 92590  
(951) 587-6405  
Offers speech and occupational therapy; accepts insurance and private pay; provides speech and language services to children with hearing disabilities as well as Autism.

## *Physical Therapy*

### **Littlefield Physical Therapy, Inc.**

27525 Enterprise Circle West Suite 101C  
Temecula, CA 92590  
(951) 676-7693  
[www.littlefieldpt.com](http://www.littlefieldpt.com)

## *Speech and Language Therapy*

### **Corporate Talks (CT) Speech and Language Services**

41593 Winchester Road Suite 203  
Temecula, CA 92590  
(951) 296-0286  
Email: [marlyne@corporatetalks.org](mailto:marlyne@corporatetalks.org)  
[corporatetalks.org](http://corporatetalks.org)

Provides a variety of treatments including oral-motor therapy, traditional speech therapy to accent modification for the business professional. Specialize in both the geriatric and pediatric population.

### **Nichols Speech and Language Services**

41689 Enterprise Circle North Suite 118  
Temecula, CA 92590  
(951) 541-0615  
[www.nicholsspeech.com](http://www.nicholsspeech.com)  
Provides family-centered speech therapy to children 18 months to 18 years of age.

### **Lucid Speech & Language Clinic, Inc. - Temecula**

31205 Pauba Road Suite 103  
Temecula, CA 92592  
(951) 693-9600  
Email: [info@lucidspeech.com](mailto:info@lucidspeech.com)  
[www.lucidspeech.com](http://www.lucidspeech.com)

### **Lucid Speech & Language Clinic, Inc. - Murrieta**

25102 Jefferson Avenue Suite D  
Murrieta, CA 92562  
(951) 461-1190  
Email: [info@lucidspeech.com](mailto:info@lucidspeech.com)  
[www.lucidspeech.com](http://www.lucidspeech.com)

**Lucid Speech & Language Clinic, Inc. -  
Riverside**

11870 Pierce Street Suite 270  
Riverside, CA 92505  
(951) 808-5850  
Email: [info@lucidspeech.com](mailto:info@lucidspeech.com)  
[www.lucidspeech.com](http://www.lucidspeech.com)

**Sensabilities LLC**

5858 Magnolia Avenue #A  
Riverside, CA  
(951) 779-1966  
Provides the following services: Pediatric  
Speech Pathologists, Speech Language  
Pathologists, Speech Pathologists.

***Therapy & Counseling***

**Autism Spectrum Intervention Program**

4164 Brockton Avenue  
Riverside, CA 92501  
(951) 683-5193  
Email: [autismclinic@wyliecenter.org](mailto:autismclinic@wyliecenter.org)  
[www.WylieCenterAutism.org](http://www.WylieCenterAutism.org)  
Committed to providing the highest quality  
individualized intervention services to make  
positive and pervasive differences in the  
lives of children, youth, and families in the  
areas relating to autistic disorders and to  
enhance overall quality of living.

**Care**

27715 Jefferson Ave, Ste 112  
Temecula, CA 92592  
(951) 837-3215  
[www.carelearningcenters.org](http://www.carelearningcenters.org)  
Provides individual therapy, couples  
counseling, life coaching, tutoring, and  
workshops.

**EMDR & Children**

5806 Mesa Drive Suite 360  
Austin, TX 78731-3785  
(512) 451-5200  
Email: [info@emdria.org](mailto:info@emdria.org)  
[www.emdria.org](http://www.emdria.org)

**Nichols Speech, Inc.**

41689 Enterprise Circle North  
Temecula, CA 92590  
(951) 544-0615  
Email: [cmitchell@nicholsspeech.com](mailto:cmitchell@nicholsspeech.com)  
[www.nicholsspeech.com](http://www.nicholsspeech.com)  
Provides family-centered speech therapy to  
children 18 months to 18 years and to adults.

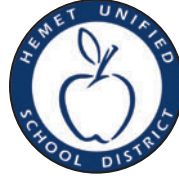
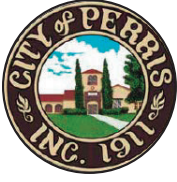
**Novell & Novell Counseling Services**

29748 Rancho California Rd  
Temecula, CA 92591  
(951) 694-0695  
[www.novellcounseling.org](http://www.novellcounseling.org)  
Provides counseling for families and help  
families through difficult times.





2014



# Regional Family, Youth & Health Task Force Information

With prevalent social issues facing families throughout the country and in our region, specifically in light of developments in technology that pose new social complications, 24 elected leaders from eight Cities and eight School Districts across Southwest Riverside County joined together to form the Regional Family, Youth and Health Task Force committed to providing our youth, parents and families information and resources to better understand and cope with modern influences such as virtual gaming addictions, cyber safety and social media bullying, family violence, human trafficking, and drugs & alcohol. For more information about the Regional Task Force please direct questions/comments to Betsy Lowrey at (951) 693-3959.



# Virtual Gaming Addictions

## **Regional Family, Youth & Health Task Force Meeting #1 - Andrew Doan MD, PhD (Keynote Speaker)**

Presentation topic focused on the impacts of virtual gaming addictions on youth and provided an in-depth look into the areas of internet addiction, video game addiction, and technology addiction. Andrew Doan MD, PhD, is author of Hooked on Games. <http://www.hooked-on-games.com/> April 29th, 2013 Task Force Meeting/ Presentation Video:

<http://www.youtube.com/watch?v=F6ISsrRdBv8&feature=youtu>

## **Dr. Andrew Doan- Addicted to Addicts: Survival 101 – Hooked on Games. Internet Radio interview with Dr. Andrew Doan on Video Game & Technology Addiction**

Dr. Doan is a recognized expert in technology and video game addiction. He talks about support for this problem and how we can help our loved ones.

<http://webtalkradio.net/internet-talk-radio/2013/05/13/addicted-to-addicts-survival-101-hooked-on-games/>

## **Dr. Andrew Doan- Violent Video Games Encourage Violent Thoughts**

[www.youtube.com/watch?v=qpadp5YR\\_gQ](http://www.youtube.com/watch?v=qpadp5YR_gQ)

## **Dr. Andrew Doan- Surviving the Technology Flood: Video Game & Technology Addiction**

[www.youtube.com/watch?v=TS-5KeGvKfE](http://www.youtube.com/watch?v=TS-5KeGvKfE)  
A story of a life enslaved by video games.

## **Violent Video Games: More Playing Time Equals More Aggression, article:**

[researchnews.osu.edu/archive/violgametime.htm](http://researchnews.osu.edu/archive/violgametime.htm)

Study provides the first experimental evidence that the negative effects of playing violent video games can accumulate over time. Ohio State University co-authors Brad Bushman, Professor of Communication and Psychology, Ohio State University 614-688-8779; [Bushman.20@osu.edu](mailto:Bushman.20@osu.edu) and Jeff Grabmeier, Senior Director, Research & Innovation Communications 614-292-8457; [grabmeier.1@osu.edu](mailto:grabmeier.1@osu.edu)

## **Gaming Addiction on Katie Couric Show video**

[katiecouric.com/videos/video-game-addiction-warning-signs](http://katiecouric.com/videos/video-game-addiction-warning-signs)

Katie Couric talks to Dr. Michael Welner about the signs you should look for if you suspect someone you love has a video game addiction. Related Article with video segments: Are Video Games Ruining Your Life?

<http://katiecouric.com/2013/08/13/daniel-petric-video-games-2/>

## **Dr. Andrew Doan- KFROG Eye on the Community – Gaming Addiction**

[kfrog.cbslocal.com/2013/07/15/do-video-games-slow-brain-development](http://kfrog.cbslocal.com/2013/07/15/do-video-games-slow-brain-development)

KFROG Radio Interview with Dr. Andrew Doan.

**Novell & Novell Counseling Services**

29748 Rancho California Rd

Temecula, CA 92591

(951) 694-0695

[www.novellcounseling.org](http://www.novellcounseling.org)

Multidisciplinary team of mental health professionals providing independent outpatient mental health services including counseling for families.

**CARE**

27715 Jefferson Ave, Ste 112

Temecula, CA 92592

(951) 837-3215

[www.carelearningcenters.org](http://www.carelearningcenters.org)

Provides individual therapy, couples counseling, life coaching, tutoring, and workshops.

**Podcast on Gaming Addiction**

[v.giantbomb.com/podcast/interviewdumtruck-090913-09-10-2013-4623413679.mp3](http://v.giantbomb.com/podcast/interviewdumtruck-090913-09-10-2013-4623413679.mp3)

Theories about where the law and video games might intersect in the not-too-distant future.

**Is Technology a Problem for You? The Dark Side of a Tech Addiction (Article)**

[foxnewsinsider.com/2013/08/15/technology-problem-you-dark-side-tech-addiction](http://foxnewsinsider.com/2013/08/15/technology-problem-you-dark-side-tech-addiction)

Two experts speak on the Bill O'Reilly Show about technology addiction.

**Mental Illness and Video Game Violence (Video)**

[link.brightcove.com/services/player/bcpid1649263564001?bckey=AQ~~,AAAAA5PNMME~,K3tOT-PuafsBOFardsNAXIIchcEkjy\\_p&bctid=2730891224001](http://link.brightcove.com/services/player/bcpid1649263564001?bckey=AQ~~,AAAAA5PNMME~,K3tOT-PuafsBOFardsNAXIIchcEkjy_p&bctid=2730891224001)

Video of Andrew Doan on the Taylor Baldwin show discussing Mental Illness and Video Game Violence.

**Edmond Child & Family Counseling**

24885 Whitewood Rd.

Suite 102

Murrieta, CA 92563

(951) 676-5154

Email: [edmondcfcounseling@gmail.com](mailto:edmondcfcounseling@gmail.com)

[edmondcfcounseling.com](http://edmondcfcounseling.com)

Provide counseling for parents, children, adolescents and families in crisis. Also provides couples and individual counseling.

**National Alliance on Mental Illness (NAMI) - Temecula Valley**

41050 Avenida Verde

Temecula, CA 92591

Email: [infor@namitv.org](mailto:infor@namitv.org)

[www.namitv.org](http://www.namitv.org)

NAMI's mission is to support, educate and advocate for those with mental illness and also their families, friends, and the public.

**Riverside County Department of Mental Health**

41002 County Circle Drive

Temecula, CA 92590

(800)706-7500

[rcdmh.org/opencms/english/home](http://rcdmh.org/opencms/english/home)

Provide effective, efficient, and culturally sensitive community-based services to adults, older adults, and children who have or are at risk of developing mental illnesses or substance abuse problems.

**Center for New Directions**

95 N. Marengo #203

Pasadena, CA 91106

(949) 460-5323

[www.centerfornew.com](http://www.centerfornew.com)

Counseling service that supports individuals as they identify and work through challenges that negatively affect their lives.

**Laptop losers: Tech actually hindering kids in classrooms**

[www.foxnews.com/tech/2013/08/15/laptop-losers-tech-actually-hindering-kids-grades-in-classrooms/?intcmp=features#ixzz2cTkTUQjG](http://www.foxnews.com/tech/2013/08/15/laptop-losers-tech-actually-hindering-kids-grades-in-classrooms/?intcmp=features#ixzz2cTkTUQjG)

Article discusses how Laptops may actually hinder students' ability to learn.

**Laptop multitasking hinders classroom learning for both users and nearby peers**

[www.sciencedirect.com/science/article/pii/S0360131512002254](http://www.sciencedirect.com/science/article/pii/S0360131512002254)

Article examined the detrimental effects of laptop multitasking on classroom learning.

**The impact of violent video games: An overview**

[www.psychology.iastate.edu/faculty/caa/abstracts/2010-2014/12AW.pdf](http://www.psychology.iastate.edu/faculty/caa/abstracts/2010-2014/12AW.pdf)

Article studies the impact of violent video games on youth.

**The effect of family therapy on the changes in the severity of on-line game play and brain activity in adolescents with on-line game addiction.**

[www.ncbi.nlm.nih.gov/pubmed/22698763](http://www.ncbi.nlm.nih.gov/pubmed/22698763)

US National Library of Medicine; National Institutes of Health. Findings suggest that family cohesion may be an important factor in the treatment of problematic on-line game playing.

**Gray matter and white matter abnormalities in online game addiction, research**

[www.ncbi.nlm.nih.gov/pubmed/23480966](http://www.ncbi.nlm.nih.gov/pubmed/23480966)

US National Library of Medicine; National Institutes of Health. Online game addiction (OGA) has attracted greater attention as a serious public mental health issue.

## Youth and Violence

**Regional Family, Youth & Health Task Force Meeting #2 - Melissa Donaldson, Executive Director, Safe Alternatives for Everyone S.A.F.E (Keynote Speaker)**

Presentation topic focused on children, youth and families who have experienced, or are at risk of domestic abuse and violence.

June 20th, 2013 Task Force Meeting/Presentation Video:

<http://www.youtube.com/watch?v=SjnAZ5HQxg&feature=youtu.be>

**Safe Alternatives for Everyone (SAFE)**

28910 Pujol Street  
Temecula, CA 92590  
(951) 587-3900

[www.safefamiliesca.org](http://www.safefamiliesca.org)

SAFE is committed to providing services for children, youth and families who have experienced or are at risk of abuse and violence.

**California Family Life Center**

930 N. State Street

Hemet, CA 92543

(951) 765-6955

[www.cflickids.org](http://www.cflickids.org)

Provide safety, comfort and healing to children suffering abuse and abandonment; to teach love and trust; to instill self-esteem, values and hope for the future - and in so doing, assist children trapped in hopelessness and despair become compassionate and contributing members of the community.

**Olive Crest**

555 Technology Court Suite 300

Riverside, CA 92507

(951) 686-8500

[www.olivecrest.org](http://www.olivecrest.org)

From counseling to foster care services to transitional living assistance, Olive Crest offers a broad spectrum of care for abused, neglected and at-risk children and their families. Olive Crest is dedicated to preventing child abuse, to treating and education at-risk children and to preserving the family.

**Child Help USA Hotline**

(800) 422-4453

Is dedicated to the prevention of child abuse. The Hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, can provide assistance in 170 languages.

**Domestic Violence Riverside County**

(951) 686-4402

**Child Protective Services**

27464 Commerce Center Drive Suite E

Temecula, CA 92590

(951) 696-3450

Email: [dpssinquiry@riversidedpss.org](mailto:dpssinquiry@riversidedpss.org)

[dpss.co.riverside.ca.us/dpss/Default.htm](http://dpss.co.riverside.ca.us/dpss/Default.htm)

Provides individualized interventions to families which afford the opportunities for children to be raised in homes free of abuse and neglect.

**Child Find of America**

(800) 426-5678

[www.childfindofamerica.org](http://www.childfindofamerica.org)

Prevention and resolution of child abduction.

**Early trauma, lasting damage**

[www.cityoftemecula.org/NR/rdonlyres/48B5E8BC-1C8F-4DBA-8FFA-](http://www.cityoftemecula.org/NR/rdonlyres/48B5E8BC-1C8F-4DBA-8FFA-1D9B0C675DB3/0/Earlytrauma.pdf)

[1D9B0C675DB3/0/Earlytrauma.pdf](http://www.cityoftemecula.org/NR/rdonlyres/48B5E8BC-1C8F-4DBA-8FFA-1D9B0C675DB3/0/Earlytrauma.pdf)

An article that discusses information about the impact of mistreatment on the brains of young children.

**Perris Valley Family Resource Center**

71 Wilkerson Avenue, Suite L

Perris, CA 92570

(951) 443-1158

PVFRFC is committed to providing services for children, youth and families, who have experienced, or are at risk of abuse and violence.

**Temecula Police Department**

30755 Auld Rd Ste A

Murrieta, CA 92563

(951) 696-4357



**Rancho Damacitas**

38950 Mesa Rd

Temecula, CA

(951)302-2317

[4kidsfirst.org/rancho-damacitas](http://4kidsfirst.org/rancho-damacitas)

Provide residential treatment services and a therapeutic environment to offer children individualized services within a small, family-oriented setting.

**Oak Grove**

24275 Jefferson Ave

Murrieta, CA 92562

(951) 677-5599

[www.oakgrovecenter.org/index.php?p=15](http://www.oakgrovecenter.org/index.php?p=15)

Provide a 24-hour residential, educational, and therapeutic treatment center that serves 76 children who live on campus as well as 90 – 100 day students who attend our nonpublic school.

**Prevent Child Abuse Riverside County**

1945 Chicago Avenue Suite B South

Riverside, CA 92507

(951) 686-5581 or Fax: (951) 686-5654

Email: [info@pcariverside.org](mailto:info@pcariverside.org)

[www.pcariverside.org](http://www.pcariverside.org)

Provide advocacy, public awareness, and coordination of community programs and services.

**Riverside Area Rape Crisis Center**

1845 Chicago Avenue Suite A

Riverside, CA 92571

(951) 686-7273 or (866) 686-7273 (toll free)

Email: [info@rarcc.org](mailto:info@rarcc.org)

[www.rarcc.org](http://www.rarcc.org)

Provides crisis intervention, counseling, and information and referrals for assault survivors, their families, and friends.

**Riverside County Suicide HELP Line**

(951) 686-4357

**Other County Referrals**

211

**California Office of Emergency Services**

[www.oes.ca.gov](http://www.oes.ca.gov)

**California Partnership to End Domestic Violence**

[www.cpedv.org](http://www.cpedv.org)

**California Department of Public Health  
(domestic violence program)**

[www.safenetwork.net](http://www.safenetwork.net)

**Alternatives to Domestic Violence**

P.O. Box 910

Riverside, CA 92502

(951) 302-1370 Fax: (951) 320-1381

Email: [info@adv-besafe.org](mailto:info@adv-besafe.org)

[alternativestodv.org](http://alternativestodv.org)

**Alternatives to Domestic Violence 24-Hour Crisis Line**

(951) 683-0829

**Casas Shelter**

P.O. Box 216

Los Alamitos, CA 90720

(562) 594-6825 or (714) 995-8601 or (800)

914-2272

Email: [agency@casayouthshelter.org](mailto:agency@casayouthshelter.org)

[www.casayouthshelter.org](http://www.casayouthshelter.org)

**I Care Shelter**

P.O. Box 749

Riverside, CA 92502

(951) 354-2273

Email: [caremaster@lilmoster.com](mailto:caremaster@lilmoster.com)

[www.icareshelterhome.org](http://www.icareshelterhome.org)

**Settlement House**

507 South Vicentia Avenue

Corona, CA 92882

(951) 737-3504

Email: [settlementhouse@hotmail.com](mailto:settlementhouse@hotmail.com)

[www.settlementhouse.net](http://www.settlementhouse.net)



**Shelter from the Storm Administrative Offices and Palm Desert Outreach Center**

73555 Alessandro Drive, Suite d  
Palm Desert, CA 92260  
(760) 674-0400 or (760) 328-7233 or (800) 775-6055 (toll-free)

Email: [susan@shelterfromthestorm.com](mailto:susan@shelterfromthestorm.com)  
(Emergency email)  
[www.shelterfromthestorm.com/index.asp](http://www.shelterfromthestorm.com/index.asp)

**Valley Restart**

P.O. Box 1715  
Hemet, CA (2546  
(951) 766-7476  
Email: [restart@valleyrestart.org](mailto:restart@valleyrestart.org)  
[www.valleyrestart.org](http://www.valleyrestart.org)

**Val Verde After School Programs**

975 West Morgan Street  
Perris, CA 92571  
(951) 965-3920 Ext. 10201  
Mobile No. (951) 965-3920  
[www.valverde.edu](http://www.valverde.edu)

**Jefferson Transitional Programs**

3839 Brockton  
Riverside, CA 92501  
(951) 686-5484  
[www.jtpfriends.org](http://www.jtpfriends.org)

To assist individuals with psychiatric and/or dual diagnosis challenges in becoming productive and thriving citizens through the provision of safe, affordable housing; development of functional life skill; opportunities to explore and develop vocational options; and more.

## Youth and Social Media

**Regional Family, Youth & Health Task Force Meeting #3 - Wayne Sakamoto, Director of Safe Schools, Murrieta Valley Unified School District (Keynote Speaker)**

Presentation topic focused on internet and technology at risk factors for youth including cyberbullying, internet safety, and pedophile accessibility to youth, social media and youth development. July 18th 2013 Task Force Meeting/Presentation Video:

<http://www.youtube.com/watch?v=m2Y1DUztC4>

**Cyberbullying Research Center**

[cyberbullying.us](http://cyberbullying.us)

The Cyberbullying Research Center provides up to date information about the nature, extent, causes, and consequences of cyberbullying among adolescents.

**International Bullying Prevention Association**

[stopbullyingworld.org](http://stopbullyingworld.org)

The mission of the International Bullying Prevention Association is to support and enhance quality research based bullying prevention principles and best practices in order to achieve a safe school climate, healthy work environment, good citizenship and civic responsibility.

**Wired Safety**

[www.wiredsafety.org](http://www.wiredsafety.org)

Wired Safety is the largest and oldest online safety, education, and help group in the world. It provides one-to-one help, extensive information, and education to cyberspace users of all ages on a myriad of Internet and interactive technology safety, privacy and security issues.

**Computer and Technology Crime High-Tech Response Team**

P.O. Box 1388  
Riverside, CA 92502  
(951) 955-3360  
Email: [ppico@riversidesheriff.org](mailto:ppico@riversidesheriff.org)  
Computer and Technology Crime

**24 hour Suicide/Crisis Intervention**  
(951) 686-4357**Teri Harney: City of Temecula Police Department Community Services Officer**

30755-A Auld Road  
Murrieta, CA 92563  
(951) 696-3000  
Email: [tharney@riversidesheriff.org](mailto:tharney@riversidesheriff.org)

**Internet Crime Complaint Center**

[www.ic3.gov/default.aspx](http://www.ic3.gov/default.aspx)  
Accept online Internet crime complaints from either the actual victim or from a third party to the complainant.

**High Technology Crime Investigation Association**

3288 Goldstone Drive  
Roseville, CA 95747  
(916) 408-1751  
Email: [info@htcia.org](mailto:info@htcia.org)  
[www.htcia.org](http://www.htcia.org)

Provide education and collaboration to our global members for the prevention and investigation of high tech crimes.

**Uknowkids Parenting Resources**

3939 13th St.  
Riverside, CA 92502  
[info.uknowkids.com/cyberbullying-resources-for-parents?&t=74401](http://info.uknowkids.com/cyberbullying-resources-for-parents?&t=74401)

Provide resources that will help parents tackle the challenging task of staying on top of all the digital dangers.

**Riverside County Sheriff Coroner-Crime Prevention & Public Safety, Technology Crimes**

4095 Lemon St.  
Riverside, CA 92501  
(951) 955-2400  
[www.riversidesheriff.org/crime](http://www.riversidesheriff.org/crime)

Provides resources for technology crime.

# Human Trafficking

## **Regional Family, Youth & Health Task Force Meeting #4 - Gabriela Baeza, Student Safety & Well-Being Division, San Diego County Office of Education (Keynote Speaker)**

Presentation topic focused on the commercial sexual exploitation of children and the warning signs to protect girls from being befriended, manipulated, threatened and exploited into the commercial sex trade by sexual predators, including risk factors such as teen relationship violence, self-esteem, parenting, etc.

July 18th 2013 Task Force

Meeting/Presentation Video:

<http://www.youtube.com/watch?v=BQm7ldNaAwg&feature=youtu.be>

## **Operation Safehouse**

9685 Hayes Street  
Riverside, CA 92503  
(951) 351-4418

[operationsafehouse.org/human-trafficking](http://operationsafehouse.org/human-trafficking)

They provide emergency and long-term shelter, intervention and outreach services to runaway, homeless, exploited, and other youth in crisis.

## **Million Kids**

PO Box 7295  
Riverside, CA 92513  
(951) 415-2319

[millionkids.org](http://millionkids.org)

They provide educational, medical, and legal aid to survivors of trafficking and exploitation. They offer prevention programs that help children, youth and adults to stay free and to recognize how traffickers work. They equip activists and provide strategic support to assist law enforcement.

## **Commercial Sexual Exploitation of Children: A Fact Sheet**

[www.cityoftemecula.org/NR/rdonlyres/1655BF91-DCF5-480D-A71B-B3672E7DE3C5/0/CCSE\\_Fact\\_Sheet.pdf](http://www.cityoftemecula.org/NR/rdonlyres/1655BF91-DCF5-480D-A71B-B3672E7DE3C5/0/CCSE_Fact_Sheet.pdf)

Provides statistics on the commercial exploitation of children as well as information on how a child becomes a victim, the potential indicators of trafficking and exploitation and more.

## **KNOW THE FACTS: Commercial Sexual Exploitation of Children**

[www.cityoftemecula.org/NR/rdonlyres/4827D525-5AD7-4A9B-8FAE-0057841A6F85/0/CSECFactSheet.pdf](http://www.cityoftemecula.org/NR/rdonlyres/4827D525-5AD7-4A9B-8FAE-0057841A6F85/0/CSECFactSheet.pdf)

Provides statistics and facts about commercial exploitation of children.

## **Riverside County Sheriff Department-non-emergency hotline** (951) 696-4357

## **Women Against Child Trafficking**

11801 Pierce Street, Suite 200  
Riverside, CA 92505  
(951) 440 6330

Email: [aDifference@live.com](mailto:aDifference@live.com)

[womenagainstchildtrafficking.weebly.com/contact.html](http://womenagainstchildtrafficking.weebly.com/contact.html)

Provide 72 hour emergency shelter, transportation, victim services, food, clothing, shoes, blankets, toiletries and address the immediate needs of the victims from 11 to 18 years old. Provide mentoring and transitional living to survivors until age 23. Provide the survivors with basic and other essentials to guide them into adulthood.

**Women Against Child Trafficking**  
23921 Lake Drive Unit 1407

Riverside, CA 92505

**Riverside County Anti-Human Trafficking (RCAHT) Taskforce**  
(855) 758-FREE (3733)

Email: [ht@riversidesheriff.org](mailto:ht@riversidesheriff.org)

[www.riversidesheriff.org/bureaus/anti-human-traffic.asp](http://www.riversidesheriff.org/bureaus/anti-human-traffic.asp)

Build community awareness, Develop strategic partnerships Execute innovative and thorough investigations, Treat all victims, whether foreign or domestic, with dignity and respect, and take a comprehensive approach to life-rebuilding.

**California's Regional Anti-Human Trafficking Task Forces**

[oag.ca.gov/human-trafficking/fighting](http://oag.ca.gov/human-trafficking/fighting)

Offers contact information of California's regional human trafficking task forces.

**Children of the Night**

14530 Sylvan Street

Van Nuys, CA 91411

24 Hour Hotline (800) 551-1300

[www.childrenofthenight.org](http://www.childrenofthenight.org)

The Children of the Night for trafficked children throughout the United States is provide free taxi/airline transportation nationwide for America's child prostitutes who wish to escape prostitution and live in our home.

**County of Riverside Department of Public Social Services**

[dpss.co.riverside.ca.us/childrens-services-division/human-trafficking](http://dpss.co.riverside.ca.us/childrens-services-division/human-trafficking)

**The National Human Trafficking Resource Center Hotline**

(888)373-7888

## Youth and Substance Abuse

**Regional Family, Youth & Health Task Force Meeting #5 Rocky Hill, Owner, Hill Alcohol & Drug Treatment Center (Keynote Speaker)**

Presentation topic focused on the gravity and nature of the regional problem of youth and substance abuse, including easy accessibility and at-risk behavior; and preventative measures for parents and communities. January 16th 2014 Task Force Meeting/Presentation Video:

[http://cityoftemecula.org/Temecula/Government/Meetings\\_and\\_Agendas/familyyouthhealthtaskforce.htm](http://cityoftemecula.org/Temecula/Government/Meetings_and_Agendas/familyyouthhealthtaskforce.htm)

**My Family, Inc. (MFI) Recovery Center**

25186 Hancock Avenue #100

Murrieta, CA 92562

(951) 698-8558

[www.mfirecovery.com](http://www.mfirecovery.com)

MFI Recovery Center is a non-profit alcohol and drug recovery treatment program. Our mission is to provide comprehensive substance abuse and behavioral health services to help individuals and families achieve and maintain a healthy and productive lifestyle.

**Hill Alcohol & Drug Treatment Center**

Lyndie Ln.  
Temecula, CA 92590  
(951) 676-8241  
[hillrecovery.com](http://hillrecovery.com)

They are a center for addiction treatment, offering a broad spectrum of alcohol and drug recovery for substance abusers and their families.

**Teen Challenge-"Turning Point"**

(951) 683-4241  
A nine week course for families of substance abusers. A course is also provided for teens.

**Al-Anon/Alateen Meeting Information Line**

610 W 9th Avenue  
Escondido, CA 92025  
(800) 356-9996 and (760) 746-0102  
[www.al-anon.alateen.org/meetings/meeting.html](http://www.al-anon.alateen.org/meetings/meeting.html)  
Offers organized support groups for family and friends of alcoholics.

**County of Riverside Mental Health Substance Abuse Program**

41002 County Center Dr. Ste 320  
Temecula CA  
(951) 600-6360

[rcdmh.org/opencms/english/Substance\\_Abuse](http://rcdmh.org/opencms/english/Substance_Abuse)

Offers a wide range of services including outpatient counseling, detoxification, residential treatment, relapse prevention counseling and parenting classes.

**Detox Hotline**

(800) 499-3008

**Friday Night Live**

3525 Presley Ave  
Riverside, CA 92507  
(951) 782-2419 or Fax: (951) 600-6365  
A youth oriented program catered to young people in the Riverside area. Provides activities and entertainment that promote an anti-drug, anti-drinking message to youth in the community.

**Temecula Valley Unified School District**

31350 Rancho Vista Road  
Temecula, CA 92592  
(951) 676-2661 Phone | (951) 695-7121 Fax  
[www.tvusd.k12.ca.us/sdate\\_overview](http://www.tvusd.k12.ca.us/sdate_overview)  
Provides drug, alcohol, tobacco prevention education with funding from both state and federal funds.

## General Resources

### **Murrieta Valley Unified School District**

[www.murrieta.k12.ca.us/page/233](http://www.murrieta.k12.ca.us/page/233)

The Murrieta Valley Unified School District Parent Center provides low cost parenting programs. The Parent Center was developed to provide high quality educational support services to parents, professionals, and community members living and working in Southwest Riverside County. Webpage includes a Resource Guide:

[http://www.murrieta.k12.ca.us/cms/lib5/CA01000508/Centricity/Domain/56/Community\\_Resource\\_Book\\_07-08.pdf](http://www.murrieta.k12.ca.us/cms/lib5/CA01000508/Centricity/Domain/56/Community_Resource_Book_07-08.pdf)

### **Riverside County Department of Mental Health**

(800) 706-7500

Riverside County Department of Mental Health is comprised of three major programs: Mental Health Services, Substance Abuse Services and the Public Guardian's Office. Guide to Services provides information on services in Riverside County:

<http://rcdmh.org/opencms/english/brochures/>

### **Temecula Valley Unified School District**

[www.tvusd.k12.ca.us/SDATEresources](http://www.tvusd.k12.ca.us/SDATEresources)

Temecula Valley Unified School District-Parent resources include links and a resource guide with contact information including hotlines, local assistance organizations, childcare, youth activities, social services and emergency information.

### **The Southwest Riverside County Chapter of CAMFT**

[swrc-camft.org/therapist-directory](http://swrc-camft.org/therapist-directory)

Members of Southwest Riverside County Chapter of CAMFT may include Licensed Marriage & Family Therapists, Associate Members, and Licensed Associate Health Care Professionals (psychiatrists, psychologists, social workers, mediators, attorneys, financial planners). Its website offers a directory of local therapists.

### **The Temecula-Murrieta Interagency Council**

<https://sites.google.com/site/tminteragencycouncil/home>

A group of school staff members, city staff members, non-profit community agencies, and parents who provide information and programming to help the youth and families of our valley. The Interagency Council provides a forum for discussion to identify the assets within our community and develop a comprehensive model for insuring that our youth know about and can access the people and programs that are available in our community.

### **THINK Together -Riverside County Regional Office**

22620 Goldencrest Drive, #D140

Moreno Valley, CA 92553

(951) 571-9944

[www.thinktogether.org/locations/riverside](http://www.thinktogether.org/locations/riverside)

Serving Moreno Valley, Val Verde, Lake Elsinore, Temecula Valley, and Perris Union High School District with extended learning after school as well as tutoring programs. Provides structured intervention, enrichment, education/homework and physical activities for kids after school.



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